Choice and profitable

# SECRETS

BOTH

## *Physical*, and *Chirurgical*:

*Formerly concealed*

By the deceased Dutchess of *LENOX*, And now published for the use and benefit of such as live farre from Physicians and Chirurgions: Being aproved of by eminent Doctors, and published by their charitable advice for the publike good.

*Whereunto is annexed*

A Discovery of the Natures and Properties of all such HERBS which are most commonly knowne, and grow in Countrey-Gardens.

---

*LONDON*:
Printed for *John Stafford* at the signe of the George neer unto Fleet-Bridge. 1658.

2

MVSEVM
BRITAN
NICVM

4 B 13 f

# To the Reader.

*Ingenious Reader,*

I Doe not here preſent thee with an *idle ſtory*, but with the *choiceſt ſecrets* that our later times have afforded; they have formerly been preſerved as ſo many Jewels of great value by the moſt virtuous Dutcheſſe of *Lenox*: ſince whoſe deceaſe ſeverall eminent and able Doctors have both approved, and (for the good of the Republick) recommended it to the Preſſe, that ſo the whole Nation may have the benefit of it. I confeſſe that theſe times afford many choice and excellent pieces; but I am confident (I ſpeak it with reſpect to all) that there hath been none publiſhed of a



12

more plainer, and excellent method than this; neither is it unknown what rare and excellent cures the Dutcheſſe in her life-time performed by it; ſince whoſe deceaſe, it was peruſed and methodized by thoſe famous Doctors, Dr. *Owen Wood*, Dr. *Read*, and Dr. *Johnſon*, whoſe approbation, without any further teſtimony is ſufficient to beſpeak it excellent: I ſhall therefore preſent it to the world, deſiring that the Infirm may receive the benefit, and give God the glory.

# *An Advertiſement to the* READER.

*IN this whole Treatiſe, the Quantities of the Inward Medicines muſt be ballanced with the Age and Strength of the Patient. For the Doſes that I have ſet down are intended for thoſe that are in full ripeneſs of years, in the vigorous ſtrength of their age. Thoſe that are by age or nature more tender or feeble, muſt take leſſe quantities at a time, according to the difference of their Age and Strength.*

# Curteous Reader.

*FInding this* Epitome *of excellent experienced Secrets of Physick and Chirurgery commended to publick view for the benefit of both professors, under the hand of that famous* Dr. Alexander Read; *I applyed my self to the perusall of it, and finding some grosse mistakes both in the quantities of the Doses, as also in the true names of the ingredients, and seriously considering how prejudicious the errour might be to those which might have occasion to use these medicines;*

*cines, with expectation of health by thē: I earneſtly importuned a friend of mine, an eminent profeſſor in Phyſick, to undertake the peruſall of the whole Booke, who hath purged it from thoſe former imperfections it was much before blemiſhed with, and hath rendered this 5th. Edition more full and perfect, by ſome Additions of collected Receits gathered out of the practiſed experences, of many able & proſperous Phyſicians, hoping that what was intended by me for your ſafety, ſhall be candidly and thankefully accepted from him that is ſtudious of your health.*

THE

# THE SECRETS OF PHYSICK AND CHIRURGERY.

## 1.

### *Of all Aches in generall.*

TAke young red Sage and Rue ana j ℔, young Bay leavs iij℥, Wormwood viij ℥, waſh them not, ſhred them ſmall, Sheeps ſewet hot out of the Sheep iij ℔, mix the ſewet and hearbs together, beating them in a Morter by a little at once with the hearbs, till it be all green and no white ſeen of the ſewet;

then mix all in a Pan with your hand in one pottle of oyle, then cover the Pan cloſe, and ſet it in ſome private place for eight dayes, then boyl it ſimpering, ſtill ſtirring it with a ſpatula; when it is half boyled, add thereto oyle of Spike iiij ʒ: when it is boyled enough drop one drop on a bright Sawcer, it will be very green, then it is well boyled; then ſtrain it out very cloſe, rub the ſmall of the back therewith, it helpeth the Stone, as much as a Peaſe put into the ear with black wooll, cureth all griefs thereof, and all Aches are cured therewith.

### 2. *How to cure old Aches.*

TAke oyle of Turpentine di. ℔, oyle of Bayes iiij ʒ, Mace, Cloves, Nutmegs, Cinnamon ana j ʒ, oyle of Spike j ʒ, Juniperberries viij ʒ, Caſtor, Euforbium ana j ʒ, Brocks greaſe iij ʒ, Mummy j ʒ d. digeſt them for one moneth in horſe-dung, then diſtill them artificially, and anoynt the grief therewith.

*Aches*

### 3. *Aches in Bones and Joynts, the Cure.*

TAke black knobs of the Aſh-tree in the Spring time, grinde them ſmall, and boyl them over a ſoft fire with freſh Butter in an earthen pot ſufficiently; then take them from the fire, let them cool, and keep them cloſe ſtopped; then take as many of Broom flowers in *May*, grinde them as the other, then mix them all together, and boyle them again with a quarter of a pint of Malmſey, then keep it to anoynt the grief therewith.

### 4. *Aches or Lameneſſe in Members or Joynts.*

TAke oyle of Exeter, Aquavitæ, and Ox-Gall ana part. æquales; mix them together in a great bladder, ſhaking them well; anoint therewith warm twice a day til you are well.

### 5. *Aches in any Member.*

BOyle Ox-Gall, Aquavitæ, of each alike in a Pipkin, ſcum it, and

therewith anoint the Member grieved with great labour and hardneſſe; then cover it warme with a peece of Fur till it be well.

### 6. *Another for the ſame.*

BOyl freſh Butter not ſalted in Malmeſey, bathe the griefe very hot therewith, make it up warm as before.

### 7. *An Oyl that cureth all Aches in Man or Beaſt.*

TAke of pure Sope ij ʒ, Aquavitæ iij ʒ, liquid Storax ij ʒ, and boyl the Aquavitæ, and boyl the other Simples therein, ſtirring it with a ſpoon till it come to a thick Unguent; anoint the grief therewith twice a day, rubbing it very well, and cover it warm with Fur or Cotten.

### 8. *An Unguent for ache, bruiſe, or ſprain.*

TAke Rue, Vervayne, Dill, Self-heal, Yarrowe, Mugwort, Comfrey,

frey, Adders tongue, red Sage, red Fennell, red Nettles, red Dock-leaves, Valerian, and Carduus Benedictus ana M: ij. bruiſe all theſe in a morter, boyl them in ℔ j d. of May butter for a quarter of an houre, ſtill ſtirring it; adde thereto oyl of Exeter, oyle of Dill, ana j ʒ, let them boil one walme more, firſt ſtrain out the hearbs, then boyle the oyles, and anoint therewith.

9. *For any Ague falne into the legs and ſwolne, the cure.*

TAke Plantain, Marigolds, Houndſtongue, S. *Johns* Wort, Betony, red Fennel, Sowthiſtle, Dandelion, Smallage, and Plumtree-leaves ana M j: ſhread them with Wheatmeal, then ſeethe them in hot Cowes milk to a plaiſter, ſo apply it: this will diſſolve the humour and digeſt it, by the ſeroſitie of the blood: approved.

10. *Aſpaſmus or numneſſe in joynts ore ſwere, to cure.*

LET the Patient drink every morning faſting one ʒ of Camphire in

a draught of Betony-water, wherein infuſe ſome Stœchados: this cureth in one Moneth with the uſe thereof.

### 11. *Argentum vivum to mortifie.*

FIrſt beat an Almond in your morter, then put thereinto ſo much powder of Verdigreaſe as a Bean, then put in your Quick ſilver with a ſpoonfull of ſtrong Vinegar; incorporate them all well together: this will mortifie it well for any uſe.

### 12. *Apoplexy to Cure.*

TAke Melilot, Pennyryall, wilde Tyme, Marjoram Balm, Marjoram gentill ana j M: boyle them in water, and bath or foment the head therewith warm; ſtamp the hearbs, put to them oyl of Rue, and of Lillies ana j ℥, apply them warm to the head; if the weather be cold then anoint the head with warm oyles, as oyle of Dill, Bevercod, or Pyretrum, or ſuch like; not only the Head, but alſo the Neck and whole Back.

13. *A ſalve for the Apoplexy.*

TAke Calamus, Coſtus roots, ana iiij ʒ, Siler, or ſiler Mountain, Bazill ſeed ana ij ʒ, boyl all theſe together on a ſmall fire of Charcoale in white wine, untill the wine be conſumed; then mix the oyles of Rue, Dill, Bevercod with it, and anoint the whole head and the back-bone all the length thereof down to the end: if this cure not, then ſhave all the head, and apply the plaſter following, ſpread on a piece of leather, that all the head may be covered therewith: Take Galbanum, Sagapenum, Opoponax ana j ʒ, Aloes ſuccotrine j ʒ, Turpentine j ʒ, melt them and mix them together to a plaiſter.

14. *Aqua Compoſita, good for head, memory, and all Diſeaſes.*

TAke the roots of Saxifrage and the leaves, Parſley, Alexanders, Fennell, Tyme, Hyſope, Pennyriall, Roſemary, Lavender, Primroſes, Mints,

Origan, Sage, Calamint, Avence, Bettony, Savine, Pennyryall, Lettice and Violets ana one ſmall handfull, then take Galingale, Pepper of both ſorts, ſmall and long, Cloves, Mace, Nutmegs ana j ℥, Cinamon, Cubebs, Setwall, Pellitory of Spain, Lignum Aloes ana j ℥ di. ſtamp ſmall the hearbs, and pound the ſpices, then infuſe them all night in ſix quarts of red wine, the next day diſtill them in a Limbeck, ſo is it finiſhed.

15. *Another Aqua Compoſita.*

TAke Wormewood ij M. Enula Campana a great root, iij Crops of Horehound, Mints, Parſley, and Centory ana j M. Infuſe all theſe pownded and bruiſed in three gallons of ſtrong ale or wine lees, adde thereto of Annis ſeeds and Lycorice ana iiij ℥, bruiſed with ſome powder of Ireos and Calamus Aromaticus, diſtill them as before is ſet down.

16. *Ague or burning Feaver, to cool or help.*

MAke a poſſet of new milk and butter milk of a pottle, take off the Curd, let the patient drink ſo much thereof cold as he can, uſe it two or three times, it cooleth the body, and taketh away the fit.

*Item*, After the poſſetale is digeſted, let him, to comfort his ſtomack, drink Mace-ale made with ſmall ale.

*Item*, Alſo let him eat either great pears or wardens cold being baked; they comfort the ſtomack, and cool the body.

17. *Ague, a medicine to binde to the wriſt, to cure it.*

MAke a plaſter of leather fit for the wriſt, pricked ful of holes, and ſpread it over with Venice Turpentine; then ſtrew it all over with powder of Rue and Fankincenſe ana, mix as much as will ſtick thereon, lay it to the wriſt a little before the fit cometh, and let it lye untill the fit be gone.

18. *Ague hot, a cooling Julip.*

MUndifie French Barley j M, then boyle it in a gallō of rain water, put therein rayſins of the ſun ſtoned iiij ʒ, damask prunes iij ʒ, boyle them to the conſumption of halfe, then ſtrain it hard out and put them to the fire again, and put therein Succory, Violet leaves, Sanickle, Spinage, Strawberry leaves, Borage, Coltsfoot, Maydenhaire, Bugloſſe, Liverwort, Cinck foyle, Endive, Longwort leaves and Ribwort ana di. M cut ſomewhat ſmall, and boyled till halfe be conſumed, then ſtrain it hard, commix therewith ſyrup of Vinegar, the ſyrups of Lemmons and Roſes ana iij ʒ, drink thereof cold at any time, it both cooleth and comforteth very much.

19. *Ague to heale both in old and young, proved.*

MAke a quart of poſſet ale of milk and ale, then take the young tops of Roſemary, Marigolds, Plantaine,

taine, and young Bayleaves ana ij ʒ, cut them ſmall, and boyl them in the poſſet ale, untill all their ſtrength be forth, and drink a great draught thereof warm a little before the fit cometh, and ſweat upon it; doe this ſome three times, it will cure, being proved on many.

20. *Aromaticum Roſatum, which healeth the weakneſſe of the ſtomack, comforteth all parts of the body, cleanſeth corrupt humors in the Breaſt, comforteth the brain and heart, and cauſeth good digeſtion.*

TAke pure red Roſes fifteene ʒ, Lycorice mundified j ʒ, lignum Aloes, and yellow Sanders ana iij ʒ, Cinamon five ʒ, Mace and Cloves ij ʒ d. gum Dragant ij ʒ di. Nutmegs, grains of Paradiſe and Galingale j ʒ, Spikenard, Ambergreece and Musk ana di. ʒ, white Sugar as much as ſufficeth, and diſſolve them all together in ſyrup of roſes.

21. *Ague tertian, the cure.*

TAke Burre roots j ʒ, three corns of long pepper, ſtamp the roots and pepper, boil them in a pinte of ale with ij ʒ of Treacle, till halfe be waſted, drink it warm and ſweat two hours.

22. *Ague or Feaver hot, a Julip.*

TAke Succory, Endive, Violets and Borage ana M j: Fennell-roots pithed j M, Lycorice mundified j ʒ, French Barley ij ʒ, boyl them in a gallon of water to a pottle, and drink thereof, it cooleth much.

23. *Ague tertian, the cure.*

TAke nine young red Sage leaves, nine ſprigs of Yarrow, three Bay leaves, three ſprigs of Rue, boyl all theſe in one pinte of poſſet ale, to the conſumption of a third part, then ſtrain it hard, let the Patient drink a good draught thereof very hot before the fit come, and ſweat well after it; uſe this three times.

24. *Ague*

24. *Ague tertian, the cure.*

TAke dry Orenge pils, Nutmegs, roche Allom ana iiij ʒ, tenne Cloves, all powdered together; give of this powder to the ſick as much as will lye on a ſhilling, to drink in three ſpoonfuls of wine Vinegar, two hours before the fit cometh; if you take therewith Bezor three grains, it is the better; then take nine roots of Maiden weed for a man, and ſix for a woman, put in a little bagge, hang it nine days about the Patients neck, and ſix days about a womans neck, then burn the bag and roots, and let the Patient be purged.

25. *Ache, Grief or pain, an Vnguent, the cure.*

TAke Cammomile, Mallowes, Sage, Dill and Marigold-leaves ana j M, ſtampe them and boyle them in Malmſey and Linſeed-oyle ana di. pinte, and freſh Butter out of the Churn j ℔, let them be well boyled, ſtrain them, and anoint therewith.

26. *For*

26. *For an Ague, sore in knee or joynt, for swelling or Sciatica.*

FRy Alehouse with fresh Butter in a frying pan till it be soft, and not too moist, apply it very hot to the grief or swelling till it be well, renew it every twenty four hours.

27. *Ague or Fever of Phlegm, Diary or Quotidian.*

TAke red Roses, Ivory, Bugloss flowers, Coriander, Orenge pils ana iij ʒ, infuse them in Vinegar and white wine ana iij ʒ, of Penides j ℔, of sugar or Honey j ℔ di. Make thereof a syrup, if the stomach be empty or weak, or the guts empty, then put in all Wine and no Vinegar: this is an excellent syrup for either, by adding or diminishing simples hereunto, according to the infirmities, and nature thereof, it may serve for any grosse matter in any cold distemper.

28. *Pils of excellent vertue to purge all Phlegmatick Fevers or Agues.*

TAke Agarick, Aloes, Acorus, Turbith, ana j ʒ, Eſula di. ʒ, Coloquintida j grain, ſalt-Gem, Maſtick, Ginger, Wormwood, Lettice, Rayſons mundified, Bdellium ana iiij ʒ, with ſyrup of roſes, make up theſe pils, the Doſe is j ʒ more or leſſe, according to the patients ſtrength, give them after you have uſed the other ſyrup 9 days to digeſt it: Theſe be good in any Tertian Ague, if you adde to them this following in any phlegmatick Feavers or diſeaſes, *viz.*

*Item*, Rubarb, ij ʒ, Spikenard di. ʒ, Diagridii, Maſtick ana j ʒ; mix theſe with the aforeſaid, the doſe is di. ʒ, more or leſſe as the ſtrength of the patient is, and the vehemency of the Fever.

29. *The poor man's cure for his Fever.*

FIrſt digeſt the humour with Oxymell Iulianizans, then purge the inner bark of an Elder, an eg-ſhell full,

or

or leſſe, according to the patients ſtrength, in a draught of wine, poſſet-ale, or any thing elſe warm; when he is purged give him Aurea Alexandrina, with wine wherein Sage hath been ſodden, give it many times.

30. *Ague or Feaver Quartan of Melancholy.*

FIrſt digeſt the matter with Oxymell ſimplex, or with the Decoction of Senna, Epithimum, and Harts tongue, after that uſe ſome Oxymell Diureticum, then purge with Diaſena Diaboraginis ſharpened with Lapis Lazuli, and ſometimes purge with Hieraruffi, and thus by little and little proceed: Or take Violet flowers, Borage, Sena, Thyme, the juyce of Fumitory and Lycorice, make your decoction of whay, infuſe therein ſome Elder bark, then adde thereto iij. ſorts of Myrabolanies ana iiij ʒ, ſtirred together on a ſoft fire, and after the ſtraining, adde to it Lapis Armenus nine times quenched in the ſame decoction, and ℈ ʒ thereof made in ſubtill powder; miniſter this before day.

31. *For*

### 31. *For the Feaver Quartan.*

THis Feaver is cured by giving every morning j℥ of Calamint faſting, with Triacle di. Myrrh ℥j, if need be to comfort the ſtomach, adde thereto ſome juyce of Mints; this given many times together, hath cured many after the body is well purged.

### 32. *Ague or Feaver Tertian.*

THe true Tertian is cauſed of burnt choler mixed with other Humours, which happeneth moſt to young people in Summer time, elſe it is no true Tertian, though it come of red choler, for choler when it is putrefied in the veins, cauſeth a continuall Fever, if without the veins it maketh a Tertian; if putrefied in two places, it maketh a double Tertian: A Tertian beginneth with rigour like the pricking of needles, and endeth with vaporous ſweat.

33. *The*

33. *The cure.*

TAke of Endive, Succory both kinds, ana iiij ʒ, the four cold ſeeds, ana ʒ, flowers of Violets, Borage, and water Lillies ana ij ʒ, red Roſes iiij ʒ, Sugar j ℔, make your ſyrup, and digeſt it with this, then purge as followeth.

34. *Firſt uſe this Gliſter.*

℞ Violets, Mercury ana ij M. oyl of Violets ij ℥, boyl and make your decoction, then ſtrain it: diſſolve therein Caſſia Extract, and Tamarinds ana j ʒ, oyl of water Lillies ij ℥, make your Glyſter.

35. *Then a Purge if need require.*

℞ of the digeſtive ſyrup aforeſaid ij ℥, Rubarb and Agarick ana j ʒ di. the ſeeds of Endive and Spikenard ana di. ʒ, Barly water and Almond milk ana iij ℥, give this in the morning.

If the Thirſt be great in this Feaver, take the four cold ſeeds, husk them, boyl

boyl them in water with Gum Dragant, ſtamp them well, and put to them a little Vinegar, let the Patient drinke thereof in his fit.

Alſo, if you give the Patient the juice of Plaintain to drink before the fie three ſeverall times, it cureth all Tertians.

Alſo, the ſeed of Nettles ſtamped with ſalt and Cobwebs bound to the wriſt, cureth all Tertians.

### 36. *For the Ague.*

TAke iij ℥ of Roche allom, and put it into a pinte of ale, and boyl them in a pipkin together, about a quarter of an houre or more, then give it to the ſick party to drink prety warme about two houres before the fit comes, that they cannot drink up at the firſt, let it be warmed againſt the comming of the ſecond fit, and give it as before: after two houres be paſt, let the party drink as much poſſet drink as he can.

Sweating is very good to cure an Ague being gotten into a ſweat before

fore the cold fit comes; it muſt be uſed twice or thrice before the Ague be quite cured, and let them drink no other drink during their ſweat, but Aquavitæ and ſmall beere mingled together, but it muſt not be too ſtrong of the Aquavitæ.

### 37. *A medicine to lay to the wriſts.*

℞ as much black Sope as a wallnut, and three times as much crowne Sope, mingle them together, then ſhread a pretty quantity of Rue, and half a ſpoonfull of pepper finely beaten, with a quarter of a ſpoonfull of fine Wheat flower, mingle all theſe together, and take as much ſtrong beer as will make it ſpread upon a linnen cloth, then make two plaiſters thereof, and lay to each wriſt one, and ſew them faſt on for nine days, you muſt apply them juſt as the cold fit beginneth to come upon them.

38. *Feaver which cometh of Blood, the cure.*

FIrſt open the Baſilica vein, then the Median on the ſame ſide or arm; if you let not bloud provoke the Noſe to bleed; then take Endive, Succory, Maiden-hair, Roſemary, flowers of Politricum ana iij ʒ, Barley d. ℔, all the cold ſeeds ana ij ʒ, Violets, the flower of Bugloſſe, Borage & Gilly-flowers ana iij ʒ, make your decoction of iij ℔, boyl it till it come to one, diſſolve therein Caſſia extract j ʒ, oyl of water Lillies iij ʒ, make your Glyſter; then make a Ptiſan of Parley viij ʒ, Lycorice bruiſed ij ʒ, Borage, Bugloſſe and the cold ſeeds, boyl and ſtrain it, and adde ij ʒ of Vinegar, and drink it.

To purge, ℞ Barley water di. ℔, diſſolve therein Caſſia Fiſtula, Manna and Tamarinds ana di. ʒ, Vinegar ij ʒ, Sugar and Penedes qu. ſufficit; give this in the morning, and keep a good diet.

39. *Back*

### 39. *Back weak to comfort.*

TAke Knot-grasse strings, Strawberry strings, of Cats-tail, Cinquefoil strings, wilde Tansey, Shepherds purse, Comfrey ana p. j. boyl these with Knuckles of Veal and marrow of Beefs back, thicken with a little Rice powdred, and a few Raisins of the sun stoned, two large Mace blades, eighteen great Cloves, eat it fasting in the morning.

### 38. *Back weak to restore.*

TAke the pith of the water boughs of an Ash j ʒ, the shels of new laid Eggs powdred j ʒ, Clary, new balm, white Mints j M, stamp them and strain them, then take yolks of new laid Eggs, beat and mix them with the juyces, and fry it with Butter like a Tansie, with the powder: eat of this in the morning, and neither eat nor drink one hour after.

*Or,*

℞ Roses iij ʒ, red Sanders ij ʒ, yellow

low Sanders j ʒ di. fine Bole ij ʒ, burnt Ivory j ʒ, Camphire j ʒ, Wax j ʒ, oyl of Roſe buds ij ʒ, melt the Oyle and Wax together with the reſt, make a Plaiſter, lay it to the Back: but for want of this Plaiſter, take oyl of Roſes, oyl of Violets and water Lillies mixt together, and anoint the Back therewith, it cooleth.

41. *Belly and ſides hardneſſe, an Unguent.*

MIx together Ung. Dialthæa iij ʒ, Agrippa, oyle of Camomile ana j ʒ, make an Unguent thereof, you may mix ſome Aquavitæ therewith.

42. *Bloud to ſtaunch.*

HOld Shepheards purſe in your hand, look on it, or lay it on the wound, if it be a vein that bleedeth, boyl Rue in water, ſtamp it and lay it thereon, then lay it up in Lambs wool never waſhed; or take a great Spider, put in a linen cloth, prick it with a pin, and ſmell thereto.

43. *Another*

### 43. *Another excellent one.*

℞ Sanguis Draconis, Bole Armoniack, Vermilion ana part. æqual. compound them with the white of Eggs, beat to the form of a plaister; this applyed hath stayed the bloud of a womans brest cut off.

### 44. *Bloud spitting to staunch.*

DRink as much powder of Mice dung as will lye on a groat, in a little juyce of Plantain and Sugar, drink it first and last, morning and evening, till you be well.

### 45. *Bloud pissing to stay.*

BOyl Spearmints, Betony, Rue, Bursa pastoris, and Knot grasse in Goats milk, or other milk, drink of it three days first and last.

46. *Black*

46. *Black and blew in the face by a blow.*

TAke paper four double, wet it well in cold water, and lay it to the Bruiſe.

47. *Bloud bruiſed to avoid.*

BOyl Nep bruiſed in Wine or Ale, drink it warm nine mornings together, it cureth.

48. *Breaſt ſwoln, to ripe, break and heal.*

BOyl Hollyhocks, Mallows ana ijM. in water then ſtrain them through a cloath the water out, then ſcrape red Clay from the wall ſix ſpoonfuls, and ten ſpoonfuls of wine Vinegar, with a little Hogs greaſe, boyl them with the hearbs all together to a poultis, apply it wery warm, uſe it till you are well.

### 49. *Breaſt ſore, to break.*

BOyl Fenugreek ſeed, and Linſeed powdred ana ij ʒ, Figs ſmall cut, ten houſe Snails, *Lilly* roots bruiſed ana ij ʒ, boyl them all together in ſtrong ale to a poultis, lay it on as hot as ſhe can ſuffer it; ſo uſe it till ſhe be well.

### 50. *Bruiſe to cure and help.*

STamp Solomons ſeal green, and apply it to the grief: Parſly fried with Butter ſoft, and applyed, doth the like. Egrimony ſtamped ſmall, and rolled up in round bals, then lay it in ſome place till it be moldy, then fry it with Hogs greaſe or May butter till it be a green Salve, ſo uſe it on rotten Apples, with a ſpoonfull of Rice boyled in *Milk* to a poultis, doth the like.

### 51. *Burning or ſcalding the cure.*

TAke Sallet oyl well beaten in fair water, therewith anoint the grief for three days, this taketh out the fire.

*Item,*

*Item*, then take the inner bark of Elder, Hartſtongue, and Houſleek ana iiij ʒ, Sheeps trickles j M, Sheep-ſewet iiij ʒ, boyl them together to a good thickneſſe, and put thereto Wax j ʒ, then ſtrain it, and Plaiſter-wiſe apply it to the grief till it be whole without ſcar.

*Item*, Take the fat of Bacon in ſlices, lay it in water two houres, then take it out and dry it with a Cloth, and with a needle and a twiſted thread ſtitch it together with a bay leaf, between every ſlice two bay leaves, roſt it at the fire, turning the thread in your hand, ſet under it a platter with ſome fair water therein, to receive the dropping, let it not burn in the roaſting, anoint the grief with the dripping.

52. *Another of the ſame.*

TAke oyl of Roſes ij ʒ, Cream iv ʒ, Honey j ʒ mixed, and make an Oyntment, therewith anoint the grief.

### 53. *An Injection or Lotion.*

BOyl in white wine Centory, Knotgraſſe, wilde Tanſie, Yarrow ana m. M. Honey j ʒ, Allom powdred ij ʒ, inject this.

### 54. *Bruiſes, a plaiſter.*

TAke Virgin wax viij ʒ, Galbanum Colat, Honey ana iv ʒ, Sheeps Tallow viij ʒ, ſhred ſmall, and boyled in a little white wine or vinegar, adde thereto Frankincenſe and Maſtick ana iv ʒ in powder, let it boyl till all be melted, plaiſterwiſe apply it on the grief as hot as you can ſuffer it, till you be well.

### 55. *Ereaſts to cleanſe of Phlegme.*

TAke white Wine and Water ana one pint, Wine Vinegar ten ſpoonfuls, Engliſh Honey clarified with whites of Eggs vj ʒ, Fennell and Parſley roots, and Lycorice all mundified, and then ſliced ana ij ʒ, Enula Campana

pana powdred ij ℥, Egrimony j ℨ di. Figs cut in pieces twelve, Annis and Commin ſeed, Hyſope, Thyme, and Pennyriall ana j ℨ di. boyle all theſe cloſe covered ſufficiently, then ſtrain it, drink thereof firſt and laſt till you be well.

### 56. *Brain and back to purge.*

MAke a Doſe of Pils of Betony powder, and Engliſh Honey, take two pils thereof as big as a ſmall Nut when you goe to bed, thiswill manifeſt it ſelf next morning in the Chamber pot.

### 57. *Brains, Nerves, Sinews, or Griefs of the Head, the cure.*

BOyl in ten pounds of water the flowers of Stœchados, the ſeeds of new Piony and Fennell ana iv ℥, Thyme, Calamint, Balm, Organy, or wilde Marjoram, Sage, Betony, and Roſemary flowers ana j ℨ di. let all theſe boyl to the conſumption of half, then ſtrain it, and boyl the liquor again

with honey ana ij ℔, to the height of a ſyrup, put thereinto Cinnamon, Ginger, Calamus aromaticus bruiſed ana ij ʒ bound up in a litle linnen cloth, take of this ſyrup two ſpoonfuls at once firſt and laſt.

58. *Breath ſtinking the cure.*

BOyle in a pottle of white Wine, the tops of Roſemary j M, Anniſeed bruiſed j ʒ, Wormwood three ſprigs, Saſſafras, Orenge pils bruiſed, Cloves, and Cinnamon bruiſed ana j ʒ, Comminſeed bruiſed j ʒ, let all theſe boyl to the conſumption of one pinte; drink thereof morning & evening a good draught, warm in the morning, cold at night.

In the day time uſe to bite of a Nutmeg, and ſwallow ſome, alſo Maſtick chewed ſometime is good.

59. *Breath ſtinking, Lozenges to cure.*

TAke the juyce of Lycorice mundified ij ʒ, boyl it in Hyſop water to a good hight, then work it up in your hands with ſome oyl of Anniſeed and

and Gum Arabick, and ſome with three grains of Musk, incorporate altogether; make Lozenges thereof, diſſolve one at once in your mouth.

60. *Bones broken and ſet, a Plaiſter to eaſe paine.*

TAke the freſh dung of a Sheep two parts, Barley-meal, one part, ſo much of the white of Eggs beaten well, compound a plaiſter, put therein a little Bole Armoniack, lay it about the bone, remove it not in ten days.

61. *Bloud to ſtench at Noſe, or in a wound.*

TAke the greateſt Toad you can finde, and hang it up alive, and ſo let him hang all Summer, till he be as dry as a ſtockfiſh, ſo keep him, let the party bleeding ſmell to him, being wrap'd up in a thin linnen cloth, it ſtancheth the bloud.

62. *To ſkale a mortified black bone.*

TAke honey of Roſes, dip pledgets herein, lay them hot on the bone

untill it doth looſen, dreſſe it every night for three nights, if it then looſen not by the ſides in feeling, then apply this Oyntment.

Take pure Hogs greaſe di. ℔, Argentum Vivum ij ℥ well mortified; and well brayed together; warm the Unguent in a Sawcer, with a feather anoint the bone evening and morning, and lay thereon lint, and rol it up juſt, let him keep his bed, and take no cold, and ſhortly the Bone will riſe, then heal it up as need requireth.

### 63. *Bruiſe or Bruiſes to cure.*

POur out the white of an Egg, then fill the Egg up with Parmacitty, roſt it ſoft, then ſup it up, and faſt three houres after, uſe it till you be well.

### 64. *Bloudy-Flux, Scowring, or Gonorhea.*

TAke the ſeed of white Poppy, Mallowes, Quinces, and Purſleyne all powdered; take alſo Mirtell, Gum Arabick, Gum Dragant, Pine kernells, Sugar,

Supar, Lycorice, Penedes, Pſilium, mucilage of Almonds ana iiij ʒ, of fine Bole, ſanguis Draconis, red Roſes, Spodii, Myrrhe ana j ʒ, mix them with Hydromell, and make it in Trochis; they will laſt kept in a box in a warm dry place ſeven years, the Doſe is j ʒ given in milk.

### 65. *Burning or Scalding, an approved Medicine.*

TAke the inner bark of Elder, the leaves of Alexander, and the leaves of Dayſies: boyl them in Hogs greaſe, then ſtrain them well, and anoint the Grief with a feather, and cover it it with a red Colwort leaf, and it will be whole on warrantiſe.

### 66. *Back paines the cure.*

THe Paracelſian Plaiſter laid thereon warm cureth.

### 67. *Breath given in Conſumption or weakneſſe.*

TAke China iiij ʒ thin ſliced, Maidenhair, Parſley, Fennell, Smallage roots ana j ʒ, Zarſa parilla iv ʒ, infuſe them four and twenty hours in three quarts of water, then boyl them till one quart be conſumed, then put in your Pullet or Chicken being firſt boyled one walm, and ſcum it, then let it boyl all to peeces being ſeaſoned with Lettice, Violets, Succory, Strawberries ana p. æq. and ſuch like, then ſtrain it, and drink of this comfortable broth at all times when you pleaſe.

### 68. *Bruiſe to cure, alſo good for the Stone.*

TAke the ſtones of Crabs, powder them, infuſe them in wine-Vinegar warm, ſome Parmacitty melt therein, take of this every morning faſting. till you be well.

### 69. *To draw a Bliſter.* Dr. *C. A.*

TAke of Cantharides prepared according to art, powder them and put them in a fine little linnen cloth in form of a button, and moiſt them in Vinegar of ſquilles, and lay it to the end of the Muſcle, and put upon it a plaiſter, which may ſtick well upon it twelve houres ſpace, let it be removed, and the bladder being broken, let a little linnen bag ſtuffed with Mercury præcipitate, be laid upon it with a linnen cloth doubled according to art; and within two dayes the Eſcar will be removed. To keep the iſſue open, put a peaſe in the hollowneſſe of the wound with a thread put through it, laying an Ivye leafe upon it.

### 70. *To make China broth.* *C. A.*

℞ of China roots ij ℥, of running water two pintes, macerate the rootes ſliced 12 houres in the water cold, after put them up in an earthen veſſell, and ſet it over a gentle fire, ſtopping the veſſell

vessell first very close, then put an old cock thereto, and having well scummed the decoction, put thereunto of Howhound, and Maidenhaire of each M j: of Jujubes, Sebesters, and Dates of each j ℥: of flowers of Rosemary, Borage, and Bugloss, of each three small handfuls; of great Raisons, having their stones taken out vj ℥, of French barley thrice sodden by it self first well picked ij ℥; of Mace ij ℈ with a crust of white bread, boyl these stopping the vessell close, to the consumption of the halfe part, then strain out the decoction hard, and reserve this broth for your use: And take of this broth vj ℥ at a time early in the morning, and about 4 in the afternoon.

### 71. *My Lady Bodleyes Baljome.*

TAke of the best sallat oyl ℔ iij: of Venice Turpentine ℔ ij; of yellow Wax viij ℥, of oyle of Bayes iij ℥, of oyle of Hypericon ij ℥, of oyle of Juniper j ℥, of oyl of Spike j ℥, of oyl of Peter j ℥ ß, of red Sanders finely beaten iiij ℥, mingle all these oyles toge-

together, and put to them the Wax when it is thin ſhaved, and let them boyl a little while; then take your Turpentine being firſt waſhed in faire water till it be white, then ſet your Turpentine on the fire till it be hot, for it ſhould not ſcald; when it is hot put in all your other things by a little at once; then take it off the fire, and keep it, ſtirring it well with a clean wooden ſtick till it be thoroughly cold, and then put it up.

This Balſome being warmed cureth any green wound being ſquirted into it if the wound be deep.

It cureth any Burning or Scalding by anointing the place, but you muſt lay Ivyleaves ſod tender next it, before you put linnen upon it.

It cureth any Ache of Sciatica that commeth from cold. It is good for the Toothach by anointing the Gummes therewith. And it is good for a bruiſe, taking as much as a Nutmeg with ſack.

### 72. *For knitting of Bones.*

GIve of Knot-graſſe, Ribwort, Shepherds purſe, and Comfrey, boyled in good Canary a quart, of each of the hearbes a pugill, morning and evening ſtrained a prety draught of the decoction.

### 73. *Canker in the Breaſt, or Polypus in the Noſe.*

THe water of Buck wheat diſtilled in Balneo, will ſtay the eating Canker or Polypus, though held uncurable.

### 74. *Canker, a plaiſter.*

MIx the juyce of Selandine with Goats dung powdred; and plaiſter it on, it killeth the Canker any where.

A plaiſter made of Pepper, Bay-ſalt, the kernel of Walnuts beaten together healeth alſo.

### 75. *Canker to extirpate and take out.*

INcorporate the powder of Realgar with freſh Hogs greaſe, ſpread it on leather fit for the Sore, ſtrew thereon all over, the flower of Wheat ſomewhat thick, and upon that hony thick, and laſtly over that womans milk, then lay the plaiſter on the Sore; and lay on the plaiſter the bottom of a new baked loaf of white bread, binde all faſt on all night, on the morrow the Canker will be dead on the plaiſter; Note, if it be in the fleſh or ſinews, thick water iſſueth out, if on the bone, thick yellow matter cometh forth.

### 76. *Canker, a Lotion.*

TAke white Wine, di. pinte, Engliſh Honey iij ℥, white Copperas in powder j ℥, di. Roche-Allom powdered iiij ℥, boyl all theſe till one third part be conſumed, then wet double linnen clothes therein, and lay it on the Sore, or Canker: Or take new Tanners Ooſe that never leather came in, Sage, Bay-

leaves,

leaves, Violet-leaves, and Woodbine-bloſſomes ana j M: boyl all theſe together, and uſe it for a Lotion, firſt ſtrain it.

### 77. *Canker in Mens privities, to cure.*

BOyl Roche-Allom j ℥, Verdigreaſe iiij ℥ in a pinte of Smiths water till part be conſumed, then ſtrain it, and uſe it for a Lotion.

### 78. *Canker to cure.*

TAke the oldeſt Oyſter-ſhell you can finde in a dunghill (thoſe ſhine moſt, are beſt) powder them, then ſet three ſpoonfuls of white Wine vinegar over the coles, put therein as much of the Oyſter-ſhell powder as will thicken the vinegar, adde thereto ſome Allom powder, then bind a linnen cloth about a ſtick and dip therein, rub the Sore therewith, till it bleed, doe this three times therewith, it will be well.

### 79. *Canker in the Body, to cure.*

TAke the powder of the roots of Dragons j 3, lay it all night in water, on the morrow put out the water, then put thereto a quarter of a pinte of white Wine, boyl it well, let the Patient drink it warm three mornings together, it helpeth.

### 80. *Canker or ſore eyes.*

TAke Dovefoot, Archangell, Ivy with the berries, youn Bramble tops, white Roſe leaves, red Sage, Sellandine, & Woodbine leaves ana jM. cut ſmall, then put thereto powder of Allom j ℥, white wine & clarified honey ana one quart: Aloes, Epatick iiij ℥, diſtill all theſe in a Limbeck together, the water thereof will kill any Canker, two drops put in the eye with Fennell water taketh away any pearle or filthineſſe.

81. *Con-*

81. *Conſumption, the cure.*

TAke ſix Cock Sparrowes, and two Wagtailes well dreſſed, Harts-horn and Ivory ana ij ʒ, powdered China roots thin ſliced iv ʒ in two quarts of Spring-water, Roſe-water one quart, white Wine one quart; infuſe them in a pipkin cloſe covered one night in the hot Embers, that the water may keep but warm, then boyl three ſpoonfuls of French Barley in three ſeverall waters; hen take Egrimony and Sorrel di. M. Borage, Bugloſſe, di. M. Fennell two roots picked and ſliced, the bottom of a white loaf ſteeped in Malmſie all night, three large Mace, Raiſins of the Sun ſtoned iij ℥ ʒ, ſix Cloves bruiſed, half a Cock, ſix Knuckles of Veal, red Sanders j ʒ, Sage and Roſemary ana j M. ſix Cap-dates ſtoned and cut, let all theſe boyl cloſe ſtopped one hour, then put there-in ſix Pearmain Apples pared and ſliced, let all theſe boyl till it come to a Maſh, that there remain but five pints; then ſtrain it, drink of this warm,

warm, first and at five of the clock in the afternoon, this will comfort much; if it be too thick, liquifie it with Wine.

### 82. *Consumption, a noted cure.*

TAke a quarter of a pound of Jordan Almonds blanched, and beat small, adding thereto in the beating some Rosewater, one or two spoonfuls, then take the thigh of a rosted Capon, flea off the skin, beat it in a Morter alone, then take fourteen Dates stoned, skinned and picked, beat them alone, then put them all in a pinte of Rosewater, boyl them three walms with some Sugar, then take Cinnamon ij 3, Lignum Aloes both powdred j 3, put them in your decoction, stir them well together, then put it up in some Glasse, take the quantity of Walnut at once in the morning, the first three mornings adde to it every time Bezoar two grains.

### 83. *A Diet drink for the Conſumption.*

THe firſt week in May, infuſe in your uſuall drink Succory, Devils bit, Scabius, Water-Creſſes, Lungwort, Polypody, Colt-foot, Penyryall, and Liverwort ana ij M. bruiſed and put in a thin linnen cloth bagge, and ſo put in your drink when it is new tunned to work therein; drink no other drink for fourteen dayes.

### 84. *Cough of the Lungs to cure.*

TAke green Box dried, and powdred fine, take ſo much at once as will lye on a groat, in a draught of warm white Wine firſt and laſt till you be well, which will be when you ſee your ſelf void blood, then leave your Medicine, for you are well. *Probatum eſt.*

85. *Cough of very hard Phlegme to cure.*

BOyl two quarts of Cream, halfe a pinte of honey, and di. pinte of Linſeed oyl till it come to an oyl ſubſtance, dip therein a red thick woollen cloth, wring it hard, and lay it on the Region of the Stomack as hot as you can ſuffer it, then cover it warm with another dry woollen cloth all night and morning till you be well.

86. *Cold hoarceneſſe to cauſe to ſpeak clear preſently.*

TAke a Poſſenet of ſcalding water, put therein two Handkerchiefes, viij times double folded, wring out the water, hold it to thy Noſe and Mouth till it be cold, then put that in the hot water, and take out the other, and ſo one after another till you be well.

87. *Cough*

87. *Cough very old to cure.*

TAke *Diatragaganthum frigidum diapendii, suis speciebus* ana j ʒ, the Liver of a Fox powdred j ʒ di. Lycorice and Maydenhaire ij ʒ, all powdred together, take them mixed in the syrup of Myrtles as an Electuary on the point of a knife as oft as you see cause.

88. *Consumption, a Medicine.*

TAke good Malmsey a pottle, put therein as much crums of Manchet hot out of the Oven as will suck up all the Wine, adde thereto of Cinnamon powdred iiij ʒ, ten Cloves bruised, distill this, and put thereto so much Sugar, as fits your Taste, with 2. grains of Musk, the Dose is three spoonfuls morning and evening first and last.

89. *Colick, a present remedy.*

TAke Gum Hederæ, warm it that it may spread on a peece of Scarlet the

the breadth of a ſhilling or broader, apply it hot to the Navill; your beſt Gum is ſweet, clear, and ſoft.

### 90. *Cough, and ſtrong Conſumption, a Potion.*

TAke Malmſie one quart, roots of Mallows, and Fennel pithed, Lycorice mundified, Anniſeed bruiſed ana ij℥. Colts-foot, Longwort, Violet-leaves, Hyſop, red Sage, Rayſins of the Sun ſtoned, Figs ſhred, white Sugarcandy ana iiij ℥, boyl all theſe in a pipkin cloſe covered to half, then ſtrain them out hard, adde thereto white Sugar iiij ℥, of the roots of Ireos, Florentine ij ℥, let it boyl, one walm more: then ſtrain it, and take of this firſt in the morning, faſt two houres after, and laſt to bedward, if you need to purge, infuſe in a draught thereof over night Sena iv ℥, ſtraine it, and drink it in the morning.

### 91. *Colick and Stone, the cure.*

TAke Parſly-ſeed, Gromel-ſeed, long Pepper, Jeat, Amber, Corall, Ginger, Nutmeg, Bay-berries, Enula Campana, ana ij ʒ, fine powdred, drink of it warm in a morning as much as will lie on a ſixpence in white Wine or Broath, faſt two hours after.

### 92. *Colick of Winde.*

TAke Seahorſe Pizell, Harts-horn, and Enula Campana, ana j ʒ fine powdred, take ſo much of this as will lie on a ſhilling in Anniſeed water faſting, or as you need.

### 93. *Colick and Stone, the cure.*

TAke a pottle of white Wine in a pipkin, put two fair flint ſtones in the fire till they be red-hot, quench them one after another twenty times in the Wine, then put therein Speare Mints, Polypody of the Oak, Hyſop,

Sage

Sage and Roſemary ana j M. boyle them a good while, then ſtrain it, and put it in a Violl cloſe ſtopped. In the morning faſting drink a draught with theſe powders, Parſley, Fennell, and Carroway ſeeds, Philypendula, Saxafrage roots, Grommell, Brome, and Alexander ſeeds; the kernell of Cherry-ſtones dryed, the round bones of the Thornback all powdered together, ana ſiij ʒ, drink of this powder every morning in your wine one ſpoonfull, faſt two houres after, and laſt at night, take this ſyrup of Spiknard, of Juniper berries, of Gaſhoppers the head and feet cut off powdred ana ijʒ, compound them together and drink ijʒ in a little warm white Wine.

## 94. *Colick, the cure.*

EAt faſting every morning hot Broaths made of Alexanders, and drink the compound water of them, and Aquavitæ, ana ij ʒ.

Alſo drink the powder of Juniper berries in Alexander water and ſtale Ale ana q. warm is good. Alſo St. Johns

### 91. *Colick and Stone, the cure.*

TAke Parſly-ſeed, Gromel-ſeed, long Pepper, Jeat, Amber, Corall, Ginger, Nutmeg, Bay-berries, Enula Campana, ana ij ʒ, fine powdred, drink of it warm in a morning as much as will lie on a ſixpence in white Wine or Broath, faſt two hours after.

### 92. *Colick of Winde.*

TAke Seahorſe Pizell, Harts-horn, and Enula Campana, ana j ʒ fine powdred, take ſo much of this as will lie on a ſhilling in Anniſeed water faſting, or as you need.

### 93. *Colick and Stone, the cure.*

TAke a pottle of white Wine in a pipkin, put two fair flint ſtones in the fire till they be red-hot, quench them one after another twenty times in the Wine, then put therein Speare Mints, Polypody of the Oak, Hyſop, Sage

Sage and Roſemary ana j M. boyle them a good while, then ſtrain it, and put it in a Violl cloſe ſtopped. In the morning faſting drink a draught with theſe powders, Parſley, Fennell, and Carroway ſeeds, Philypendula, Saxafrage roots, Grommell, Brome, and Alexander ſeeds; the kernell of Cherryſtones dryed, the round bones of the Thornback all powdered together, ana iiij ʒ, drink of this powder every morning in your wine one ſpoonfull, faſt two houres after, and laſt at night, take this ſyrup of Spiknard, of Juniper berries, of Gaſhoppers the head and feet cut off powdred ana ijʒ, compound them together and drink ijʒ in a little warm white Wine.

### 94. *Colick, the cure.*

EAt faſting every morning hot Broaths made of Alexanders, and drink the compound water of them, and Aquavitæ, ana ij ʒ.

Alſo drink the powder of Juniper berries in Alexander water and ſtale Ale ana q. warm is good. Alſo St. Johns

wort ſmall chopped, and put thereto Pigeons dung, a good quantity of honey, fry them in freſh Butter, and very warm bind it to the navill.

### 95. *Cramps, Convulſion, or ſhrinking Sinews.*

TAke oyl of Turpentine j ℔, Turpentine di. ℔. of Bayes iv ℥, ovl of Spike j ℥, Juniper-berries di. ℔, Caſtor, Euphorbium, ana j ℥, Cloves, Mace, Nutmegs, Cinnamon, Frankincenſe, ana ij ℥, Mummy j ℥, Brocks greaſe iij ℥, digeſt them all for one moneth in horſe dung, then diſtill them according to art, and therewith anoynt the place grieved; this alſo healeth old wounds and green Sores.

### 96. *Cramp, the Cure.*

TAke Brimſtone and Vervin, bind it to the Pulſe, and be ever freed.

97. *Cods*

### 97. *Cods ſwelling to cure.*

TAke Rue, Bay leaves, Purſlan, Bean meal, Fenugreek and Linſeed ana ℥ß, boyl it in new Cream, with a ſpoontull of Hogs greaſe, to a Poultis, ſo apply it: Or take Rye Leaven, mingle it with ſtrong Lye, and apply it; this helpeth.

### 98. *Camphire Water to heal.*

TAke Camphire prepared with the white of an Egge, infuſe it in Fumitory water, mix them well together, uſe it to cool, heal, and skin.

### 99. *Corns in the Toes to cure.*

TAke Marigold leaves, Herbgrace, and the broadeſt Plantain ana j M. ſtamp them in a Morter, then put them in a cloſe ſtopped pot, with ten ſpoonfuls of water, ſo let it ſtand 12 dayes till it ſtink, then ſtrain out the liquor, with it anoint the Corns, and wet a druble cloth therein, and lay it on them till they be well, ſo uſe it.

100. *Carbuncles to ripen and break.*

POwder Bay-ſalt ſmall, mingle it with the yolk of an Egge, and lay it on the ſore; it helps. *Prob.*

101. *Canker inward or outward to cure.*

ROaſt Sorrell cleanſed of the ſtalks and ſtrings, take only the pure leaf in a wet brown paper in the Embers when it is ſoft, mix therewith half ſo much honey, as much Wheat flower, and as much burnt Allom, compound all theſe in a Morter to a plaiſter, apply it to the grief cold, if the grief be inward miniſter three pils thereof morning and evening, waſh the Sore with a Lotion made of plantain water, burnt Allom, and ſo much calcined Vitriol as will make it bloud-red.

102. *Cramp in Arm or Leg; the cure.*

TAke great Onions, roaſt them, make a plaiſter thereof, and lay it warm about the joynt, as hot as he can

can ſuffer it, dreſſe it three times, and cured.

103. *Canker or Pock in any part of the Body to cure.*

MIx the fine powder of Mercury with the powder of Bole, mix it ſo that the colour be very pale, this killeth either of theſe griefs.

104. *To cure Chilblanes.*

℞ a quart of Sack, and of red Sage, and of Cammomile, of each a handfull, boyl all theſe well together, and bathe the hands morning and evening therewith. *Prob.*

105. *A Cordiall water to comfort the heart and brain, cauſe ſweet breath, and good colour in the face: It is good againſt ſadnes, morphew and faintneſſe, againſt obſtructions of the liver, and windineſſe of ſtomach and ſpleen.*

℞ of Agrimony, Burnet, and Borage, of each a handfull large, as much

of picked Roſes, put thereunto j ℥ of galingale bruiſed and halfe an ℥ of Cubebs, ſtill theſe together, and reſerve the water, whereinto when you would uſe it, (which may be morning, evening, or at any time, an hour or two from meales,) put as much white Wine as of the water, and drink of it.

Alſo a gelly made of Harts horne, and Snakes skins.

### 106. *To provoke the Courſes.*

EXhibite almoſt a ſpoonfull of the powder of Oculi, or Lapides Car. in a pretty draught of Mugwort, or Pennyriall water, and let her drink ſome of the water after it: the beſt time is to give it in the morning about five of the clock, at her accuſtomed expectation of them, and let her ſleep after taking it.

### 107. *For the Conſumption.*

TAke of Whay ℔. ij, of calves blood ℔ iiij, of juyce of Houſleek ℔ iij, of

of roſes ℔j, of new laid Egs ſhells and all 12 put them all together in a Glaſſe ſtill, diſtill the water whileſt no more will come; then ſtrain it, and put it into the ſtill again, and caſt away the feces, and put to this water three or foure limon pilles, of yellow Sanders and Benjamin of each j ℥, Myrrhe iiij ℥, white Roſe water, Lillie water of water Lillies, and good Canary Sack, of each ℔ j, diſtill this in ſand with a gentle fire, or in B. Mariæ; and being diſtilled put to it Sugar candie ij ℥, Camphire a dragm, Borax half an ℥, bruiſe them well, and let them diſſolve in all the water, and reſerve them for uſe. Goats milks, or Aſſes milk is alſo good, and water made of Dates.

### 108. *For ſores or Cancers.*

BOyl Colewort leaves in faire water, til the water be green through, then let it cool, and bathe the Sore with it, as often as you will, till it be whole: It is good for a Canker, if it have not eaten inward already, Plantaine ſo boyled, and uſed, is good for the ſame griefes.

### 109. *For a Conſumption.*

TAke three Stags hearts, and put them into a ſcale, and put as much Sugar into the other ſcale, to make them even weight; then take the Sugar, and the Hearts, and put them into a cloſe pipkin, and cloſe them up with Wheat meal paſte, ſo that no aire may come in, nor out; then ſet them over a temperate fire, till they come into a gelly, then give the patient one ſpoonfull or two thereof in the morning faſting, and about three or foure in the afternoon, and when you goe to bed as much.

### 110. *Another excellent ſyrup for Cough or Conſumption.*

TAke of Sanicle and Betony of each two handfuls, of Avence, Ribwort, Speedwell, Agrimony, Comfery, Cowſlips, Vnſet Hyſop, Wood Bugloſſe, and Scabious of each two handfulls, of Bryer tips, white great Dayſy roots and leaves, of each one handfull, boyl

boyl the juyce of all theſe well gathered up with good Sugar into a ſyrup according to art, and take twice a day of it, the quantity of two ſpoonfulls at one time.

### 111. *To make Lozenges for a Cold.*

TAke of fine Sugar one pound, halfe a pound of Penidioes, ij ℥ of Engliſh Licorice, j ℥ of Elecampane roots, ij ʒ of Ireos, beat all theſe into very fine powder and ſearce them, then put thereto foure drops of Oyl, of Anniſeeds, and ſix graines of Ambergreeſe diſſolved in a little Roſewater, make theſe up into a paſte, with j ℥ of Gum Dragacanth diſſolved to a little red Roſe water, with as much Hyſope water, beating them well together, and incorporating them in a morter till they are fit to work up out of paſte into Lozenges, then make them up every Lozenge unto the weight of j ʒ, and harden them in the dry aire, rather then by fire or ſun: They are good againſt winde, comfort the ſtomach, and helpe crudities thereof.

### 112. *To ſtop blood ſpit or coughed up.*

TAke foure quartes of Smithes Culterwater, boyl it till all the ſcum be taken away, then put thereunto three handfulls of Purſlane, ſome prunes one handfull, French Barley two handfulls, then boyl it unto the halfe; then ſtraine it, and drink thereof three or foure ſpoonfulls firſt and laſt, every day, and alſo before dinner and ſupper one houre, and ſo continue it untill you be whole.

### 113. *An excellent medicine to cool the Liver and Blood.*

SEeth a Legge of Veale, ſcum it well, then take Endive leaves, Violet leaves, Liverwort, and Dandelyon well cleanſed, of each one handfull, white Beetes, Mallowes, Borage and Bugloſſe, of each halfe a handfull, great Rayſons having their ſtones taken out half a pound, prunes one lb, of the tops of white Majoram, and Smallage, of each three crops, a little whole Mace

Mace, Salt a little, boyl all theſe to a gelly, then ſtraine and preſſe it out, and drink it warme ſo oft as you liſt.

### 114. *Deafneſſe to cure.*

TAke Oyl of Caſtor ij ℥, oyl of Roſes and oyl of bitter Almonds ana j ℥, Aquavitæ ii ℥ mix all together, and boyl it till the Aquavitæ be conſumed, then every night to bedwards, drop four drops one after another in the Ear, ſtop it with Cotten that ſmelleth of Musk.

### 115. *Another.*

TAke a ſpoonfull of the Liquor that fryes out of a green Aſhen-Bough burning in the fire, and the oyl of a ſilver Eele ana, of the Gall of a Hare, and black Honey ana, one ſpoonfull of Singreen, boyl them all together, and drop a little in your Ear, as need requireth.

### 116. *Diſeaſes many and generall, an Electuary.*

TAke red Roſe leaves dryed, red Corall, Guiacum, Acorus, Carroway ſeed, Ivory, Cinamon, Bole armoniack, Egſhels all dryed, Roſemary powdred ana ij ʒ, Nutmegs, Cloves and Mace ana j ʒ, Sugar powdred iij ʒ, juyce of Plantain, Knotgraſſe, Shepheards purſe, Houſleek, young Bramble tops, and Sorrell ana j M, or ſo much of the juyces as will make it up an Electuary, take one ſpoonfull thereof morning and evening warm. If it be for the Gonorhœa, firſt fumigate him upon a cloſe ſtool with Frankincenſe, it ſtayeth bleeding, and is good againſt the Plague, it is good for old Ulcers, and all Fluxes.

### 117. *Dropſie, a Purgation for it.*

TAke Mechoacan, Sugar, Diagridii, Rubard, Sena, Spikenard, ana j ʒ, Anniſeed ij ℈, Cinamon, Maſtick, Ginger, ana j ℈, let all theſe be fine pow-

powdred, the Doſe is *j* 3 in white Wine or poſſet Ale three dayes together: Then take Hyſop, Violets, Roſemary, Vervin, Betony, St. Johns woort, Mouſe-ear, Plantain, Avence, Sage, Fetherfew, ana j M. waſh them clean, then dry them, and bruiſe them in a Morter, then put it in a new glaſed Pipkin, put to it one gallon of white Wine, ſo let it ſtand all night cloſe ſtopped, and on the morrow ſeeth it to one Pottle, then ſtrain it thorow a hair Sive, and put it up cloſe, then drink it firſt and laſt nine daies together, at night hot, and at morning cold, half a pinte at a time.

### 118. *Dropſie, a Medicine.*

TAke Dragons, Spiknard ana j ℥, Alchenet di. ℥, powder them; drink of this powder in Ale or Beer, as much as will lie on ſixpence at one time.

### 119. *Dropſie, a diet drink.*

TAke Juniper thin ſhaved, and the berries bruiſed, Aſh Bark, Saſſafras roots, Wallwort roots, Camocke roots, Maſh Mallow roots ana j M. Parſly roots, Eringo roots, Fennell roots, all bruiſed ana ij ℥, Parſley and Fennell ſeeds bruiſed ana ij ℥; put all theſe in a Pipkin cloſe covered, put upon them as much ſcalding water as will cover them, then put it up and paſte it cloſe, ſo let it ſtand in hot Embers and not boyl 24 hours, then put all theſe in a Ferkin of new Ale of 7. gallons, ſo let it work together till the Ale be ſtale; drink no other drink during the cure, drink this at all times.

### 120. *Dropſie, or any other diſeaſe, a Treacle to cure.*

TAke the powders of Rue and Betony ana ten ℥, Wormwood and Centory ana iij ℥, Gentian, Myrrhe, Ariſtolochia rotunda and Ivory ana j ℥, Pulveriſe and ſearſe all theſe, mix

mix them with clarified honey to a Treacle.

### 121. *Dropſie, an excellent Potion.*

TAke Rue, Sage, Betony, Polypody of the Oake, Watercreſſes, green Broom, Hyſop, Parſly and Fennell roots pithed, roots of Lovage, of Flower de Luce, Gladwine the middle, take of the Elder the ſmall clot bur ana j M. boyl them in Barley water and white Wine ana, mix it with pure Honey *qd ſufficit*: let the Patient drink of this firſt and laſt till he be well.

### 122. *Deafeneſſe, a precious medicine.*

TAke Honey, the juyce of Singreen, the water that droppeth from a green Aſhen Bat in the fire ana, p. æq. compound them together, infuſe it warm in the deaf ears.

123. *A*

123. *A Defenſive to ſtay Impoſtumes or Inflammations from all green Wounds: apply it both ſides the Woand.*

TAke the white of two Eggs well brayed, put thereto Wheat flower, powder of Bolearmoniack, and powder of Sanguis Draconis, mix al theſe well together, and apply it as before, this ſtayeth and repercuſſeth all humours: if any heat happen in the wound, then adde thereto Vinegar, Roſe water, Singreen, or Plantain juyce, this will diſſolve all Inflammations or heat quickly.

124. *A Defenſive for green Wounds.*

TAke oyl of Roſes, Bole armoniack ana ij ℥, Terra ſigillata and Vinegar ana j ℥, Camphire ij ʒ, Nightſhade and Singreen ana j M. beat the hearbs, ſtrain the juyces, mix all together cold, ſo apply it; if it be too thin, thicken it with Barley meal.

125. *Dropſie*

125. *Dropſies, Pox, Conſumption, or any Diſeaſe.*

TAke a pinte of ſpirit of Wine, infuſe therein Zarza perilla thin ſliced, ſo much as will colour the ſpirit of Wine yellow as gold, then diſſolve in it Gum of Guajacum ij ℥, ſtrain it, and adde thereto naturall Balme di. ℥, take thereof one ſpoonfull in a draught of ſmall Beer or Ale morning and evening till you be well.

126. *Diaſcordium, an excellent Cordiall to make.*

TAke Cinnamon, Lignum Caſſiæ, ana iij ℥, Scordium or water Germander j ℥, Dittany or Candy, Tormentill, Biſtorta or Snakeweed, ana iiij ℥, Galbanum, Arab. gumme, Candy Muſtard-ſeed j ℥ di. Gentian iiij ℥, Bole armoniack j ℥ di. Terra Lemnia iiij ℥, Opium j ℥ di. Storax, Calamint iiij ℥ di. Sorrell-ſeed i ℥ di. long Pepper, Ginger, ana ij ℥, pure Honey ij ℔ di.

di. ℔. Conſerve of red Roſes j ℔. Aromaticall Wine di. ℔. boyl all theſe two walmes to an Electuary.

### 127. *Dropſie.*

℞ a pottle of white Wine, but rather Rheniſh if it may be had, j℥ of Cinamon, and a pinte of green broom aſhes, put them in an earthen pot together, 48 houres, having firſt bruiſed the Cinamon, ſtir them often, then put them up into a white Cotten bagge, and let the Liquour draine thorough; then put it all up again twice upon the lees, and then uſe of it foure times a day; drink it cold in the morning, and one houre before dinner; alſo one houre before ſupper, and when you goe to bed: drink at each time a quarter of a pinte: if the grief be not fully removed, uſe a ſecond or third pottle; but with moſt one pottle ſufficeth.

128. *A diet drink for Dropſie, Scurvy, or other inward Diſeaſes.*

Boyl in two pints of pure running water, iij ℥ of Saſſifrage till half be boyled away, then put thereto of Hermodactyls ſliced and Lycorice, Spike, Cinamon, and Cammomile flowers, ana ℥ ß. then let them boyl one houre, then take of Sena cleane picked j.℥, and let it boyl over a very gentle fire, halfe a houre, then ſtrain it and cleere it, and give iv or v ℥ of it faſting.

129. *Eyes red and watering, the cure.*

SPread the white of a new laid Egge on a red Colewort leaf when you go to bed, plaiſter the eyes therewith; or the gall of a Partridge, or the gall of a Turtle put into the eyes helpeth the dimneſſe.

130. *Eyes*

130. *Eyes that ſeem blinde, the cure.*

TAke Smallage, red Fennell, Rew, Vervine, Egrimony, Betony, Sage, Cinkfoyl, Pimpernall, Eufrage, Celendine, ana j M. waſh them and ſtamp them well, put them in ſome veſſell; take powder of 15. pepper corns well ſearced, one pinte of Wine, three ſpoonfuls of boys Urine that is very young, boyl them together till the juyce of the hearbs be in the Wine, then ſtrain it out hard, and put it in a Viall cloſe ſtopped, and with a feather drop it in the eyes cold for fifteen days; during the Cure, drink Beer wherein is infuſed over night (to drink next morning) Tormentill and penny-graſſe.

131. *Egiptiacum to make.*

TAke Verdigreaſe iv ʒ, powdred Allom ij ʒ, Vinegar vj ʒ, Honey j ʒ, boyl all theſe till it be red, this cleanſeth and cicatriſeth old ſores.

132. *Emrods,*

132. *Emrods, the cure.*

TAke two Handkerchiefs viij double, put them on a Chafindiſh of coals in a diſh of white Wine, ready to boyl or ſeething hot, then wring out one of them hard, and lay it on the grief as hot as he can ſuffer it, let it ſo lye till it waxeth cold, then put that in the diſh, and ſo do one after another, for half an houre at once; uſe this till it be well, which will be ſome three times; during the cure ſome drink Millfoyl in white Wine, with the powder of Egſhels whence chickens were hatched.

133. *Emrods, or any other ſwelling in the place.*

TAke Scabious and Mullin, ſtamp them with freſh Butter and Hogges greaſe, and make it yellow with powder of Saffron, lay it to the grief warm.

Or take the powder of burned Anniſeeds, Honey, and Saffron, make a plaiſter

ſter thereof, and lay it to the griefe, every dreſſing, waſh it with white Wine wherein Scabious hath boyled.

### 134. *Emrods to cure.*

1 TAke the juyce of the root of the great Burre, boyl it, and bathe the Emrods therewith very hot, then preſently ſtrew thereon the powder of red Archangell.

2 Or take the powders of Lovage and Rew mixed with Honey, make a plaiſter thereof, and uſe it.

3 Alſo boyl the leaves of Mercury very tender, apply it thereto as a poultis very hot, dreſſe it twice a day and be whole.

4 If they bleed or water much, caſt on them the fine powder of Letharge, of gold, it drieth them.

5 Or ſtamp unſet Leeks ſmall, put thereto honey and flower, lay it on warm.

6 Or ſtamp in a diſh of the beſt Sope with ſome garden Snailes without ſhells, and the powder of ſome Muſcle ſhels mixed and applied thereto twice.

135. *Eyes to preſerve by Medicines Local.*

1 THe ſmell of Marjoram is good to preſerve the ſight, to drink Eybright in Ale, Beer, or wine, with the juyce of Fennell, is very good and nothing better; the powder of Eybright in a reare Egge, or in any thing elſe is alſo good: Good Spectacles much helpeth: Cinnamon, Cloves, Nutmeggs, Mace, and Pepper are all good. Alſo the water of Eybright, Fennell, Marigold, Perlewort, or any of theſe put into the eyes, cureth.

2 *Item*, Vervine gathered young in May, put in a Viall cloſe ſtopped, and ſo let it ſtand till it putrefie, and a juyce ſinking to the bottome of the Glaſſe, wherewith drop it into your eyes, it helpeth all blindneſſe in man or beaſt.

3 *Item*, In Aprill gather the fineſt Fennell, put it into a Glaſſe with a long narrow neck ſome fifteen dayes, then take the glaſſe ſoftly for troubling it, powre out the cleareſt thereof

to

to another glaſſe to every di. ℔ thereof, put j ʒ of Lignum Aloes fine powdred, and let it ſo ſtand fifteen dayes more, then ſtrain it twice to clear it out; of this drop a little in your eyes, it much cleareth the ſight.

4 *Item*, Lignum Aloes diſtilled in a Stillatory of Glaſſe, the water of it put in your eyes, it cleareth the ſight miraculouſly.

5 *Item*, j ʒ of the diſtilled water of Roſemary flowers, with ij d. of the powder of Salt Gemme diſſolved therein, and dropped in the eyes, cureth the ſight, and drieth all moiſture from thence.

6 *Item*, the Urine of a Childe, or the Lye made of aſhes of Fennell ſtalks, either of them dropped in the eyes, mends the ſight.

### 136. *Inner medicine to clear the eyes.*

TAke the powder of Eyebright iv ʒ, Mace j ʒ, mix them together, and take the weight of iij d. thereof in Fennell water in the morning, faſting three hours after.

Take

Take the juyces of Fennel, Vervin, and Roſes ana ij ʒ, Eyebright, Endive and Celendine ana d. M. boyl the hearbs in two pintes of water till half be ſpent; then with the juyces and the decoction, boyl it with Sugar to a ſyrup, take of this ſyrup ij ʒ, in Eybright water iij ʒ. If the body be windy adde to the aforeſaid powders Aniſeed and Fennell ſeeds j ʒ.

137. *Eyes that have Pearls, a Medicine.*

TAke Dazies and the roots, red Fennell and Alehoof, ſtamp them together, take the juyces of them, and drop two or three in the contrary Ear warm, on that ſide the grief is not, till the Pearl fall off, uſe this every day morning and evening.

138. *Eyes that have Pearl, or Web.*

TAke the white of two new laid Egges very hard boyled, the ſhels and yolke being taken away, put the white in a Morter with d. of fine powder of Copperas, pound them

them together, then put to it two ſmall ſpoonfuls of Roſewater, then ſtrain it hard through a linnen cloth into a Glaſſe, let it ſettle with the cleareſt water therof, drop it in the eyes with a feather.

2 Or take the white of two Egges, very hard ſodden, White Sugarcandy ℥ 3, white Copperas ℥ ℈. both fine powdred, white Roſewater one ſpoonfull, ſtamp the Eggs, Sugarcandy and Copperas together, then put the Roſewater thereto, ſtrain it hard into a Glaſſe, drop thereof three times a day into your eyes.

### 139. *Another.*

3 TAke all the head of a black Cat burned to aſhes, blow ſome of that powder with a quill thrice a day into the Eye, if the pain be great, eſpecially in the night, lay thereon ſome Oaken leaves doubled together, and wet in Roſewater on the Eye, renew them as need requireth, it cureth.

### 140. *Another rare ſecret for the ſame.*

TAke nine Wormes, you ſhall finde them in old hollow Timber with many legs, called Hogs or Swines *Lice*, if you touch them they will be round, ſtamp them with the juyce of Celandine or Betonie; then ſtrain them well, let the Patient drink it faſting warm, not eating in two houres after; uſe this three mornings together, it will cure.

### 141. *Or thus.*

TAke the white of an Egge, and the juyce of Pelitory of the Wall, beaten together and ſcummed; one drop of that liquor in the Eye cureth, *Probatum eſt.*

### 142. *For the Eyes: The vertue of Tormentill.*

BOyle the hearb Tormentill and Roots in white Wine, till the third part be ſpent; let the Blinde drink of this Potion nine dayes together, a

draught in the morning cold, and at night bloud warm, and within that time (God willing) he will recover: if the Eye be hurt, boyl this herb ſtamped in white Wine and a little water, binde or plaiſter it to the ſore Eyes. If you infuſe a good quantity of this Herb in a ſmall Veſſell full of Wine, and drink no other daily, it will recover ſight though long blind.

143. *Eyes to clear, an approved diſtilled Water.*

1 TAke the juyces of Rue, Fennell, Celandine, and Eyebright ana ij ʒ, Honey j ʒ di. Aloes, Tutiæ, and Sarcocollæ ana iv ʒ, the Gall of a Capon or a Cock ij ʒ, diſtill all theſe in a Limbeck or Glaſſe, drop this Water cold into the ſore Eyes once a day three drops together, and uſe it till he be well.

2 Or take the waters of Roſes, Vervine and Fennell ana iv ʒ, ſtrong white Wine iij ʒ, Tutia prepared, and Sugar-candy ana iij ʒ, Aloes hepatick ij ʒ, powder fine all the ſimples that is to

be

be powdred, mix them with the waters and Wine, let it ſo ſtand covered one whole day, then ſtrain the liquor eaſily in a fair glaſſe, and uſe to drop three drops at once in the eye.

### 144. *To cure all griefs in the Eyes.*

TAke three ℥ of unſlaked Lyme, infuſe it in di. ℔ of Rain water in a Glaſſe veſſell three dayes; then ſtirre and mix them well together, let them ſettle againe foure and twenty hours after; powre out the clear water very clean, then put thereto 10 ℥ of Salarmoniack the whiteſt you can get very finely powdred, let it therein diſſolve by long ſtanding and oft ſhakings; then let it ſettle, and powre the cleareſt water off it, or filter it away by Diſtillation; drop three drops of this in the eye at once, and ſo continue it three times every day till it be well: this cureth Spot, Pearl, Web, or any thing elſe in the Eye, be it Canker or Burning.

### 145. *Eye water.*

℞ of Rew, Celandine, and Roſe-water of each iij ℥, of Stibium reduced into fine powder halfe an ounce, let it ſtand infuſed eight dayes, then uſe it.

### 146. *An excellent powder to preſerve ſight.*

℞ of Eyebright iiij ℥, of Betonie ij ℥, Fennell ſeed, and Mace, of each j ℥, dry the herbs, and reduce them into fine powder, and put thereto ij ℥ of Sugar finely beaten, mingle them wel together, and every morning, drink as much of it as will lie upon a ſhilling, in a good draught of white Wine and Beere; and at night take of the powders j ℥, and ij ℥ of the beſt Hony, and mingle them up into an Electuary, and when you are going into bed, take as much as a Nutmeg thereof, keep the powders dry, you need not put Sugar into the Electuary.

147. *A proved good water for any inflammation of the eyes.*

SLake Lapis Calaminaris, to the quantity of iiij ℥, 9 times red hot in white Wine ℔ j, then take of red Corall j ℥, of Camphire ℥ ß, of Sugarcandy j ℥; reduce them into powder, and put them all into red Roſewater, ℔ j, with as much Fennell water, ſtirring them well together, by often ſhaking the Glaſſe, but when you intend to drop it into your eyes, take care, that it be very cleare, and drop it into your eyes with a ſpunge or feather.

148. *For a Pin and a Web.*

TAke a handfull of Celandine leaves, and as much white Daiſie leaves and roots together, and halfe as much ground Ivie, ſtamp out the juyce well, and put thereto a ſawcer full of good red Roſewater, then ſtrain it and put it into a Glaſſe, with as much white Sugarcandy finely powdered, as will lie on a ſixpence, and

drop it into your eye with a ſpunge or feather.

149. *Falling ſickneſſe, the cure.*

MAke two plaiſters as you do of Maſtick, of Sanguis draconis, ſpread it with a hot knife, and lay them to the Temple veins.

150. *Falling ſickneſſe or Epilepſia, the cure.*

FIrſt every Full and change of the Moon, Purge one day, and Vomit another, then kill a Jay, and dreſſe him, fill his body full of Cummin and Anniſeeds bruiſed, then put the Jay ſo dreſſed in an Oven after Bread is drawn, untill he be ſo dry that you may beat his body, ſides and bones to powder, then take of this powder ℥3 at a time in Broath, or any other way at pleaſure morning and evening till he be well.

151. *Fever to prevent, or all other diſeaſes by this cooling Cordiall.*

TAke Lycorice mundified ℥j ℥ß, Carroway ſeed, and Cardimomum ana di. ℥ß, Hyſop, and Carduus Benedictus ana di. M. of ℈Galingale ij ℥ß, bruiſe your drugs, and binde your hearbs in a bundle, boyl them all in a gallon of water cloſe covered, till one pinte be conſumed, then let it ſo ſtand till you ſtrainit ſix hours; then let the Lycorice and Cardimomum remain ſtill in your ſtrained drink; take thereof morning and evening at your pleaſure, this worketh mervailouſly in preſerving ſtrength.

152. *Flux of blood to ſtop and cure.*

TAke the round moſſie Bur that groweth on the Bryar that is the wilde Roſe, dry it, and powder it, drink thereof in red or Claret wine morning, and evening firſt and laſt.

153. *Flux or Womens Menſtrous to force or bring.*

TAke Germander, Mugwort, Pennyryall, Balm, Hyſop, and Mallowes ana j M. Rew, Sage, Wormwood, Soothernwood, and Marjoram ana di. M. Saffron j d. Caſtor j ʒ thin ſliced, Enula Campana, and Cinnamon ana j ʒ powdred, boyl all theſe in a pottle of water to the conſumption of a quart, then ſtrain it hard, and put thereto white Wine one pinte, drink thereof firſt and laſt morning and evening.

154. *Bloudy Flux to ſtay, eſpecially of Women.*

MAke a paire of Beads of the Sea-horſetooth, and wear them on both your wriſts, let no young women wear them but twenty four hours, for fear of further danger.

### 155. *Flux of Bloud, or Gonorrhea Pills to ſtay it.*

TAke Marmaled of Quinces ij ʒ, Coral, Cinnamon, Amber, Shepherds purſe, Alchenet, Acatia, ana ij ʒ powdred and ſearſed; mix them together to a *Maſſe* for Pils, take four of theſe Pils morning and evening firſt and laſt.

### 156. *Fiſtula, the whole cure.*

FIrſt purge the humour offending, then take the Soles of old Shooes dried, burn them on a clean hearth with Oaken wood to a bright coal, then lay it where it may conſume to Aſhes alone, then adde to the weight of the Aſhes ſo much green Copperas fine powdred, as the Aſhes of the Sole weigheth, and half ſo much weight of the powder of burned Allom as the Copperas weigheth, and half ſo much of the powder of golden Seacoal as of the burned Allom, then grinde all theſe together on a Painters Stone, or in

a Morter to fine ſubtle powder, ſo put it cloſe up till you uſe it either for Fiſtula or old Sore: when you are to uſe it, take the Cream of the morning Milk of one Cow, ſet it by it ſelf all night and one day, the next caſt away the greniſh water in the bottom of that Cream, then lay a ſpoonfull of the Cream on a Trencher, then mix ſo much of the powder therewith, as will make the Cream black and thick; then make your Tents of an inch long and no longer, if the Fiſtula be never ſo deep, and roll the Tents well in the Medicine, and Tent the Fiſtula therewith two times a day, and it will work out in ſmall puſhes, wheals from the bottom, cover the Sore with a red Colewort leaf, when it is well digeſted, heal it up with plaiſters fit for it.

### 137. *A vulnerary Potion for the Fiſtula.*

BOyl a quart of Spring-water, Cloves bruiſed, Pimpernell, Egrimony, red Colewort, Valerian, Mouſeare, Doves-foot and wild Tanzie ana j M. waſhed and chopped, boyl all in

a Pipkin close covered till halfe be wasted, then put to it two spoonfuls of Honey, and one quart of white Wine, then let it boyl two walms, and strain it hard forth, keep it in a close Viall, drink it morning fasting, at three in the afternoon, and last to bed; in Summer cold, and Winter hot, untill the Potion cometh out of the Orifice of the Fistula, which must be ever kept open with a Gentian tent.

158. *Fistula or Cankers, the Plaister to cure.*

TAke Letharge of gold j ℔, oyl of Roses ij ℔, white Wine Vinegar, and old Urin ana di. ℔, boyl it till the Urin and Vinegar be consumed, adde thereto in the boyling Wax ij ℥, Frankincense j ℥, mix it, and it cureth.

159. *Fistula, a Lotion to wash, or Seringe, that cureth.*

TAke Bole armoniack iiij ℥, Camphire j ℥, white Vitrioll iiij ℥, all powdred, boyl the Copperas and Camphire

phire in a cloſe ſtoped Pipkin till they be melted, ſtill ſtirring them till they grow hard, then powder them and the Bole armoniack, together very fine, then put the powders up in a ſtrong bladder, when you uſe it, take a pottle of running water, put it to the fire till it begin to boyl, then take it from the fire, and put therein three ſpoonfuls of the powder, as much as you can heap and preſſe on, put all in a double Viall, ſhaking it twice every day for fourteen days before you uſe it, let it ſtand and ſettle very cleer, and apply it as hot as the Patient can ſuffer it: if it be for a Sore, wet a double cloth four times double, and apply it: if for a Fiſtula, uſe the Siringe, dreſſe it morning and evening till it be well. This cureth old Sores, Fiſtulaes, Puſtuls, Cankers, Scabs in the Head or Body, green Wounds: if you will have it ſtronger, put unto it burnt Allom j ℥ powdred.

160. *Fiſtula in the corner of the Eye, or elſewhere.*

TAke Hempſeed, Southernwood, Fennell, Parſley, Strawberry leaves and ſtrings, Ribwort, Tanzie, Smallage, Garden madder, red Colewort leaves, ana ℥ j M. Nutmegs powdered j ℥ß boyl all theſe in three pintes of water, then ſtrain it, adde thereto Honey four ſpoonfuls, therewith bathe the Fiſtula thrice a day, at every dreſſing let the Patient drink of this potion four ſpoonfuls warm; if the Fiſtula be deep uſe a Seringe, and wet a red Coleleaf and lay thereon, you need not tent it; let the Patient ſometime with his Potion drink Treacle diateſſeron j ℥ß, in a morning in his bed very hot, and ſweat two hours after it. If humours flow much, purge once in ten days. Alſo keep the Orifice open with Gentian tents that it cloſe not; Alſo after that, make Tents of Linnen, waſhed in Buck and not in Sope, ſcrape lint of them for tents, wet them in faſting ſpittle, then let them dry, and dip them

them in the Creams and powder before set down.

### 161. *Fistula, or Sore-mouth, a Lotion.*

TAke Guaiacū iv℥, Plantaine, small Cranes bill, Comfry, Knotgrasse, Shepheards purse, Woodbine, and Briar-leaves ana j M, boyl all these in three pintes of Smiths water till half be consumed, strain it in the liquor, and mix it well, keep it to your use, if you will have it stronger, put thereto as much burned Allom as two Nutmegs, use it alwayes warm.

### 162. *Face heat, the cure.*

FIrst purge with Pillulæ aggregativæ j ʒ, then take Camphire j ʒ, prepared Cinnamon ij ʒ, Brimstone, Ceruse, and Mastick ana ij ℈, all fine powdred, and wrought up with oyl of white Roses to a Cerote, anoint your face with a big Pill made thereof as big as a Chesnut, ten nights together to bedward, in the morning wipe it hard with a dry linnen cloth, but wash it not

not all the ten dayes, then wash it four mornings together with juyce of Lemmons and butter-milk, the Lemmons sliced therein.

2 Also if you quilt bay-salt fine powdred in a pair of linnen Socks, and wear it under your feet, it helpeth much Abstain from salt meats, Spices, meat brown rosted or fryed, Wine, strong drink, Onions, Garlick, or Mustard, use in your Broths Purslain, Sorrell, and Violets, and all other coole herbs.

3 Or take a quart of sweet Cream, small Ferne roots ℥M. cleansed and bruised very small, boyl them in the Cream till it come to a Salve, anoint the face.

163. *Face to cleanse, a water that taketh away all Deformity.*

TAke Pippins pared and cored, then sliced, Lemmons thin sliced, then take pure Manchet, and crum it fine, put it in new Milk, withal the other, and ℥ß of Camphire thin shred, then distill all these in balneo; use this Water as you need it.

164. *Face*

### 164. *Face Moles to take away.*

TAke the meal of Fengreeke, Honey and Water-creſſes ana p. æq. ſtampt, and incorporate them together, make a plaiſter thereof, apply it to the Mole.

### 165. *Falling Sickneſſe, the cure.*

TAke powder of the Miſtletoe of the Oak, ſingle Piony roots, the powder of mans ſcull dryed hard in the fire ana j ʒ, Balm ij ʒ, Sage flowers, Roſemary flowers, Marigold flowers ana ij ℈ flowers of the Line tree, Lillies of the Valley ana iij ʒ, powder all theſe, and ſearce them, take iv ʒ of this powder in the warm Julip following every morning faſting: Take Cowſlip water diſtilled j ℔, ſyrup of Cowſlip iv ℥ mixed together to the likeneſſe of a Jelly. Alſo take this ſyrup once a day as occaſion ſerveth, roots of Piony, Miſtleto of the Oak ana iv ʒ, Cinnamon vj ʒ, Marigold flowers, Lilly of the Vally, and Lavender flowers ana M. red

Roſe

Roſe leaves ij M. all groſſe bruiſed, and put in a veſſell with a narrow mouth, put thereto ſo much Aquavitæ as will cover them foure fingers over, then ſtop it cloſe, and put it in a balneo for four dayes, till it be red in colour, then ſtrain it thorough an Hipocras bag, then put to it Sugarcandy powdred di. ℔, mix it well together, then put fire to it in the pot as you burn Sack, and ſo let it burn to a ſyrup, then put out the fire, ſo take it: if he have any grief in the Head, let him wear a Cap as followeth.

Take Marjoram, Betony, Balm, Roſemary, Stœchados ana di. M. red Roſe leaves, the rinde of Citron ana iij ʒ, Cloves, Mace, Nutmegs, Cubebs, flowers of Line tree ana iv ʒ, all groſſe powdred, and quilted with Cotton bombaſſe, covered with Taffaty or Holland, make it in form of a Cap, and wear it on your Head.

### 166. *Face heat by humours flowing.*

TAke Sorrell, Succory, Dandelion, and Sowthiſtle ana ij M. the buds of young hops, Parſley-roots ana vj, Fennell-roots iij ſliced and pithed, and boyled in three gallons of Alewort, put Yeſt to it, and drink it at four dayes old, drink no other drink while it laſteth.

### 167. *Face very red pimpled, and Sans phlegm to cure.*

POwder the liver of a Hare being well dried, drink of that powder in your uſuall drink, but better in an Allom poſſet-ale, ſo much as will lye on a nine pence firſt and laſt, morning and evening. *Probatum eſt*, by a a Gentlewoman much grieved with this infirmity, and cured herewith.

### 168. *Flux to ſtop.*

1 MAke an Allom poſſet, boyled in milk, drink it firſt and laſt, it cures.

2 Or make a Cake of Wheat-flower, with the juyce of Plantaine and Comfry, with a little Alkanet, bake it hard, ſop it in good red Wine, with powder of Cinnamon, eat the Sops, and drink the Wine, it cureth.

### 169. *Tents to make for Fiſtulas.*

1 MIx the powder of green Copperas, and Bean meal ana p. æq. confect them together with hard ſcraped French Sope in a Morter; Tent therewith, it will bring forth broken bones.

2 Or the powder of Euphorbium and Maſtick ana mixed, p. æq. boyl them in white Sope, when it cooleth make tents thereof, it conſumeth all moiſture.

170. *Fleſh to fret or eat away.*

THe powder of Euphorbium will fret away fleſh laid thereto in ſmall quantity.

171. *For Fractures or Bruiſes a Sear-cloth.*

TAke Roſine and Wax ana iv ℥, Peroſen ij ℥, oyl iiij ℥, melt them hot together, and adde thereto the fine ſearced powder of Cummin, mix them well together, then hot dip your Searcloth therein.

172. *A ſtrong Powder for Fiſtula or old Sores, apply it with Tents or otherwiſe.*

TAke Auripigmentum, Verdigreaſe, gals, Salt Gem, Salt Armoniack, Harts-horn burn'd and powdred, the bones of a Hare burn'd, Mans dung burn'd, Egſhels, Oyſterſhels, Muſcleſhels, all burn'd, Sanguis draconis, Tartar, Letharge of gold, the ſhels of a water Crab burn'd, unſlaked Lime, Pepper white and black,

black, Ginger, Frankincenſe, Glaſſe, Maſtick, and an old Shooe all burn'd and fine powder ana p. æ. then adde thereto the powder of burnt Allom, as much as of all the reſt in weight, mix all well together, and apply it as before.

### 173 *Fire-wilde, or St. Anthonies fire.*

Take the Lees of Claret or white Wine and the dreggs of Vinegar, the whites and yolks of Eggs well brayed and mixed together, and lay it to the grief.

### 174. *Fiſtula's, or foul Ulcers a Lotion.*

BOyle one quart of Spring water, Roſemary, Sage, Daiſyes, Dovefoot, wilde Tanſie, Egrimony, and Plantain ana j M, bruiſed Allom as much as a Walnut, white wine Vinegar ten ſpoonfuls, Engliſh honey 4 ſpoonfuls, then ſtrain it hard, and put to the liquor ſo much powder of burn'd Vitrioll as will colour it like bloud, uſe this with Seringe or Lotion.

### 175. *For the Fistula, a Potion used by the Ancients.*

TAke Barly mundified, and the leaves of Celandine ana j ℥, Centory, Egrimony, and Plantaine ana ij ℥, Aristolochia longa iiij ʒ, the leaves of Olive, and Dropwort ana ij ℥, cut them all, then pound them, and boyl them in white Wine with Sugar, drink a draught of this Decoction every morning fasting one hour after.

### 176. *Falling sickneſſe the cure.*

TAke the Bloud, Livers and Hearts of Moles dried and powdred, give j ʒ of this Powder in Piony-water in the morning, faſt two hours after, uſe it ſix mornings.

### 177. *Fiſtula, a Tent.*

MIx the powder of Hermodactyls with French Sope, make a Tent.

178. *Fleſh*

178. *Fleſh dead, to fret away.*

LAy the powder of Hermodactyls on the Sore, it will cleanſe it.

179. *The beſt Potion in the world to cure the Fiſtula.*

TAke twelve Cloves bruiſed, Pimpernell, Egrimony, Valerian, red Colewort, Mouſ-eare, wild Tanſie, Dovefoot, Strawberries, Plantaine, red Madder, and ſharp Dock ana j M, bruiſe all theſe in a ſtone Morter, boyl them in two quarts of Spring-water ſufficiently, then ſtrain it hard out, put the liquor to the fire again, adde thereto one quart of white Wine, honey vj℥, let the Patient drink thereof morning and evening firſt and laſt for fourteen dayes; this drink is of an incredible efficacy, for it cleareth all corruption from the Fiſtula in thirteen dayes, and broken bones. If the Patient vomit up this Potion three dayes together at the firſt taking thereof, his Cure is to be doubted, if he vomit not,

no doubt of his health, in drinking thereof, put Ginger thereto to allay the winde of the hearbs.

### 180. *For a Thruſh in a ſucking Childes mouth, or any ſore.*

MAke a hole in the crown of a new laid Egge, and take out all the meat, fill the ſhell with Honey and burned Allom mixed, let it boyl on the fire, ſtill ſtirring it with a Bodkin, then take it out and dreſſe the Sore.

### 181. *Foul feſtred Sores and Cankers.*

TAke Inke, Auripigmentum, quick Brimſtone, Salt Gemmæ, diſſolve them all in Vinegar, and put them in an unglaſed Pipkin, and cloſe it well that the ſume goe not forth, and burn it therein till all come to aſhes, then powder it, and waſh the powder in Vinegar, or infuſe it in Vinegar that is warm, and put thereof preſently on the Sore, as ſoon as it is quenched in the Vinegar; then lay this oyntment follow-

ollowing thereon, *viz.* red Lead, the at of a Goat, filings of Copper, mix hem, and make an Unguent thereof.

182. *For fretting Sores, a Cure.*

TAke Oyl of Radiſh roots p.æq. and Salt, bray them together, and laiſter them on.

183. *Fleſh ſuperfluous in Wounds, or proud fleſh.*

Lay on the fleſh the powder of Aſſa fætida, it taketh it away; the aſhes f burnt Wooll doth the ſame. Alſo he powder of white Calamint or cordium will conſume the proud eſh and kill the Wormes.

184. *Face to clear from pimples.*

STill of Plantain, a ſufficient quantity for the ſtill, then ſprinkle it well ith white wine Vinegar, and when it diſtilled waſh the Face with the wa-r, for fifteen mornings, and evenings gether, and in that ſpace, the pimples

will vaniſh, and once in three dayes drink a draught of Vinegar faſting.

### 185. *For pimples in the Face.*

TAke one ounce and a halfe of Cinnamon beaten into very fine powder, of brimſtone finely powdred two Dragmes, of Capons greeſe as much, of good white Wine half a pinte, boyl all theſe till it come up into a very thick oyntment, and uſe it at night when the party goeth to bed.

### 186. *Gout, a Medicine.*

TAke Mutton-ſewet untryed ij ℔, the Kidnies j ℔ di. ℔, greene Bay-leaves, Wormewood, and Rew ana j ℔, red Sage and Mercury ana j M; let the Hearbs be all green gathered in the midſt of May, and beat in a ſtone Morter by little at once, as you may well, beat them ſmall like Greenſawce then boyl them in a cloſe Pipkin half an hour ſoftlly; adde thereto Sallet oyl one quart; let it boyl one walm whe

when it is neer cold ſtrain it hard, and put it in Gally-pots; and with this anoint the Gout cold, without heating it, then lay on this Searcloth following, *viz.* Peroſine di. ℔, virgin Wax ij ʒ, melt them on the fire in a Pipkin, adde thereto oyl of Roſes and red Roſe leaves powdred ana ij ʒ, boyl them all one walme; make your Searcloth, lay it on the Grief three days without removing.

### 187. *Gout, a ſpeciall Medicine.*

1 TAke ſo many Raiſins of the Sunne ſtoned as will make a Plaiſter for the Grief, pound them like Morter, then plaiſter them there; if the grief be extream, mix ſome Opium therewith, it will eaſe the pain.

2 *Item*, anoint the grief with the oyl of Wax, it eaſeth much.

3 *Item*, the Gall of an Oxe and Aquavitæ ana, as much oyl of Exeter as all the other mixed together, and anoint the place therewith warm, and wet a double cloth therein, and apply it thereto.

188. *Gonorrhœa, a Pill that cureth.*

TAke Bolearmoniack, Turpentine waſhed in Plantaine water, Maſtick, Borax, dried Eggeſhels ana ij ʒ, Anniſeeds, Dragons bloud, red Corall ana ij ʒ, all pulveriſed and ſearced, then compound them to a Maſs for Pils, give thereof morning and evening firſt and laſt two Pils, drink of red Wine or Alegant.

189. *Gonorrhœa, or Womens Whites.*

TAke the powders of Sanguis draconis, Corall, Creſſes ſeeds, Alchenet, Acorn cups, Terra ſigillata, and Venice Turpentine, all powdred ana iij ʒ, confect them up with Treacle and Conſerve of red Roſes to a conſiſtance; take thereof firſt and laſt morning and evening one or two drams till you be well.

190. *Go-*

190. *Gonorrhœa, a Julip to ſtrengthen the back.*

TAke Capdates 12, ſmall Nuts five pintes, ſtamp the kernels by themſelves and the ſhels by themſelves, take Brock-lime, Nep, Clare, Daſies, Dandelion, and Plantaine ana j M. the pith of an Oxe back, the pizle and ſtones of a young Ram, ſlit them and make them clean, and boyl them in five quarts of Alegant to the conſumption of halfe; make it fit for your taſte with Sugar, ſtrain it, and drink thereof firſt and laſt.

191. *Gonorrhœa, Pils to cure.*

TAke pearl and Comfrey roots dryed and powdred, Corall, Amber ana iiij ʒ, Bolearmoniack, bark of Guiacum, Terra ſigillata, Terra Lemnia ana iij ʒ, make them up to a Maſſe for Pils with Venice Turpentine waſhed in Plantaine water; take of this ſeaven Pils, as ſmall as Cherry-ſtones firſt and laſt morning

and evening, fast three houres after in the morning.

192. *Green-sickness, the cure.*

1 TAke clarified Honey one pinte, Rew, red Sage ana j M, stamp them, and strain out the juyces, mix them with the Honey, stirre them all together, then boyl them one walme, put to them a little powder of Pepper; drink every morning hereof one spoonfull di. warm, and fast two hours after, and last at night the like. In the day eat Raisins of the Sunne, and use some exercise during the Cure; eat twice every day Pottage made of Water-Cresses and Brocklime.

2 Sometimes use this Almond milk, take Succory, Egrimony, Carduus, French Woormwood, and yellow Dock-roots ana, boyl them in fair Water, then blanch bitter Almonds, take their milk and mix all together; this Decoction drunk in the morning fasting cureth.

3 *Item*, Six bitter Almonds eaten in

a

a morning for one week, and faſt one hour after, is good.

4 *Item*, Your Ale muſt be reaſonable in the Wort, whereof muſt be boyled Egrimony, garden Wormwood, Coſtmary, Succory, and yellow Dock-roots.

193. *Green ſickneſſe, or any other grief, an Ale to drink in the Spring.*

TAke Senna vj ℥, Wormwood and Balme ana ij M, Anniſeed and Fennell ſeed ana iij ℥, the juyce of Scurvygraſſe iij pintes, water-creſſes, and Broke lime ana j pinte, let theſe be bruiſed and put in a thin linnen bagge, with a ſtone to ſink it into four Gallons of new Ale out of the Tun, ſo let it all worke till it be four days old, then drink thereof in the morning faſting di. pinte, if it purge not three or four Stooles a day, then drink as much at night; uſe it till you be well.

194. *Gonorrhœa, or Fluxes of Bloud whatſoever, and Womens Whites.*

TAke of the four cold ſeeds huſked, the ſeeds of white Poppy, of Mallowes, Quinces, Purſlane and Mirtils, Pine kernels, Gum Arabick, Gum Dragant, white Sugarcandy, Lycorice mundified, Penides, French barly, Pſilium, ſweet Almonds, ana iiij ʒ, fine Bole, red Roſes, Sanguis Draconis, Spodii, Myrrhe, ana j ʒ, mix all theſe being fine ſearced with ſo much Hydromell as will make it a Maſſe for Trochiſces make them all of the weight of di. ʒ a piece; when you uſe any of theſe, diſſolve one of them in ſix ſpoonfuls of very hot milk; if they grow ſo hard that they will not diſſolve, then grate or beat them in fine powder, and put them in the milk; drink or eat this Doſe firſt and laſt, it cures in five or ſix dayes: often proved, the body being before duly prepared.

195. *Glyſters*

195. *Glyſters to looſe and faſten.*

BOyl a Sheeps head with the leaves of Hollyhocks, Mallowes, and Mercury, ana j M, the ſeeds of Fennell and Parſly bruiſed, the roots of both pithed, Linſeed, all the ſeeds powdred, put in ſome Butter or Oyl, then ſtrain out 10 ℥ thereof, mix therewith Diaphenicon ij ℥; or of Diacatholicon ij ℥, as the diſeaſe requireth, miniſter it no warmer then you may abide the bladder on your cheek.

196. *Glyſter for the winde Colick.*

TAke Malmſey one pinte, boyl therein the ſeeds of Parſly and Fennell bruiſed ana iij ℥; mother of Thyme, Penyriall, let them boyl a good while, then put thereto Ginger, Cummin, and Enula Campana all bruiſed ana j ℥, Sugar, Oyl *quod ſufficit* for Glyſter.

197. *Co.l*

197. *Gout pain to eaſe quickly on warrantize.*

STamp red Archangell in a Morter with Vinegar, and binde it to the place grieved, it will preſently eaſe, if it do not, mix a little Opium therewith, it fails not.

198. *A Gargariſm to waſh and cleanſe a ſore mouth.*

TAke plantain burn'd, Strawbury-leaves and Knotgraſſe ana j M. Sorrell, and Sage ana j M. red Roſe leaves j M. di. mix therewith long-Pepper, Pellitory of Spain ana j ℥ ℈ ij, boyl them in a pottle of water to the conſumption of half, then ſtrain it, put thereto honey of Roſes j ℥ di. and Oxymel Squilliticum; ſo it is made.

199. *Another good one.*

TAke Hiera picra ſimplex iiij ℥, Oxymell Squilliticum ij ℥, the diſtilled waters of Hyſſope, Betony, and Orga-

Organy j ℥ ß di. mix them, and make your Gargariſme, miniſter it warm to draw humours; but when you will ſtop them, uſe cold things in your mouth as Vinegar or Fountain water.

200. *For the Gout, my Lord Dennyes medicine.*

TAk Burdoches leaves and ſtalkes, cut them, ſtamp, and ſtraine them well, and cleanſe them, when you have done ſo put them into a glaſſe, and put oyl on the top of it; and keep it cloſe ſtopt from the aire; when you would uſe it for the Gout, powre it into a porrenger, and warm it, and wet clothes in it, and lay it on the grieved place, warming one cloth after another, as it groweth cold.

201. *Another very good.*

SPread Ale yeaſt upon brown paper, and let it lie upon the grieved place, once in twelve houres.

Warme the pickle of Olives, and put your feet in it.

My

My Lords medicine for the Gout, is to be taken after the Moon is changed three days, which is called the prime; in thoſe times take nothing, but the next dayes following begin and take it ſix dayes together, then take it ſix dayes, twice a day before the full of the Moon.

202. *Head ache of Rhewme, the cure.*

TAke one Nutmeg, Cubebs, Piony ſeed, Setwell roots, Marjoram, Angelica roots ana ij ʒ, dry all theſe, and powder them fine, and make them up with Honey to a Maſſe for Pills, whereof take every morning five ſmall ones.

*Item*, Fry freſh Engliſh Hops in Muſcadine, and bind them as a Poultis very warm to the Nape of the Neck, renew it as occaſion ſerveth; this helpeth.

*Item*, Oyl of Cloves to anoynt the temple, is very good.

*Item*, Two plaiſters of Flos unguentorum laid to the temples like Maſtick plaiſters, and on the nape of the Neck, helpeth.

203. *Head beating or noyſe, to purge away by the noſe.*

PUt the juyce of Beets, Betony, Dazie roots, ground Ivy, or any of them put in a Sawcer, and with a quill ſnuffed in the Noſtrill, let your mouth be full of warm water, every time you doe it, then drop two drops of oyl of Amber into your ears, be eating ſome Cruſt in your mouth when you do it, it will enter the better.

204. *Head ache, the cure.*

TAke oyl of Roſes, and oyle of Camomile ana ij ʒ, wax ij ʒ, Roſe Vinegar ſix drops, diſſolve them on the fire, when it is cold anoint the temples therewith.

*Item*, If the pain be hot, adde thereto oyl of Violets, white Poppy, unguentum populeum ana ij ʒ, and ij ʒ of Camphire mixed.

205. *Head, a Gargariſm.*

TAke Betony j M. Vinegar j pinte, a little Cinnamon, as much Staveſacre, both brui ſed, boyl them together to the conſumption of half, Gargarize with one ſpoonfull thereof, but if the pain come from the ſtomach, boyle the aforeſaid ſimples in good Gaſcoin Wine, and drink it with Cinnamon.

Or take Frankincenſe, Pigeons dung, Wheat flower, ana j ℥; temper them with the white of an Egge; and binde it to the aking place.

206. *Humours from any place be ſetled.*

TAke Bullocks Lights, and parboyl them, and then very hot ſlit them, and lay them to the place grieved, it will draw it away.

207. *Hair*

207. *Hair to bring again.*

TAke Bulls Tallow, Honey, and Oyle of Tartar ana j ℥, boyl them together, anoint the bald place therewith.

208. *Hair to cauſe to fall or take away.*

TAke bloud-ſuckers burn'd to Aſhes, mix the aſhes with ſtrong Vinegar, waſh any hairy place therewith, it will fall away.

Or the bloud of a Bat ſuffereth no hair to grow.

209. *For all diſeaſes in head, as Megrom, Impoſtume, Dropſie, Fevers, Headache, and corrupt ſtomach.*

TAke the roots of Pellitory of Spain, Spikenard, ana iiij ℥ powdred, Vinegar and Muſter mixed with the powders well together, keep it in a cloſe Gally-pot, hold halfe a ſpoonfull thereof in the mouth a good while, and ſpit from him the rheum in a Baſon

as

as often as he needeth, or for ſix dayes, then take this powder for four dayes.

Take Galingale j ʒ, Nutmeg iij ʒ, Cloves and Cinnamon ana ij ʒ, Lycorice iiij ʒ, Sugar ij ʒ all powdred, take thereof firſt and laſt in good liquor, the Doſe is half a ſpoonfull.

### 210. *Hearing loſt, to renew again.*

TAke the Brine of Beef, the elder the better, boyl it well, ſcum it clean often, keep it in a glaſſe, take the cleareſt thereof, and wrap it warm to the ears deaf.

### 211. *Heat in the Body or Liver, a Julip.*

TAke pure French Barly ij M, boyl it in a pottle of water, put therein Raiſins of the Sun, and Prunes ana j ʒ, Fennell and Parſley roots cleanſed and pithed ana j ℥, Endive, Harts tongue, Liverwort, Sowthiſtle, Crops of Wormwood, Mercury, Mallowes ana iiij ʒ, boyl them well together in a cloſe pipkin, then ſtrain it out hard, put the liquor to the fire again, and put

to

to it red Sanders powdred j 3, Sugar to ſweeten it to a Julip what ſufficeth, adde to it Musk three grains, uſe the drink thereof warm.

*Item*, If you will have more cooling, adde thereto Violets, Lettice, Sorrell, Borage, and Clivers the like quantity.

212. *Dianthos, which helpeth all feebleneſſe of the Body, the Ptiſſicke, the grief of the Heart, and Liver, after long Sickneſſe.*

TAke Cloves, Galingale, Ginger Spike, Nutmegs ana ij 3, di. Carraway, Annis, Cardamonium ana ij 3, Liquorice, red Roſes, Violets, and Roſemary flowers ana iiij 3, Honey cleanſed, and Roſewater ſufficient. Let them be all fine ſearced, then mix it with the Honey and Roſewater, and ſimpred on the fire to a confection, the Doſe is iij 3.

213. *Head*

213. *Head Megrome or pain, the cure on warrandize.*

TAke gray Sope iiij ℥, bray therein the whites of two Egges, and put it in a Box; when you uſe it, ſpread it on a double cloth, and lay it to the forehead even to the Eares, and dreſſe it twice a day for five dayes together, you ſhall finde eaſe at the firſt two dreſſings.

214. *To cure any heat or Feaver, a Julip.*

TAke Roſewater, or Violet water, one pinte, Sugar di. lb. boyl them together by a ſoft fire, clariſie it with the white of an egge, colour it with red Sanders, ſo ſtrain it and uſe it.

215. *Humours to ſtay that floweth out, and will not be ſtayed.*

TAke the waters of Endive, Sorrell, Lettice and Vinegar, one pinte of each, boyl them together by a ſoft fire with ſufficient Sugar, drink thereof often.

216. *Hem-*

216. *Hemrods, a plaiſter to cure them.*

TAke Lovage, and Rew powdred ſmall, ana mixed with Honey, make a Plaiſter and apply it.

217. *Head paines very old to cure.*

TAke Gum Arabick, Myrrhe, Saffron, and Euforbium ana iij 3, bray them together with the white of an Egge well beaten, then applyed plaiſter-wiſe on the temples and forehead; this preſently cures.

218. *Hurts in the ſkull.*

TAke the juyce of Pimpernell, and wet therein pieces of Linnen cloth, and apply it oftentimes thereto, it will heal it quickly.

219. *Head Megrom, pain or winde.*

PUt a lump of the beſt Mithridate in your mouth, as big as a good Hazell-

Hazill-nut, there let it melt without champing, holding your breath as much as you can; as it melts receive it into your ſtomach; this will ventoſe at the ears, and preſently eaſe the Head.

220. *For the Head troubled with rheume.*

TAke of Pirethrum, Marjoram, Galingale, Ginger, Caraway, and broad Plantaine ſeed, prepared white muſtard ſeed, ana a like quantity, beat theſe groſſe together, and if the powder weigh above ij ℥, ſeeth it in a quart of water cloſe ſtopped, and when it hath ſodden well put a quart of ſtrong Wine to it, with j ℥ of cleere honey, then let it ſeeth again, till about two fingers bredth of the liquor be conſumed, then take it off, and herewith gargariſe your mouth.

221. *Afterwards make this potion following.*

TAke Ginger, long Pepper ana ℥ j, of Galingale ℈ j, of Cloves and Cubebs ana ℥ j ß, beat them together

gether into powder, and binde them in a linnen Cloth, and let them ſeeth well together in two quartes of Wine, ſtopt cloſe as aforeſaid, afterward let it ſtand covered untill it be ſetled and cleare, whereof uſe two or three ſpoonfulls at a time.

222. *For Heat.*

TAke a quart of good white Wine, or Rheniſh Wine, and three pintes of pure running water, brew them together, with crums of white bread then put to it the juyce of two Limons, let them ſtand infuſed 2 or 3 houres, the pill or rindes being firſt taken off from them, then ſqueeſe out their juyce, and brew the liquor with good ſtore of Sugarcandy finely powdered, and drink every morning a good draught of it, having firſt taken ſome Oculi cancrorum, and Harts-horne, finely powdered.

223. *To*

223. *To cure a ſore Head, or any old ſore.*

℞ a pinte of ſtrong ale, one ounce of Mace, boyle it till it come to the conſiſtance of a ſyrup, then put in a good peece of freſh butter, and boyl it again, then ſtrain it, and keepe it for your uſe.

224. *Jaundies yellow, a ſure and quick cure.*

1 TAke Plantaine water one pinte, Ivory powdred ij 3, Saffron ſo much as will make it yellow, boyl them all two walmes, then ſtrain : drink a pretty draught thereof warm firſt and laſt.

2 Or take the aſhes of a Vine burned, lay them thick on a boord four ſquare, divide them in nine equall parts, by making with a Knife three cuts one way, and three cuts another, then with the finger make a deep print in every one of them, then fill every hole, or print with the Patients own water, let it ſo ſtand nine dayes, adding thereto upon the Urin in every hole three

three ſhives of Saffron undried; if you make nine Cakes of the nine heaps with the Patients water, and bake them, and then lay the Saffron as aforeſaid on every one of them for nine dayes it cureth.

3 Or take Sheeps trickles new made, infuſe them in a pinte of Malmſey twenty four hours, and one whole Burroot ſcraped, then ſtrain it; and drink the Wine at three draughts three mornings one after another; keep a good Dyet; in the meane time refraine all Egges, freſh Beefe, Gooſe and Fiſh.

4 Or take Malmſey one pinte, Saffron, Honey one ſpoonfull, Broomflowers ſtamped ana j M. infuſe them in the Malmſey, adde the juyce of Celandine a pretty quantity j M. of great knotted Earth-wormes black or yellow ſtripped and waſhed, boyl all theſe one walme, then ſtrain it forth, and drink thereof firſt and laſt.

225. *Joynts nummed, or nummed Palſie.*

TAke red Sage and Hyſope ana p. æq. put them in two Linnen Bags in ſtrong Ale on a Chafingdiſh of coales in a Pewter-diſh, let them boyl then very hot, apply the Bags to the Grief one after another for half an hour at once; uſe it every day till the Grief be aſſwaged; after ſo dreſſing with the Bags anoint the Grief with the oyl of Earth-wormes, oyl of Peter, and oyle of Spike ana, then cover it warme with Furre till next day, ſo uſe it.

226. *Joynt ache, the cure.*

TAk Oxe-marrow and Sheepes-ſewet melted together ana j ℥, Aquavitæ ij ℥, oyl of Tiles and ſweet Almonds ana j ℥, all mixed together very warme, anoint the Grief therewith morning and evening till it be well; after anointing apply a good Searcloth thereto.

227. *A Bath for the grieved joints before dreſſing.*

TAke the inner barke of a young green Oak, red Sage, and Balm ana j M, boyl them all in ſtrong Ale with j M of Earth-worms mundified, let all boyl together two hours, bathe the joint therewith, warm ever before the other dreſſing.

228. *A Potion to drink during the cure.*

DRink firſt and laſt a good draught of warm Ale, Beer or Wine boyled with the roots of Comfrey, Knotgraſſe, Solomons ſeed, Balm, and Daſies ana j M. Once in the week, in the morning in his bed drink a good draught thereof very hot with j ʒ of Treacle Diateſſaron mixed therewith; cover him warm, let him ſweat two hours.

229. *Joint ache, the cure.*

1 MIngle Oxe-dung with Vinegar like a Poultis, apply it hot

thereto, it ſwageth pain and draweth out water.

2. *Item*, Oyl of Roſes and Aquavitæ ana mixed, and warm, anoint the Grief therewith, then lay a Linnen cloth wet in Vinegar in water ana mixed, and dried on very warm.

### 230. *Joint numneſſe and ache.*

A Linnen cloth wet in Dragon water, and applyed very warm firſt and laſt, helpeth.

*Item*, drink ſix ſpoonfuls of Dragon water with j 3 of Mithridate three mornings together, and ſweat every morning after it 2 hours; this cureth.

### 231. *Joint-numneſſe or ache, the cure.*

BOyl in Water and Vinegar ana, owne Creſſes, Betony, Mallow roots and white Willow leaves ana j M, till half be waſted; bathe the Grief therewith very hot by the fire half an hour, then bind the hearbs thereto very hot for four and twenty hours, ſo every twenty four hours bathe it, and dreſſe it till it be well. 232. *Joint*

232. *Joint ache, a Medicine.*

BOyl di. ℔, of Gooſe greaſe in a quart of Malmſey till it be black, and therewith anoint the Grief; if the pain remove follow it till it be well, then purge the humour offending.

*Item*, after the anointing apply the Plaiſter of Diachilum ſimplex thereto.

2 Or take di. ℔ of thin ſcraped Hartſhorne, boyl it in j ℔ of Linſeed-oyl, and a pottle of white Wine till the ſalve be black, and the Wine neer conſumed: then ſtrain it, and anoint it therewith warm.

3 Or cut Diachilon ſmall, and melt it with oyl of Roſes, Mallowes, oyl of Lillies and Camomile; boyl it to a Plaiſter; the firſt Plaiſter muſt lye on three dayes, the next two dayes, and the third one day; wipe the Plaiſter twice every day, warm it and lay it on.

4 Or take great ground Muſtardſeed iij ℥, Wine Vinegar one pinte, three ſpoonfuls of Aquavitæ; boyl them to a Plaiſter, put in the Aquavitæ laſt, let the other be in manner boyled firſt; apply

apply the Plaiſter hot to the Grief ſome three times, it cureth.

5 Beat a Sheepſhead, hornes, bones, wooll and all to pieces, boyl it with Mallowes ij M. and Balme ij M. in water till the bones fall out, bathe the lame member with it often till it be well.

233. *For ache or ſwelling in Joint or other parts.*

STamp the ſeed of Muſtard, Fenugreek, and Linſeed ana j℥, Figs twelve all together to a Pomace, then boyl them in oyl and Aquavitæ ana di. pinte to a plaiſter, uſe it hot to the grief ſome foure times.

234. *Joint ſwolne with winde and water, to draw it out.*

BOyl in a pint of ſtrong Beere di. ℔ of ſtrong black Sore, to the thickneſſe of a plaiſter, ſpread it on Leather and apply it, if it be too ſoft, put to it in the boyling ſome Rozin, ſtir them well together.

235. *Joint*

235. *Joint or Gout swolne to mollifie and ease.*

BOyl the seeds of Cummin, and Fenugreek ana j ℥, Raisins of the Sun stoned di.℔ all together in fresh Butter from the Churn in May, oyl of Rew, and oyl of Roses ana to a plaister, apply it hot.

*Item*, Rew, Wormwood, and Roses boyled in white Wine with Mutton sewet to a Poultis, and some Beane meal applyed hot, helpeth all swellings especially in the Cods.

*Item*, Strong Ale and good Sope boyled together to a thick Salve, spread on Leather and applyed hot, helpes all aches. Boyl in Malmsie, and Wine Vinegar ana, Deers and Goats dung ana powdred, to the hight of a plaister, lay it on very hot, renew it every 24. hours, till you be well, which will be in some four times.

*Item*, May Butter and Wax ana boyled together with a little Aquavitæ, dip double cloathes therein, and lay it to the grief very hot, it draws out the water and swages the swellings.

236. *A ſpeciall unguent for Aches, Sciatica, or any other pain.*

TAke Ox gall, Aquavitæ, Oyle, and the freſh young tops of Roſemary, let them ſimper on the fire, cloſe covered, till the Roſemary be very ſoft, then grinde them all together in a Morter to a Salve, anoint the grief therewithall by a good fire very hot, then cover it with the clothes dipped in Butter and Wax aforeſaid, and lap it up warme in fur or Cotton till the pain be gone.

237. *To help any ſhrunk Sinews, or Ache hard in them.*

MElt together Oyl of Roſes, iiij℥. Spermaceti j ℥, anoint the ſtiffe and lame ſinews therewith warm till it be well, twice a day, then plaiſter on the clothes wet in Butter, Wax and Aquavitæ.

238. *Impoſthume in the head to break and is good for headache and the hearing.*

BOyl in a quart of white Wine, Roſemary, with the flowers, Rice, Pennyroyall, Winter-ſavory, & Camomile-flowers j M. in a pot cloſe ſtopped, ſet a funnill on the top of the pot that all the vapour may goe into the Eare, be champing in your mouth a Cruſt all the while, it will goe into your head the better, uſe it four mornings together, ever new warming it, it will be well.

239. *Impoſtume outward to heale in any parts.*

TAke Hollyhocks roots cleane waſhed, boyl it in water, till it be tender, then powre out the water, then take Fenugreek and Linſeed bruiſed, boyl them in the ſame water till they rope like Bird-lime, then ſtampe the foreſaid roots and put it all well together to a plaiſter, and lay it to very hot, within nine dayes

(God willing) he will be well.

240. *Impoſtume to bring to matter or Suppuration.*

TAke the yolks of Eggs j℥, white Salt, powdred Hens dung liquid like Honey, mix them together, without fire lay the plaiſter on morning and evening warme, it will digeſt it, draw it forth, breake it, and heale it.

241. *Impoſtume in the body to deſtroy.*

WAſh Tanſy j M. Maiden-haire, flowers that grow in the Wheat j M. bruiſe them alone, take of either of their juyces one ſpoonfull, mix them with three ℥ of Camomile water diſtilled, drink thereof very early every morning a pretty draught warme; this purgeth the diſeaſe downward without pain, but in your ordinary broth eat of the powder of Maiden haire thrice every day.

*Item*, The roots of Scabious, di. ℔. ſtamped, adde thereto ſome powder of

of Corall, mix them well together, and drink thereof a draught in Camomile water, the Impoſtume will break and be ſpit forth.

242. *Impoſtume, an Attractive to draw it forth.*

TAke three great Onyons, two Lilly roots, Rye leaves j M. Mallow roots, then boyl all theſe in running water till they be ſoft, then ſtrain them from the liquor, and ſtamp them with Hogs-greaſe and black Sope ana j ℥, Fry them together till they be thick with a little Wheat-flower, make a poultis thereof, lay it to the Sore as hot as you can ſuffer it.

243. *Joint Ache, the cure.*

MAke a poſſet of Varges, or Vinegar and Milk, bate the joint very hot therewith, apply the Curd as a Poultis very hot all night, and after apply thereto double cloathes wet therein very hot till you be well.

244. *An Incarnative to cover a naked bone with fleſh.*

BOyl in Vinegar, oyl of Roſes and Ireos roots powdred, then ſtrain it and put thereto honey of Roſes, apply it to the grief, it will cover the bone.

245. *Hypocras to make at all times with Wine, Ale, or Beer.*

TAke Cinnamon vj ℥, Ginger ij ℥. Cloves, Nutmegs, ana j ℥. Mace, Calamus Aromaticus ana ij ℥, and ſlice the Calamus, then put them in a quart of Aquavitæ in a glaſſe of three pintes cloſe ſtopped with Wax 12. dayes, ſhake it every day, ſo keep it when you will uſe it to make Hypocras, take one pinte of what you will, make it ſweet with Sugar, then take two or three ſpoonfuls of your compound liquor to it, and mingle them well together, and drink it.

### 236. *Itch to kill.*

MOrtifie Quickſilver with faſting ſpittle in a Viall, mix it with ſo much Hogs greaſe as will make it blackiſh, therewith anoint the palms of the hands, and the ſoles of the feet till he be well, at night to bedward: in the morning waſh it with this water, *&c.* take Endive water and Vinegar ana, Roche Allom, powder of Enula Campane, boyl them together, waſh the itch or ſcurfe therewith; this will deſtroy it, and kill the fluxion of bloud.

### 247. *Inciſion by a bliſter to make.*

TAke Cantharides, Euphorbium, ana, p. æq. and black Sope mix it, and apply it.

*Item*, Crowfoot bruiſed doth the like. Alſo Garlick doth the ſame.

*Item*, The inner barke of a Walnut-tree doth raiſe bliſters, and being bruiſed and infuſed in Wine vinegar, it is ſtrong.

248. *Iſſues out of the body or members to ſtop.*

TAke the waters of Endive, Sorrell and Vinegar, ana, boyl them with Sugar to a Julip, and take it.

249. *Impoſtume in the head that runnes out at the ears.*

BOyl oyl Olive on a Chafingdiſh of coales, put thereto two Cloves of Garlick bruiſed, boyl it therein, then ſtrain it, and drop thereof warme into the eares, and ſtop them with black wooll.

250. *Inciſion to make, and take out the Coare.*

POwder Roſe Alger fine, mix it with Hogs-greaſe, and lay it on ſo broad as you would have the Core come forth.

251. *Impoſtumes to ripen and maturate.*

BOyl the roots of Mallows and Lillies in a *q. ſ.* of water, tender, ſtamp

ſtamp them with freſh Hogs-greaſe and meal of Linſeed therewith, and apply it hot.

252. *Joint ache benummed or ſwelling, an approved Bath.*

TAke one gallon of Lye made of Wood-aſhes, boyl therein Sage, Roſemary, Mallowes, Wormwood, Bay leaves, St. Johns wort ana j M. Annis and Cummin ſeeds bruiſed ana j ℥, Linſeed oyle di. pinte, bathe the ſame member therewith as hot as you can ſuffer it, till the Bath wax cold, uſe it till you be well.

253. *Jaundies black and yellow, the cure.*

TAke Earth-worms, waſh them in four or five waters very cleane, ſtrip them every time with your fingers all the earth out, then ſtampe them very ſmall, put ſtale Ale unto them, and ſtrain them hard out, and drink it with Saffron, it cureth at thrice taking.

### 254. *A fomentation for weak joints and tendons.*

TAke a pottle of the best red Wine, and put therein Camomile flowers, Melilot flowers, tops of Wormwood, Sage, Rosemary, and Dill, of each M j: boyl the hearbs to the consumption of a third part, and often foment the weake part therewith, and apply a warme stuppe of Cotton thereto, and roule it up very hard.

Apply this for a fortnight, and you shall finde ease by it.

### 255. *For joint and bone ache.*

POwne a pretty quantity of Goats dung, with oyle of Roses and Honey, then boyl them together, and apply it warme unto the grieved place, and with Gods blessing you will have ease.

256. *Kibes,*

### 256. *Kibes the cure.*

ROaſt a Turnip, cut it aſunder in the middle, lay the one half very hot to the grief, renew it till it be well.

*Item*, Make brine of Water and Salt, bathe the Kibe with the cleareſt thereof cold.

*Item*, Melt Galbanum, Gum Dragant, and Oxe tallow together, and apply it.

### 257. *Kidnies waſted, the cure.*

TAke and boyl round Plantain well in white Wine, then make a poſſet with the Wine, then take the powder of Elderberries dried in an Oven, that they touch not one another; take as much of it as will lie on a groat, and put it in a draught of the clear warm poſſet-ale; if the Kidnies be waſted, you may know, for the Patients urine will be thick and bloudy; drink thereof firſt and laſt, it cures.

258. *Kidnies ulcerated, and is approved good, to mollifie and cure them.*

TAke Hollyhockes and Mallow-roots ana j M. freſh Egges j℥, the Marrow of Veale bones, Butter and Ducks greaſe ana iiij ʒ, oyl of ſweet Almonds, and Camomile ana j ℥ di, Camomile and Balme flowers ana j ℥. Barly and wheat meal *quod ſufficit*, to make a plaiſter; compound all theſe together to pap; this you may do with all Impoſtumes, apply it to the Kidnies on the back, uſe it till you be well.

259. *Kibes or bloud-fals in the feet to cure.*

TAke Bay ſalt and a raw Turnip, ana in Water, ſtamp them together that your Salt be very ſmall; then make it up in a lump and lay it on a Pewter diſh whelming on the one ſide, put that diſh in another diſh to receive the liquor that runs from the Salt and the Turnip, and therewith anoint the Kibe or Bloudfall till it be well.

260. *Liver heat, the cure.*

TAke Liverwort, Mayden-hair, Harts tongue, Scabious, Strawberry leaves, ana ij M. Egrimony, and Hop-buds, ana di. M. boyl all these in a gallon of good Wort, to the consumption of one quart, then strain it, and put it to the fire again with the white of an Egge, and one spoonfull of pure Honey, let it boyl again, then with a spoon scum off the white of the Egge, and put in it some Sugarcandy; use to drink thereof every morning fasting till you be well.

261. *Liver distempered, a Plaister.*

TAke oyl of Roses ij ℥, Wax iij ℥, unguentum Populion di. ℥, melt them together on the fire well mixed, then take it off the fire, put it in a Morter, adde thereto red Sanders steeped in Rosewater one spoonfull, and Camphire prepared j ℥, worke all these well together with a Pestle till they be well mixed, when it is

is cold make a Plaiſter thereof and lay it on the right ſide againſt the Liver, uſe it till you be well.

### 262. *Linſeed-oyl to purifie or prepare for Medicine.*

TAke freſh Oyſter-ſhels wiped clean, and ſmall powdred, put that powder into the Oyl, it will draw out all the filth from the oyl to the bottome, then powre out the clear oyl from the corruption.

### 263. *Lapis Infernalis to make Inciſion or Iſſue, and Corrodates an Impoſtume.*

TAke unſlaked Lime, Vine, and Willow-aſhes, Argal burned, Salt Peter, Mercury Sublimate, Auripigmentum and Copperas ana, all fine powdered; then put them into a new red Pipkin, put thereto of the ſtrongeſt Sope-makers Lye as will cover them, ſo let it ſtand covered to infuſe for three dayes, then filter it cleare, or drain the Lye clean off, then boyl it in a Pipkin cloſe covered, and powre all the

ſub-

ſubſtance on a Boord to dry, then frame or cut your ſtones to the bigneſſe fit for your purpoſe: When you would eat a hole with one of them, make a fit hole in the midſt of a plaiſter right againſt the place you will open, lay your ſtone in the hole, and clap another plaiſter upon it to keep it on, till you have your iſſue or hole therein.

### 264. *Legges ſwolne, the cure.*

BOyl the juyce of Walwort, Wax, Vinegar, and Barley-meal to a Plaiſter, apply it hot, uſe it as you ſee cauſe.

### 265. *Livers Inflamation, a Julip, or a ptiſan for it.*

TAke three quarts of Spring water and husked Barley j M. boyl them together a good while, then put therein Violets, Lettice, Harts tongue, Liverwort, Sorrell and Borage ana j M. Raiſins of the Sunne ſtoned, Prunes ana ij ℥; when they be boyled well, put in ſome Sanders, ſtrain it and drink it warm. *Item,*

*Item*, The conserves of Barberries, Cherries, Prunes, or Roses, or any of them are good.

266. *Another to cool the Inflamation of the Liver.*

TAke Syrup of Vinegar, simple Endive water, Succory water, mix them together with Sugar, and drink it.

267. *Liver, all Griefs, the cure.*

TAke Endive water, Fumitory and Scabious waters ana j ℔, the syrups of Vinegar simple, of Fumitory and Violets, ana ij ℥, Succo rosarum, Confectio hamech, ana j ℥, mix it, and put them in a Vial, take thereof first and last at once j ℥, or more if need be.

268. *Liver and Milt oppilation, the cure.*

BOyl Smallage and Elder in Wine, and drink it often, it helpeth.

*Item*, the Potion taken warm with a few Radish seeds, causeth vomit also.

269. *Le-*

269. *Lethargie or Epilepſie, the cure.*

MAke an Electuary two parts of Lignum Aloes, and Caſſia ligna, and the third part of Euphorbium and Carduus, confect theſe with Honey, and give the patient j ʒ at once, in the morning, at two of the clock in the after-noon, and laſt at night in Balme water.

270. *Liver and Milt oppilation, the cure.*

BOyl Ivy and Hypericon in Wine, ana p. æq. and drink it often, it cureth.

271. *Lice and Scabs in Childrens heads, the cure.*

TAke red Sage, chop it ſmall, and boyl it in freſh butter, with ſome Pepper powdred; let it boyl together, then ſtrain it, and anoint their Heads therewith cold.

272. *Le-*

272. *Leproſie or Leper, the cure.*

TAke Mercury, Sothernwood, Origanum, Calamint, Rew, ana j M. the juyce of Beets iiij ℥, Annis, Fennell, and Cummin ſeed, and Rew ana j ℥, oyl of Bay ij ℥; make your Decoction, and therein diſſolve Hiera picra j ℥; make a Glyſter and miniſter it, and anoint the Belly with oyl of Rew. Then digeſt the matter with Oxymel Squilliticum, with the Decoction of Aſarabacca, and Valerian, putting thereto Diagalanga Diapenta ana iiij ℥, mix them all together.

273. *A Purgation for the matter digeſted.*

TAke Benedicta laxativa, Hiera picra ana ij ℥, Euphorbium, Spicknard, Maſtick ana two graines, make it up in Pils, let the Euphorbium be very groſſe beaten, and tempered a day and night in Vinegar, or juyce of Orenges, and oyl of ſweet Almonds.

274. *Lethargie, the cure, and first the unguent.*

TAke the juyce of Purſlaine, white Vinegar, oyl of Roſes, ana Wax *quod ſufficit*, to make an unguent, therewith anoint the hinder part of the head.

275. *A Glyſter for the ſame.*

DIſſolve in your common decoction for Glyſters Benedicta Laxativa ii ʒ, and uſe it as need requires, then rub the extream parts with ſalt-water and Vinegar, or with ſalt and Vinegar ſtrongly, uſe this every day for three days together, after that anoint the hinder part of the head with this following ointment.

276. *The Ointment.*

TAke the juyces of Smallage, Rew, and Caſtor fine powdred ana ij ʒ, Wax and oyl *quod ſufficit*, and continually ſmell to Aſſa fœtida and Galbanum.

Laſtly, uſe Ruptories which muſt be laid to the hinder part of the head, as followeth:

Take Muſtard, dry Figs ana j ℥, Cantharides j ʒ, incorporate theſe together with ſtrong Vinegar and apply it.

### 277. *Lungs Impoſtume, the cure.*

FIrſt, let bloud on the veine Baſilica, on the right arme, the next day open the ſame veine on the left arme, then uſe this following:

Take the ſyrups of Maydenhaire, and Endive ana di. ℔, of Succory, the foure cold ſeeds, ana j ℥, Licorice and Barly mundified, Rayſins ſtoned ana iiij ʒ, honey iiij ℥, Sugar j ℔, make your ſyrup according to Art, anoint the Patients breaſt with this unguent, *viz.*

Take Fennell ſeed bruiſed, Linſeed bruiſed, and leaves of March Mallowes, the leaves of Bearfoot, boyl them well together in water, then ſtamp them, adde thereto in the ſtamping Butter unſalted, and freſh Swines greaſe, make your

your Ointment, uſe a good diet, with bread and broaths, made with Barley or Oat-meale, and Almond milk, Chicken-broth, wherein the foure cold ſeeds be ſodden.

278. *For a Woman that hath a hard labour, and cannot eaſily be delivered.*

INfuſe a handfull of Pennyriall, with a little powder of a Mugwort roote dried, in a pinte of new Ale or white Wine the ſpace of two or three houres, then give it the party to drink; This alſo is very good to bring away the after birth.

279. *To cure one that is Livergrown.*

TAke Hartſtongue, Liverwort, Lungwort, Maiden haire, of each a good handfull, pick them clean, and waſh them, and put them into two gallons of new Ale, in a little Rundlet, and let ſtand a fortnight before you drink: The herbes muſt be groſſely bruiſed.

280. *Then make this Ointment.*

TAke the ſame herbes, waſh them, and pick them clean, and ſhread them, and take a pinte of Neatsfoot oyl, and halfe a pound of freſh Butter out of the churn, an ounce of Mace, boyl all theſe very well till it come into an Ointment, then ſtrain it, and anoint the ſide that is Livergrown, and all the belly, and ſtroke the ſide well with your hand before the fire, and take care the patient take no cold; put a warme double cloth over the ſide: and uſe this Ointment evening and morning, drinking the drink alſo evening and morning, and in the afternoon about foure of the clock, faſting an houre after it.

281. *To help obſtructions of Liver and Spleen eaſe coughing, and clenſe bloud.*

TAke of Lungwort, Liverwort Scabious, fumitory, Bugloſſ Violet and Strawberry leaves of ea a handfull, of great Rayſons havin the

their ſtones taken out a quarter of a pound, boyl them in three quarts of cleare running water, being all firſt picked and cleanſed, put thereto a good handfull of Scurvygraſſe well picked from droſſe and rotten leaves: putting thereunto of Lycorice ſcraped and ſliced a pennyworth, with a pennyworth of good clean Anniſeeds, 12. Figs ſliced in halfes, with an ounce and a half of Sugar candy, boyl this till the herbes be tender, then take the Decoction off the fire, ſtrain it and let it coole, and drink faſting, and about foure in the afternoon a pretty draught, whileſt it laſteth.

283. *Mad Dogs biting, the cure.*

TAke powder of Craiſiſh ſhells j 3, drink it in Dragon water with Mithridate j ℈, and apply to the ſore the ſame powder mixed with Garlick bruiſed.

284. *Meagrum in the head, Impoſtume, Feaver, and all Head-aches.*

TAke of the roots of Pellitory of Spaine j 3, Spicknard di. 3, beat them together, and boyl them in good Vinegar, then let them cool, put thereto Honey and Muſtard ana ſawcerfull, mix them well together, let the Patient put half a ſpoonfull thereof in his mouth, and hold it there a good while, then ſpet it forth, renew it ſo twelve times, when you goe to bed drink a little downe, uſe this three dayes, and you ſhall be well.

285. *Menſtruous to provoke.*

TAke ſo much of the powder of Ariſtolochia rotunda, Myrrhe and Savine mixed ana as will lie on a ſhilling in warme white Wine, add thereto one race of Ginger grated.

286. *Men*

286. *Menſtruous to ſtop the much-flowing.*

TAke the ſhels of a new laid Egge, the inner skin pilled off, boyl it in water one houre, then dry it and beat to fine powder, drink that powder at twice in red Wine warm, at every drinking goe to the neweſt Moale caſting, put away the earth with your foot, and ſit down and make water in the Moale hole, uſe this till you be well, during this cure let her eat Iſinglaſſe.

287. *Morphew, to cure.*

TAke the juyce of Orpins mixed with ſtrong Vinegar, and many times anoint the ſame.

288. *Morphew, a Lotion.*

TAke one ſpoonfull of Muſtard, Celandine, and wild Tanſie ana j M, ſtamp them till they be thick like green-ſauce, then powre to them ſtrong Wine Vinegar four ſpoon-

fuls, mix them well together, then ſtrain the liquor hard out, and therewith often bath the grief till it be well.

289. *Mother ſuffocation, the cure.*

TAke the leaſe of the great Burre, lay it on the crowne of the head, and lay upon that a hard roaſted Egge eruſhed thereon, bind them faſt od with with warm clothes, firſt ſhave the crown of the head.

*Item*, Take the powders of Hartshorne, Ivory, the haires of a Hares skin. the clawes of a Sheep or Goat burn'd to powder, take of theſe powders in your Broth.

290. *Mother, the paine in a Womans body.*

TAke Mother-wort, Germander, Hyſop, Diptany, Thyme, Violets, and Marigolds ana j M, boyl them in ordinary Ale, ſcum it clean when it is half ſodden, put to it di. pint of Baſtard, and ſtrain it, drink thereof warme morning and evening.

291. *Mau-*

291. *Maturative to bring an Impoſtume to ſuppuration.*

TAke the juyce of Smallage, honey, flower of Wheat, and yolks of Eggs mixed together, and apply it to the Impoſtume.

292. *Maturative, another.*

TAke juyce of Daſies, Plantaine, and Smallage ana, put thereto honey clarified, ſtir them on the fire together, and thick it with Wheat meale, when it is almoſt cold put to the yolks of three Eggs, mix them and lay it on with lint; this is alſo good for womens breaſt ſmolne.

293. *Milt oppilation, the cure.*

TAke the juyce of Docks with Storax liquid, and gum Armoniack, and Vinegar, infuſe them three dayes, then boyl them and ſtrain them, adde thereto Wax and Oyl, make a plaiſter thereof and apply it to the grief.

*Item,*

*Item*, Boyl the Dock in wine or water, drink it, it will cure.

294. *Morphew ſpots, or marks in the skinne, to cure preſently.*

TAke the flower of Brimſtone ℥j, infuſe it all night in ſtrong wine Vinegar ſix ſpoonfuls, mix them well together, therewith anoint the ſpots, or wet them well, and put linnen cloths double, and wet therein, and apply them till it be well.

295. *Mouth ſore, or ſore gums, and to faſten looſe teeth.*

TAke Roſemary, burnt Allom ana both powdred, a little white Salt, boyl them in water with Engliſh honey, therewith dreſſe the mouth.

296. *Mouth ſore, or any other part, a Lotion moſt excellent.*

TAke Celandine, red Sage, and Honeyſuckle leaves, and flower ana three handfuls, pure Engliſh honey one quart, Roche Allom j ℔ iiij ℥ ſmall beaten, graines of Paradiſe j ℥, groſſe beaten or bruiſed, boyl all theſe in one gallon of Spring-water in a cloſe covered Pipkin, from a gallon to a pottle, then ſtraine it, and put it up in Vials, it is good to Sunne it ſix days, this Lotion cured any ſore being waſhed therewith.

297. *Morphew or ſpots in the skinne or in any part.*

TAke oyl of Egges what quantity you pleaſe, temper them with a good quantity of Letharge of ſilver bruiſed, and anoint the ſpots therewith.

*Item*, The oyles of Juniper and bitter Almonds mixed, and anoint therewith.

*Item*,

*Item*, Take Hellebore ij ʒ, ſtamp it to pap, and mix therewith as much juyce of Egrimony, and a little Roſe-water, anoint therewith the ſpots.

*Item*, Camphire powdered with two bitter Almonds, then temper it with Roſe-water, anoint the place.

*Item*, In uſing any of theſe medicines, eat morne and even ſyrup of Fumitory, and purge with Confectio hamech.

*Item*, Let his drinke be morne and even Fumitory and Centory in Claret Wine, boyled with a little powder of Ivory.

298. *Againſt fittes of the Mother.* Dr. C.A.

℞ of the juyce of Briony roots, ſtrongly preſſed out, put it up into ſome fit veſſell, till it be well cleanſed, or ſettled, then throwing away the moyſture ſwimming on the top of it, let the maſſe remaining behind in the bottome of the veſſell, which is thick and white, be dryed up in the Sun; then

℞ of this juyce ſo prepared, and reduced into powder ʒ j ß, of Caſtor pow-

powdered one dragme, of Aſſa fetida ℈ ij, with as much ſyrup of Mugwort, as ſhall ſuffice, make up a maſſe for Pilles.

The Doſe is two ſcruples in Pills for one time.

199. *For Vlcers in the Mouth or Throat.* Dr. C. A.

℞ of Diamoron, and Honey of Roſes of each one ounce, of flowers of Braſſe ſubtilly powdered two ſcruples, mingle it up into a liniment.

300. *To make Manus Chriſti.*

TAke iiij ounces of pure refined Sugar, and put thereunto foure ſpoonfuls of Roſe water; boyl them together, to the hight of a Candy, then take it off the fire and put to 2 graines of Musk diſſolved, Pearle unboared finely powdered two dragmes, a little leafe gold after you have ſtirred the other well together, and formed them into little round plates, then put into every plate, a peete of the leafe gold cut out for it.

### 301. *Nerve Oyle to make for all Aches and Bruiſes.*

TAke Camomile, white Archangell, Plantaine, young Wormewood, Mints, Walnut-tree leaves, Sage, Violet leaves, Mallowes, Rew, Chickweed, Brocklime, Watercreſſes, Southernwood, Smallage, and yong Bay leaves, ana j M. Bruiſe them all in a Morter, then boyl them in a pinte of white Wine cloſe covered, till the Wine be neer waſted, then adde thereto Hogges-greaſe and Deer ſewet ana one ℔, Linſeed oyl and Neatsfoot oyl ana one pinte, Roſin powdred fix ℥, Galbanum prepared ij ℥, boyl all theſe on a ſoft fire cloſe covered, till the Unguent be green, then ſtrain it out, and preſently as it is hot mix therewith liquid Storax and oyl of Spick ana j ℥, mix it till it be cold.

*Item*, If it be for Beaſts, leave out the Storax and oyl of Spick, and in their ſtead put in their weight of Sope: you muſt make it in the midſt of May.

302. *Noli me tangere, to cure and cool.*

TAke Stubwort and ſtamp it, and temper it with honey, make a plaiſter of it, lay it cold on the Sore: within foure Plaiſters it will mortifie the grief.

303. *Neck Botches, or other place, the cure.*

TAke Dogs tongue, ſhred it, and ſtampe it ſmall, boyl it in Malmſie till it be thick, then mix therewith the Melilot plaiſter, and plaiſter it to the grief, it will diſſolve and heale it without breaking.

304. *Neck and Cheekes ſwolne the cure.*

TAke the fine powder of Cummin ſeed di. ℔, Figs cut ſmall, boyl them together in white Wine till it be thick, then mix therewith foure ſpoonfuls of Beane meale, make a Plaiſter thereof, lay it to the ſwelling, ſo continue till it be well.

305. *Noſe*

### 305. *Noſe Ulcers, to cure.*

TAke ſmall Hollyhock, Plantaine and Shepheards purſe their juyces ana j ℥, the white of two Egges, Camphire ſmall bruiſed iiij ℈, prepared Tutia, Broom ſeed, ana j ʒ, burned Allom, Coral, Amber, ana ij ℈, Starch j ℥ di. Bruiſe all theſe together in a Leaden Morter ſome hours together, uſe this four times every day till it be well.

Or take the juyces of Hazell leaves j ℥, and Bettony iiij ʒ mixed, and with a quill drawn up into the noſe divers times in the day, is likewiſe good.

*Item*, Let the patient purge with Pillulæ cochiæ, or Hieræ picræ, or ſuch like.

### 306. *Bleeding at the Noſe.*

A Deſperate bleeding at the Noſe was, by making up two Pills of Laudanum, each pill containing the weight of eight graine longwiſe, and then ſtopping each noſtrill, with

a

a ſevarall pill was in very ſhort time cured.

307. *For a Childes Navill going forth with weeping.*

TAke Wax as it cometh from the Honey, and when you have occaſion melt it in a ſaweer, and dip black wooll in it, and lay it to the Navill, then ſowe a twenty ſhilling peece of gold in a fine linnen Cloth, and keep it on the Childes Navill with a ſwathband.

308. *To cure á diſeaſe like to a Wart on the Noſe.*

TAke of Sulphur vivum one ounce, reduce it into very finall powder thorough a fine ſearce, then put thereunto a pinte of Roſewater, ſet it in a glaſſe cloſe ſtopped, in the ſun for the ſpace of forty dayes about the dogge days, and then in the end if a dragme of Camphire very finely powdered be put thereunto, the medicine will work much the better.

309. *Oyl*

309. *Oyle of Swallowes to make.*

TAke ten yong Swallowes, put them quick in a Morter, put to them Lavander, Cotton, Spike, Camomile, Knotgraſſe, Ribwort, Balme, Valerian, Roſemary tops, Woodbine tops, ſtrings of Vines, French Mallowes, tops of Alehow ſtrings, of Strawbreries, Tutian, Plautaine, Walnut leaves, tops of yong Bayes, Hyſop, Violet leaves and Sage, Romane Wormwood, ana j M. Camomile and red Roſes, ij M. of each, ſtamp all theſe together, put to it one quart of Neats foot oyl or May Butter, Cloves fine powdered j ℥, put all theſe in a new red Pipkin cloſe ſtopped and layd for nine days in a Cellar under ground, then boyl them in a Balneo ſix hours, adde thereto Wax di. ℔, and one pinte of Sallet oyl.

310. *Oyle of Saint Johns Wort to make of the beſt.*

TAke j ℔ of the flowers and leaves of St. Johns Wort, put them in a

a broad Viall with ſo much white Wine as will cover the Hearbs, ſet them in the Sun ten days, then put thereto Sallet oyl ij ℔, let them ſtand in the Sun other ten days, put thereto of Venice Turpentine iiij ℥, Saffron powdred j 3, Nutmegs, Cloves and elect Myrrhe ana iiij 3, Frankincēſe powdered j ℥, put them in a great bottle cloſe ſtopped, let them boyl in Balneo till no more vapours will aſcend into the head, which will be ſome 24 hours, then take it forth, and ſtrain it, while it is hot, put it in a glaſſe cloſe ſtopped, ſo it is made up: this Oyl muſt be uſed alwayes warm; Tent no wound therewith, but dreſſe them all with cloths wet therein and laid thereon, ſo it heales beſt and quicklieſt.

311. *Another Oyle of Saint Johns Wort for Aches and Bruiſes.*

TAke Sallet oyl one pinte in a Viall, put thereto of St. Johns Wort flowers beaten ij M. of the leaves or red Roſe buds, the white ends cut off, the flowers or tops

of

of Roſemary and Camomile flowers ana j M. ſet the Viall in the Sun till the Oyl be blood red, put thereto the powder of Alkanet iiij ʒ, ſo it is made.

312. *Oyl of Snayles for any Ache, to make.*

TAke in May black Snailes one pinte, put them in a great Oxe bladder with one pinte of Aquavitæ, and the ſubſtance of all the Oxe gall let run into the bladder to the reſt oyl of Peter ij ℥, oyl of Spick ij ℥, tie the bladder faſt, and put into another great bladder, and hang it up faſt tyed for twenty days, where no Rats nor Mice may come, then ſtraine it, and keep it to your uſe, put with it liquid ſtorax j ℥, it giveth a good ſmell, and is alſo good.

313. *Oynt-*

313. *Ointment to expell Wind pain in the Back, ſtone in the Kidnies, Sciatica, or any ache, anoint the pain in warme, being firſt rubbed with a dry cloth.*

TAke an Oxe Gall, ſlit it in the bottome, let it run out into a Pipkin, adde thereto Neatsfoot oyl j ℔, ground Ivy, Rew, Camomile and Thyme, ana j M, pound them in a Morter together, adde thereto Aquavitæ j ℥, boyl them all at a ſoft fire three quarters of an houre, ſtir it often in the boyling, then ſtrain it, and ſo it is made.

314. *Oyle of Egges to make.*

TAke the yolkes of thirty Egges, ſodden very hard, put away the whites, then put the yolkes in a Morter, beat them ſmall, then put them in a broad Pipkin, cover them with a round Trencher with a hole in the top, and with a rowling pin thorow the hole, ſtill ſtirring them as they boyl, till they be all turned ſoft, then ſtrain out the yellow yolk. 315. *Oyl*

315. *Oyl of Bever-Cod, good for paine in Sinews and Joynts, Palſie and ſtiffeneſſe of the Neck; it allayes the cold of Agues, if you anoint the Back-bone therewith.*

TAke Bever-cod j℥, Euphorbium iij 3, Myrrhe ij 3, ſtrong white Wine viij ℥, Sallet-oyl 12 ℥, let them boyl cloſe covered till the Wine be clean ſpent, then ſtrain it, and keep it to your uſe.

316. *Oyl of Camomile is good to open the Pores and ſweat-vents; it expels Vapours, and is good for paine in Sinewes, Joynts and Guts.*

TAke ſweet Camomile flowers, as much as you will, put it in a preſerving Glaſſe, and cover it with ſweet oyl, then ſtop it, and ſet it in the Sun fourteen days, afterwad boyl it in a Balneo, then ſtrain out the Camomile, and renew the oyl with freſh flowers ſo often till it be perfect in ſmell and colour, then uſe it as aforeſaid.

317. *Oyl*

317. *Oyl of Dill asswageth all paine, opens the Pores, consumes Wind and all hard Swelling, it takes away all shaking of Agues, causeth sleep, eases the pain of the Head in hot Agues, if you anoint the Back-bone therewith.*

THis oyl is made of the Herb and flowers, as you make Oyl of Camomile, with old oyl.

318. *Oyl of Lillies healeth all pain of cold in Brest, Reines, Bladder, Matrix and Guts, it digesteth and asswageth the Cough, ripens all Impostumes, drieth all foule Sores in the Head, diminisheth all Sweatings if you mix Saffron therewith.*

TAke the white leaves of Lillies, and prepare the oyl as aforesaid.

### 319. *Oyl of Wax to make.*

MElt j ℔ of Wax ſmall chopped, mixe therewith ſome ij ℔ of well burned Bricks ſmall powdred, or as much as will ſerve to worke it up like ſoft paſt, then put it all up in an earten pot, to diſtill with a glaſſe lying along according to Art.

### 320. *Opiates to procure ſleep in a melancholy madneſſe.*

FIrſt, let the Patients hands and feet be waſhed with a decoction of Dill, Camomile, Lettice, Poppy, Mallowes, and Willow leaves, and after anoint them with oyl of Poppy-ſeed by expreſſion, or let him ſmell to this Opiate following:

Take j℥ of Mithridate, five graines of Opium, three of Saffron, with one ſpoonfull of Malmſie, and two graines Champhire, put all into a Limmon Pill emptied of the juyce, and ſmell thereto often about your houre ordinary to ſleep. If this faile, take di. ℥ of

of Philonium to bed, or ſome other wholſome Opiat going to bed well corrected.

### 321. *The white Oyntment.*

TAke of Hogges greaſe finely tryed half a pound, of white Lead called Ceruſe in the Shops, as much of Virgins Wax one ounce, and in ſtead of 2 ounces of Suet, put in 2 ounces of oyl of unripe Olives, called Oleum omphacium; ſet them to melt over a very gentle fire, continually ſtirring of it, put unto it one dragme of Camphire, then take it off, and ſtir it till it be cold, then put it up in a pot for your uſe; It is good againſt any Inflamation, or burning, againſt Kibed heels, galling or chafing, or for any humour which breaketh forth of the skin, and runneth.

### 322. *To make Tobacco ſalve.*

TAke of green Engliſh Tobacco, 2 pounds, and of Plantaine M ij, ſhread the leaves, and ſtamp them in a

ſtone morter, and put into them a cup of red Wine, and let them ſtand all night, then take Sheeps ſuet, and Hogges greaſe, ana half a pound; but if you leave out the greaſe, and put inſtead thereof a pinte of Sallat oyl, and a quarter of a pound of the beſt Roſin, and ſet theſe to boyl to the conſumption of the juyce, then ſtrain them, and put to them 4 ounces of Wax, and 3 of Turpentine, and ſet it to the fire again, ſuffering it not to boyl about 2 or 3 walmes; taking it then off, and ſtraining it into a pot, and reſerving it for your uſe, you will finde it very good for any old ſore.

223. *An excellent black Salve, good for any green or old ſore, for Ague ſores, or ſore Breſt, and will kill a Felon.*

TAke halfe a pound of Wax, of Sheeps ſuet as much, Sallat oyl 4 ounces, Roſin of the Pine tree one ounce, Frankincenſe 2 ounces, of Cloves 4 ounces, of Mace, and Maſtick of each 2 dragmes, of common Roſin 4 ounces, Stone pitch halfa pound, of red

red Roſe water, and Plantaine water, of each 3 ſpoonfulls, of red Wine Vinegar 6 ſpoonfuls, three ſpoonfuls of Hollyhock water, or as much of the juyce of it; let the Suet be tryed, ſhread the Wax, and beat the Roſin, and Maſtick, as alſo the Cloves and Mace into fine powder, put all theſe things together, and ſet them to melt over a ſoft fire, and keep ſtirring it till it begin to riſe, as you may find by your ſtick, and that all your ſtuffe be melted, and when you drop it upon a brick it will ſeem ſomewhat ſtiff; then take it from the fire, and ſtir it till it be cold, and fit to ſtrain, then put it up in a gally pot for your uſe.

### 324. *Palſie, the cure.*

TAke Cowſlip flowers, or roots, red Mints, Lavander, and *Sothern*-wood ana j M. ſtamp them ſmall, and boyl them in ſtrong Ale one pinte, put to it Bay ſalt j ℥ di. when your liquor is halfe waſted, take out the hearbs and ſtamp them again, then put thereto as much good Muſtard as halfe your

hearbs, thereof make a plaiſter. If the diſeaſe be in the tongue, lay it to the Nape of the Neck; If in the jaws, towards the eares, or cheeks; if in the hand, to the pulſe, and let it lye 12 houres, waſh your hands where Sage hath been.

### 325. *Another by Potion.*

TAke the diſtilled water, of Sage iv. ʒ, Betony water one ſpoonfull, Triacle of Venice, Conſerve of Sage and Betony, ana di. ʒ, Conſerve of Cowſlips di. and Carduus water iv ʒ, Chymicall oyl of Nutmegs vj drops, powder of Caſtor di ʒ, and Sugar *quod ſufficit*, take four ſpoonfuls thereof firſt and laſt, or at any time with the uſe of the foreſaid plaiſter.

### 326. *Palſie, Gout, Cramp, Convulſion, Sciatica, old aches, and Contractions.*

TAke oyl of Turpentine j ℔, Venice Turpen di. ℔. oyl of Bayes iv ℥, oyl of Spike j ℥. Juniper berries di. ℔, Caſtor j ℥, Euphorbium ij ℥, Cloves, Mace,

Mace, Nutmegs, and Cinamon ana j ℥ Lavander flowers, Sage, and Lillies of the Valley ana j M. Maſtick, Myrrhe, Frankincenſe ana ij ℥, Brocks greaſe iij ℥, Mummy j ℥ di. digeſt them for one moneth in horſe-dung, then diſtill them, and anoint the grief therewith.

### 327. *Plague, an Antidote.*

TAke Setwell-roots, Calamus Aromaticus, Bole armoniack, Tormentill roots ana j 3, Sanguis Draconis, and Terra Sigillata ana ij ℈ fine powdered, mix them all with di. ℔ of Triacle, ſo take it.

### 328. *Piles, the cure.*

TAke burned Muſcle-ſhels fine powdered, mix it with Honey and Saffron, anoint your Piles therewith.

*Item*, Boyl in freſh Butter, Pilewort, Elder leaves or buds till it be a ſalve, make it yellow with a little Saffron, anoint therewith.

*Item*, Take Anniſeeds burned, and powdred Honey, and Saffron, mix them well together, make a plaiſter thereof, and apply it, firſt waſh it in white Wine wherein Scabious hath boyled.

### 329. *Plague, an Antidote.*

TAke pure Triacle j ℔ di put it in a Gally pot, put to it Myrrhe, Bayberries husked, Ariſtolochia rotunda, Gentian, Ivory, and Harts horne ana ʒiiij ʒ, all fine ſearced and mixed with long Pepper, Annis, Carroway, and Fennell-ſeeds, ana iiij ʒ, ſtirring them with a Spatula in the pot of Triacle, the Doſe is j ʒ alone, or with a poſſet-ale mixed.

### 330. *Plague, a defenſive.*

TAke Rew, Elder leaves, Cinkfoyle, or Tormentill, red Sage, red Bramble leaves, Sorrell, Marigold leaves, and Angelica ana j M. ſtamp them all in a Morter, then put to them white Wine one quart, wine Vinegar di. pinte, white Ginger powdered ʒiiij ʒ,

let

let it ſo ſtand in a pot cloſe ſtopped twenty foure houres, then ſtrain it hard forth; let the elder people take every morning two ſpoonfuls, faſt two hours after, and children one ſpoonfull, uſe it nine mornings.

331. *Plague to prevent and cure.*

TAke Cinnamon j ℈, Terra ſigillata vj ʒ, Myrrhe iij ʒ, ſeeds and rinds of Cytrons, roots of Dittany, Burnet, Tormentill, Zedoary, and Corall ana ij ʒ; Unicornes horn ℈ j finely powdered, yellow Sanders and red ana j ʒ, white Bean, and Marigold flowers ana j ʒ, Scabious, Betony, Baſil ſeed, bone of a Stags heart, and Saffron ana ij ʒ, Sugar iij ℔, then with the Vinegar of Citrons make an Electuary, the Doſe is every morning j ℥; this prevents infection: if one be infected with cold take it in Wine, if with heat, in Roſewater and Vinegar, and ſweat two hours after.

332. *Plague ſore to ripen and bring forth.*

TAke a great white Onion pilled and cut in peeces, freſh Butter iij℥, Leaven j 3, Mallowes and Scabious ana di. M. If you want the Herbs, take Garlick, j℥, boyl them ſoft to a poultis, apply it very warm.

333. *Polypus, a grief in the Noſe.*

TAke the leaves and branches of Buckwheat, diſtill it in Balneo, the water thereof is perfect good to ſtay the ſpreading of the Canker, although thought uncurable, then with the Magiſtrall oyl heale it up.

334. *Pox ſmall, the cure.*

LEt the Patient ſweat firſt, then give him Mithridate iij graines, or as much Saffron, any of theſe expels them, then when they are come to a ſcab, and full ripe, that is, when they look yellow, then take a peece of fat Bacon

Bacon, roaſt it, let it drop in faire water: then take the droppings, and waſh it again in three ſeverall waters, and waſh it at laſt once in Roſewater, then with this fat anoint your face foure times every day, this will defend the face from any deformity.

For want hereof, anoint the face with oyl of Roſes iiij ʒ, and Spermaceti j ʒ mixed.

335. *Pluriſie or Stitch, the cure.*

MElt Dialthea ij ʒ, mix it with oyl of ſweet Almonds iv ʒ, warm it, and anoint the griefe, then ſprinkle on the place with the powder of Cummin ſearced iv ʒ, then warme a Colewort leafe, and anoint it with freſh Butter, and lay it hot to the place, bind it faſt on.

But the ſureſt way is, to let bloud preſently, and purge next day.

336. *Pox great, the ſooneſt cure.*

TAke Guaiacum, from the Turners the thinneſt chips j ℥, of the barke of Guaiacum iiij ℥, infuſe them foure and twenty hours in a Diet pot with pure water eight quarts, the next day boyl it ſoft ſimpering to the conſumption of three quarts, drink of this warm morning and evening a good draught, firſt ſtrain it from the wood, then put the pot with the wood to the fire with eight quarts of water again to boyl, till two quarts be waſted, then ſtrain it out, let it be his uſuall drink at meales, and all day to drink cold.

Let him every ſecond day drink a great draught of the ſtrongeſt firſt, drink very hot and ſweat two hours after in bed, and dry it with freſh linnen, and change his ſhirt, uſe this till all ſcabs, aches, &c. be gone, for till then he is not ſound.

337. *Hit*

337. *His Diet.*

EAte of the ſtaleſt white Bread or Bisket, and ſome of the bleweſt Raiſins of the Sun for breakfaſt and ſupper, his dinner muſt be a neck of Mutton very dry roaſted, but once baſted, or a Chicken or Rabbet dry roaſted.

*Item*, Before he entereth his Diet, he muſt purge twice, and be let bloud once, and once a week purge during his Diet.

*Item*, The firſt fourteen dayes let him keep his Chamber.

*Item*, Let him alwayes purge with ten graine of dulcified Mercury given in a pill of Mithridate.

338. *Purgations to prepare.*

TAke Senna, Turbith, Diagridii ana iij ʒ, Epithimum, Galingale ana j ʒ, di. Annis, Cinamon, Ginger, ana i ʒ, ſalt Gem ſixe graines, all fine ſearced and mixed, the Doſe is j ʒ in Dia prunis or poſſet-ale.

339. *A*

339. *A Purgation wich purgeth all Aqueous humours.*

TAke Rubarb, Turbith, Hermodactyls, Diagridii, Senna, Agarick, Mechoacan, Sugar ana ij ʒ, Cloves, Fennell, Ginger, Annis, Maſtick, ana j ʒ, Saffron and Cinamon ana ij ϑ, pulverize and ſearce all theſe: the Doſe is j ʒ in Succory water or poſſet-ale.

*Item*, For a child of ſeven yeares old, or a Woman with child, between iij moneths and vij, take Mechoacan fine ſearced, and of this former Powder ana j ϑ, give it in Sugar ſops within *diaprunis*.

340. *Pils that purgeth the foure Humours.*

TAke Mirabolans and Rubarb ana iv ʒ, the juyce of Egrimony & Wormwood ana ij ℥, Hermodactyls, Agarick, Colloquintida, Polypody ana j ʒ, Diagridii, Turbith, Aloes ana vi ʒ, Maſtick, red Roſe leaves, ſalt Gem, Epithimum, Annis and Ginger ana j ʒ,

mix

mix them and ſearce them, compound them in a Morter with ſyrup of Roſes to a Maſſe for Pils, the Doſe is j3 in five Pils, taken in the pap of a roaſted Apple, or any ſyrup.

341. *Plaiſter Baſilicon to draw and heale.*

TAke Wax, Roſin, Cows tallow, Pitch, Birdlime, elect Myrrhe, Tarre and Olibanum ana vj 3, melt the Roſin, Tallow, Pitch and Wax, then ſtrain them powder fine your Olibanum and Myrrhe, then put them in, and at laſt put in the reſt, ſtir them well till they be cold.

342. *Plaiſter Gratia Dei.*

TAke Bettony, Vervine, Pimpernell, Daſies, Plantaine, Centory, Ribwort, and Avens ana j M. Herb *gratia Dei* ij M. both crops and roots, waſh them clean, and bruiſe them ſmall in a Morter, then put them in an earthen Pot, and put to them a pottle of good red Wine, or white, cover it, and boyl it from a pottle, to

a

quart, being boyled, let it ſtand twelve houres, then ſtrain it thorow a cloth, then waſh the pot again with white Wine, and put in the Liquor again, and boyl it, then take Wax di. ℔, Roſin di. ℔ Galbanum j ℥, Maſtick j ℥ ſmall powdered, let it boyl well, ſtill ſtirring it a quarter of an houre, then take it from the fire, put thereto Turpentine iv ℥, ſtir it till it be well compounded, then ſtrain it thorow a ſtrong canvas cloth, the next morning put ſome Womans milke of a man-child to it, melt it on the fire again ready to boyl, then anoint your hands with oyl or Butter, make it up in rowles.

343. *Plumbeous plaiſters, or of Lead, to heale and finiſh a ſore.*

TAke Chalke ij ℥, Hogs-greaſe ij ℥, Ceruſa j ℥, Lapis Calaminaris j ℥, then beat and mix the Ceruſe and Chalke in a hot braſs Morter with a hot Peſtle halfe an houre, adding ſome Hogs greaſe thereto in beating them, then make it up in ſmall rowles, when you uſe it ſpread it on Leather a good thick-

thickneſſe, let it lye 24 houres unremoved, ſo uſe it till you be whole.

344. *Plaiſter green to cure green and new Wounds.*

Take clarified Sheeps-ſewet, the leaves of green Tobacco, Hounds tongue, Saint Johns Wort, Valerian, Plantaine, Ribwort, Selfe-heale, and Tutſane leaves ana di. ℔, Hogs greaſe di. ℔. chop the herbs, then boyl them in the ſewet and greaſe till the greenneſſe be out of the herbs, then ſtrain it out and preſently mix threrewith Venice Turpentine, and Wax ana ij ℥, firſt melt the Wax, and put it in ſo hot, mix all well together.

345. *Plaiſter that cureth all wateriſh ſtinking humours.*

TAke Chalke fine powdered j ℔, Hogges greaſe 12 ℥, compound them together with your hands till they be thick like dung, then lay it on the ſore di. inch thick till it be well.

346. *Black*

346. *Black Plaiſter mundifieth all ſores, and taketh away all Paine.*

TAke Sallet oyle and white Vinegar ana 12 ℥, white Lead and red Lead ana ij ℥, Wax iij ℥, boyl all together till they be black, then adde thereto Camphire prepared iv ʒ, when it is taken from the fire, and mix it well.

347. *Plaiſter of Tapſus barbatus, that cures all Cankers, Fiſtulaes, Plague-ſores, hot Bruiſes, Botches or Felons.*

TAke the juyces of Smallage, Carduus, young Wormewood, Mullin, Walwort, Pimpernell, Dovefoot, Plantaine, Egrimony, Mugwort, Sage, Daſies, Nightſhade, and Fluellin ana j℥.

Woodbine iv M. when they be ſtamped and ſtrained, put to as much Honey in meaſure as you have in juices, then boil them together in a new red Pipkin cloſe covered, let them boyl ſimpering, ſtill ſtirring it till it come to the thickneſſe of Honey, then take it from the fire,

fire, and keep it in a new earthen pot close covered.

When you have a plaister for any the uses aforesaid, then take of this honey iv ℥, Wheat meal ij ℥, boyl all these together one walm, stir it still for fear of burning, then take it from the fire, put to it presently Venice Turpentine ij ℥, mix it well with the rest, when it is almost cold, poure the white of two Eggs well beaten thereto, mix them together till it be cold: now the plaister is called Diafloſmus.

348. *A Lotion to wash the griefe before you plaister it, dresse it twice a day, bath it hot, or seringe it before the plaister be applyed.*

TAke Nightshade, Smallage, Egrimony, Fluelline, Sage, Carduus ana M. Woodbine ij M. Allom iv ℥, Honey ij ℥, Plantaine water and white Wine ana one pinte, boyl all these Herbs small cut till their substance be forth, with the Honey, Allom, Wine and water, strain it to your use.

349. *A*

349 *A Potion to drink warme firſt and laſt during the cure, with the Plaiſter and Lotion.*

TAke Sanicle, Fluellin, Pimpernell, Cranesbill, Wilde Tanſie, Egrimony, Valerian and Mouſear, ana j M. bruiſe them, then put to it Cloves bruiſed j 3, boyl them all in one quart of white Wine, and one pint of water, with three ſpoonfuls of Honey, then ſtrain it, and mix therewith one pinte of Carduus water.

350. *Plaiſter for any Ache, Grief, Sore, Swelling, or Paine.*

TAke Roſemary, Camomile, Sage, Elderbuds, Sothernwood, Lavander, Wormewood, Coſtmary, red Mint, Rew, Lavander-cotton, Bugloſſe and Brocklime ana ij M. Black Snailes one quart, Frankincenſe iv ℥, Wax, Roſin, ana ij ℥, Hens dung and Cows dung di. ℔ of each: Butter out of the churn unſalted iij ℔, Mace, Cloves, Nut-

megs

megs and Cinamon ana iv 3 fine powdred; boyl all theſe together, cloſe ſtopped, ſtrain it, and put it in Gally pots to your uſe.

### 351. *Plaiſter for old ſores.*

TAke Olibanum, Lapis Calaminaris, Letharge of Lead, and Bole ana j ℥ powdered and ſearced, Wax ij ℥, and oyl of Roſes j ℥, boyl them to a plaiſter.

### 352. *Pluriſie, the cure.*

BOyl Mallow roots, iiij ℥ in water till they be tender, then take them forth, and ſtamp them with Butter, Honey, and Pidgeons dung ana ij ℥, mix them well, and apply it to the ſide affected.

### 353. *Poyſon and Plague to prevent.*

TAke the leaves of Rew, Figs, Juniper-berries ana iiij 3, Walnut kernels ij ℥, mix all theſe together in Wine-Vinegar, infuſe it therein all night,

night, next day begin to take thereof ij ʒ, every morning.

*Item*, Bezoar, Harts-horne, Ivory, any of theſe in Dragon-water or Mithridate doth the like.

354. *A pill to give ſleep and eaſe in all extreme paine.*

TAke Cinnamon, Caſſia lignea, Opium ana ij ʒ, Myrrh, both the Peppers ana j ʒ, Caſtor di. ʒ, Saffron j ℈ fine powdred, and made to a Maſſe for Pils with Honey, the Doſe is two Pils, no bigger than ſmall Tares either.

355. *A Purgation that cleanſeth the head, Braine, and all the body of melancholy.*

TAke Senna vj ʒ, Ginger j ʒ, Bugloſſe j ʒ, flowers ij ʒ, infuſe all in a cloſe ſtopped Ale bottle of ſtone with a pint of Whay of Goats Milk, let them boyl in Balneo one houre, then let it cool, give it to drink warm in the morning: this preſerveth againſt all paſſions of the brain,

it helps hearing, ſmelling and ſeeing, and ſtrengthens all the body, and unburthens the ſame of every humour that abounds, as Choler, Phlegme, and Melancholy: This was the practiſe of *Mathiolus Riolanus*, and *Achtaius*.

### 356. *A Dyet that cures all Pox, Scabs and Lameneſſe.*

TAke Zarſa perilla, and Hermodactlys ana vj ℥, Lapis Calaminaris iiij ℥, Senna iij ℥. Turbith Ij ℥, Guajacum viij ℥, bark of Gujacum iij ℥, Bole ij ℥, Licorice iiij ℥ mundified, French Barley vj ℥, Fennel and Aniſeeds, ana iiij ℥; put all theſe in a Diet-pot with foure gallons of water, ſtop it cloſe, and infuſe them all night in the hot embers, then boyl it on a ſoft fire four houres, in the end of the boyling put therein Laudanum Paracelſus purified ij ʒ, Mithridate j ℥, mix them all together, drink thereof often a good draught, eſpecially firſt and laſt: this cureth all aches in the limbs or body, French pox, or any diſeaſe, ſtrengthens the ſpirits; if you uſe

uſe it for the Dropſie, put in good ſtore of Mechoacan; if for pain in the head, put in Stœcados or Betony ana iij ℥, when it is ſtrained, put to the ſimples again, ſo much water again, boyl it as before for ſmall drink at meales.

### 357. *Another Diet for Pox.*

TAke Sarſa perilla iiij ℥, Guaiacum viij ℥, bark of Guaiacum iij ℥, bruiſed not too ſmall, Stœcados iij ℥, Licorice mundified, and then ſlieed, Anniſeed bruiſed ana ij ℥, infuſe all theſe in a Diet-pot all night cloſe ſtopped with nine quarts of water, next day boyle it on a ſoft fire till the third part be ſpent, then ſtraine it, drinke a good draught thereof firſt and laſt, uſe your ſelfe as aforeſaid.

358. *A Plaiſter ſanative and defenſive for Pox or old ſores.*

TAke oyl of Olive one pinte, Virgin-Wax, Olibanum, gum Elemni, Lapis Calaminaris, and Roſin ana iij ℥, fine powdered, diſſolve all theſe on a ſmall fire, then ſtrain them, adde thereto Bole, Terra ſigillata, ſanguis Draconis, all fine ſearced ana ij ℥, Venice Turpentine iij ℥, mix all theſe on the fire again, ſtill ſtirring it till it be cold, this is very excellent for all ulcerations.

359. *A Plaiſter attractive, or drawing to heal ſores or wounds.*

TAke Plantaine, Bettony, Daſies, Mouſe-eare, Orpins, Mallowes Ribwort, Vervine, and Sanicle ana ij M. ſtamp them with Sheeps ſewet ſufficient to boyl them, let them ſo boyl covered till the ſewet be green, then put therein Roſin ſmall powdered j ℔, Wax ſmall cut di. ℔, boyl them one walm, then ſtrain it, put it to the fire again, melt therein ſome oyl of Roſes, Maſtick,

Maſtick, and Olibanum ana ʒ ʒ, Myrrh iv ʒ, Aloes Succotrine vj ʒ, then take it off the fire, and put to it Turpentine iv ʒ, mix it and ſtirre it till it bee cold.

### 360. *Some ſlight Purgations of Senna.*

*In primis*, take Senna in your brothes in ſome quantity, with ſome Ginger, for pains of the head.

*Item*, Some iv ʒ with Ginger and Annis, may be given to women with child, and children.

*Item*, It may be powdered with Ginger, and mixed with ſyrup of Roſes, Laxative, or Caſſia, in a reaſonable Doſe.

*Item*, iv ʒ infuſed all night in ſeething hot poſſet or white Wine with ſugar and Ginger, purgeth gently.

### 361. *A good Plaiſter to heale, and dry a ſore being cleanſed.*

TAke Hogs-greaſe viij ʒ, oyle of Roſes, iij ʒ, white Lead ij ʒ, Olibanum,

num, Maſtick, and Roſin ana ij ℥ fine powdred, Camphire j ℥, mix them all together, and make a Plaiſter thereof.

362. *A Plaiſter of Maſalage which healeth and Skinneth much, and is precious, and comfortable for veines and Nerves.*

TAke Letharge of Lead v ℔, of white Lead j ℔ of Wool, oyl one pottle, of Fengreek viij ℥, powder all theſe, and ſearce them; take alſo Linſeed and Mallowes ana iiij ℥, boyl them in white Wine and water very ſoft and tender, then take them up from the liquor, ſtrain them, then ſet your oyl and powders on the fire, put in your powders by little and little at once, then ſtir them well, put in the Maſalages when it is off the fire, and ſtir them till they be neare cold, then make it up in rowles.

### 363. *Plaiſter healing, called Jacobs Plaiſter.*

TAke Lapis Calaminaris, Lapis Sanguinaris, Letharge of gold, Terra ſigillata, Ceruſe ana j ℥, Bole ij ℥, all fine powdered, and ſearced, oyl of Linſeed di. pint, Wax v ℥, Roſin iiij ℥, Turpentine j ℥, melt all together, then ſtrain them, mix in your powders before ſet down, by little and little, ſtirre them well together, and make your plaiſter.

### 364. *Another of Jacobs Plaiſters.*

TAke Lapis Emery, Admants, Letharge of Gold, Ceruſe, Letharge of ſilver, Lapis ſanguinaris, Bole, ſanguis Draconis, Ox bones burn'd ana ij ℥, Camphire j ℥, Wax j ℔, Sheeps ſewet and Turpentine ana di. ℔, oyl of Roſes iiij ℥, *fiat emplaſtrum.*

365. *An excellent healing and cooling Plaister.*

TAke Wax and Deares sewet ana iiij ℥, Lapis calaminaris ij ℥, May-Butter ij ℥, Camphire j ℥, oyl of Roses viij ℥, mix and melt them together, and make your liquid Plaister.

366. *A very good Plaister called the black Plaister.*

TAke red Lead viij ℥, white Lead viij ℥, oyl of Linseed viij ℥, red Vinegar iv ℥, stir all together in a pan of a gallon, boyle them on a Charcoall fire till they be black, try one drop on a bright sawcer, if it be black and well powre it out in cold water, wet your hands in oyl, and so rowle it up.

367. *A Plaiſter cold, called Colemans Plaiſter.*

TAke oyl Olive one pinte, Wax iv ℥, Pitch iij ℥, melt them all together, and ſtrain them, then put therein Ceruſe, white Lead, Letharge of gold, Lapis calaminaris, ana iv ℥ all powdred, then put therein the Gums, melt them together, and ſtirre them well, then take them off, and ſtill ſtir them till they be almoſt cold, then powre it in cold water.

368. *A goood Plaiſter to diſſolve and cleanſe a Sore.*

TAke Galbanum j ℥, infuſe it all night in white Wine, waſh the Sore therewith, then mix the Galbanum, working it in your hands, and ſo plaiſter it on.

369. *A good Sanative, Incarnative, and Deſiccative Plaiſter for Ulcers.*

TAke a pinte of oyl Olive and Wax iv ℥ in ſmall pieces, boyl them on the fire till the Wax be melted, then put them in a Boledish, put therein Lapis calaminaris powdred, mix and ſtir them together with a rolling pin till it be cold, ſo make it to a plister.

370. *Powder to incarnate and dry up ſores.*

TAke Frankincenſe, Dragons bloud, quick Lime ana, make powder thereof.

371. *Another Powder to increaſe Fleſh, and heale.*

TAke Dragons bloud, Aloes, Olibanum, Sarcacolla ana j ℥, powder it, and apply it.

372. *A Plaiſter to incarnate and mundifie.*

TAke Roſin and Wax ana ij ʒ, Turpentine iij ʒ, Frankincenſe and Maſtick ana j ʒ, Saracole, Mummy, ana iij ʒ, oyl of Maſtick, and Honey of Roſes, ana iv ʒ, Barly meale ij ʒ, mix them on the fire, and make a Plaiſter.

373. *A Plaiſter maturative and ripening.*

TAke the juyce of Smallage, Honey, flower of wheat, and the yolks of Egges, mix them and make your Plaiſter.

364. *A Plaiſter or Searcloth for fractures or bruiſes.*

TAke Roſin and Wax ana viij ʒ, black Pitch iv ʒ, Perofine ij ʒ, oyl Olive viij ʒ, melt them and put thereto Cummin ſeed fine powdered and ſearced ij ʒ, mix &c.

375. *A*

375. *A Plaiſter to heal Sores and Scabs.*

TAke the juyces of Celendine, Fumitory, Scabious and red Docks ana iv ℥, Letharge and Ceruſe ana iv 3 fine powdered, mix them with Vinegar, and Hogs-greaſe ana, ſet them on the fire, and in boyling mix your powders by little and little at once, ſtirring them, and ſo uſe it.

376. *A Plaiſter for the Cramp in Arme or Legge.*

TAke great Onions, roſt them it where the pain is very hot, and in thrice dreſſing it will be well.

378. *A good Plaiſter to heale and cleanſe old Sores.*

TAke Roſin 12 ℥, Peroſine iv ℥, Wax viij ℥, Galbanum j ℥, Maſtick, Sang. Draconis, ana iv ℥ Frankincenſe j ℥, all powdred ſmall,

Honey and Bores greaſe ana iv ʒ, Verdigreaſe j ʒ, melt them, ſtir them, and put it up to uſe.

379. *Another Plaiſter to diſſolve and ripen.*

TAke Mallow roots, Lillies, Henbane and Smallage, ſeethe them tender, ſtamp them, and boyl them with May-butter, and oyl of Linſeed ana, in boyling put ſome Honey therein, ſtir them well together, then thicken it with the powders of Linſeed and Fenugreek, when you heat it, put Milk and May butter thereto, *quod ſufficit.*

380. *A good Plaiſter dejiccative and [illegible] lately uſed.*

TAke Roſin, Wax, Hogs greaſe ana ij ʒ, Honey clarified j ʒ di. put not in your Honey till the Roſin and Wax be melted, then ſtir them well, and in ſtirring put in the powder of white Copperas, what you think fit for the cure.

381. *A*

381. *A Plaiſter to skin and heal very faſt.*

TAke oyl of Linſeed viij ℥, new Wax iv ℥, melt them at a ſoft fire, ſtir them, then put thereto Lapis Calaminaris, j ℥, fine powdered, ſtill ſtir it, in the cooling put in one ſpoonfull of white Wine Vinegar, ſo make it up, but let it be well mixed together.

382. *A Plaiſter to heal and dry.*

TAke oyl Olive and new Wax, melt them, put in fine powder of Calaminaris ground, make it red with the powder of red Lead, if the ſo be clean, dreſſe it but once in three dayes.

383. *Another of the ſame nature.*

TAke Lapis calaminaris, grinde it fine on a Painters ſtone, put thereto freſh Butter, and oyl of Linſeed, a little Bole and Ceruſe, grind on the ſtone.

384. *A Plaister to asswage heat and inflamation of the Liver.*

TAke Barly meale mixed with the juyces of Sengreen, and Orpium, and Vinegar, mix them with Populeon and the cold white Ointment, mke a Plaister, and lay it to your right side.

385. *A powder to correct and abate spungy Flesh, or mortifie it.*

TAke fine Allom, Verdigrease ana i ℥; bole iv ℥; fine powdred and searced, mix them, and use it.

386. *A Powder to destroy warts any where.*

TAke Savine dried and powdred, if it be not strong enough, mix powder of Mercury sublimate, which will destroy Itch, Canker, Pox, or Corns.

*Item*, burned Allom, or burned Copperas, or the green powder of Holliworth, &c.

387. *A*

387. *A Powder praised of all Chirurgians, for it scales bones, and stops the watring of Nerves or Sinews.*

TAke burned Copperas j ℥, Auri Pigmentum fine combust ℥, Verdigrease fine searced j ℥, burned Allom fine powdred and searced ij ℥, mixthem together, it is excellent in operation.

388. *The Powder of Mercury sublimate.*

TAke Mercury powder sublimate, put to it Bole, so that in the mixing the powder may be but pale, a little reddish; this kills all Pox, Cankers, old Sores, &c.

389. *Pox, or Plague, or any thing else, to purge out.*

TAke the waters of Scabious and Fumitory ana first and last, with Triacle, Diatesseron and Sugar *quod sufficit*.

390. *A*

390. *A Purgation which wrought good effect.*

TAke one pinte of white Wine, boyl therein Borage flowers, Violet flowers, Succory and red Roſes, ana di. M. boyl them cloſe covered, till halfe the Wine be waſted, then ſtrain it, and put to it Alloſuccotrine fine powdred iv ʒ, Anniſeed fine powdred ij ϑ, take of this vj ſpoonfulls at once, it purgeth well with Sugar.

391. *Another gentle Purgation that is good againſt melancholy, and comforts the ſpirits.*

TAke the juyces of old Pippins and Borage ana, as much as will make a draught, heat it ſeething hot, then infuſe therein al night Senna iv ʒ, Manna and ſyrup of Roſes ana j ℥, Anniſeed bruiſed iv ʒ, next morning ſtrain it, and drink it warm.

392. *Pain or puſtulls riſing any where.*

TAke white Wine, the whay of Buttermilke ana di. pinte, damask Roſe leaves dried, and Bean flowers or bloſſomes j M. boyl them cloſe covered a little while, then take it from the fire, and preſently mix di. pinte of oil of Tartar made of white Wine, ſo let it ſtand cloſe covered till it be near cold, then ſtrain it, and foment the place very hot with double cloaths a quarter of an hour; this hath cured and eaſed many.

393. *A Plaiſter of Adders tngue and ſweet Maudlin, all green, which cureth green wounds and old ſores.*

TAke Linſeed oil j pinte, Adders tongue and ſweet Maudlin both green, in May and June ana iij M. ſtrip forth their ſtalkes, and bruiſe them, then boyl them in the oil, adde thereto white wine, *viz.* let them all boyl, till the hearbs be very ſoft, then ſtrain them out, and put the liquor

to

to the fire again, adde thereto Roſin and Wax ſmall broken viij ℥, boyl them till all be melted, ſtill ſtirring it, then take it off preſently, mix therewith Venice Turpentine vj ℥, liquid Storax j ℥, ſo it is made up.

394. *Paine in the belly, or any part to cure.*

BOyl in a quart of Poſſet-Ale Mayden-haire, j M. Anniſeed and Liquorice mundified and bruiſed ana iv ℥, Ivory ſhavings one ſpoonfull, boyl them well, ſtraine it, and drink it warm.

395. *A Pectorall Electuary that comforts Memory, the Sight, and all griefes.*

TAke red Sage, Carduus Benedictus, and Roſemary dryed and powdred ana j ℥, Lavander, Pennyryall, Balme, Marjoram, Stœcados, Sothernwood, and Thyme, ana iv ℥, all dryed, powdred and ſeareed, Ginger and Liquorice

mundified, Cloves, Cinnamon, Mace, Annis, Caroway, Fennell, Coriander-seed, Cardimonium, Cubebs, Calamus Aromaticus, Ireos, Florentine, Galingale, Myrrh, lignum Aloes, long Pepper, Zedoria ana iv ʒ all powdred, shake and stir all these powders in a quart of spring water, wherein hath been boyled di. ℔ of Raisins of the Sunne stoned and strained forth, then put in iij ℔ of English honey, put it to fire again, let them boyl a quarter of an houre, still stirring it with a spatula, then take it again from fire, and put in the fourth part of a pinte of Rosewater, and Nutmegs viij powdred, when it is cold put it in close pots, the Dose is j ʒ at once alone, or better with Balme water, or drink a little Balme water with Sugar.

Also boyl with the former simples mirabolans embellick, and Bellerick stoned, powdred, and searced ana ij ʒ, mirabolans Kebule, and Inde stoned, powdred, and searced ana j ℥ al together.

396. *Tiſſick or infections of the Lungs.*

Boyl the leaves and ſeeds of March Mallowes, in Milke or Wine, let the ſick drink thereof.

397. *Plague a defenſive, and cureth the ſick of it.*

BOyl in three pintes of Malmſie, Sage, and Rew ij M. till it be well boyled, then ſtrain it, put to the liquor again; boyl it two walmes with Nutmeg, Ginger, and long Pepper all mixed together j ℥, then take it from the fire, and preſently mix to it Mithridate j ℥, Triacle ij ℥, Aqua-vitæ iv ℥, mix them together while it is cold, then put it up in a Viall cloſe ſtopped; take half a ſpoonfull every ſecond morning for a Defenſive, but if infected, one ſpoonfull firſt and laſt, and ſweat three houres.

398. *Purg-*

398. *Purging Lozenges, the Doſe is one dram.*

TAke Senna iv ʒ, Ginger and Liquorice ana ii ʒ, Turbith and Rubarb ana i ʒ, Diagridii ii ʒ, Hermodactills iii ʒ, Fragrariæ folium i ʒ, Mace di. ʒ, white Sugar i ℔ powdred and ſerced, Roſewater viii ʒ, compound them, and ſo make them.

399. *To keep the ſmall Pox from pitting.*

TAke Spermaceti, and oil of bitter Almondes, and mingle them together, and aſſoon as the ninth day is [illegible] anoint the ſick parties face with as little as you can, and once in the day, waſh the face with Beaſ broth. And this ointment will cauſe them to ſcale away ſo finely, that there will be no skares; This medicine hath been often approved.

400. Dr.

400. *Dr.* Mathias *water for Paſy or Apoplexy.*

℞ of *Lavender* flowers ſtripped from their ſtalkes, put them in a large gallon glaſſe, and poure on them of good ſpirit of Wine, or Aqua vitæ well rectified from flegme.

Then circulate them for four weeks, cloſe ſtopped with a bladder ſo that nothing may breath out, let them ſtand in a warm place, then diſtill them in a Limbeck ſtill, with his cooler; then put to the ſaid water, of Sage flowers, Roſemary flowers, Burrage, and Bugloſſe flowers, Cowſlip, and Lilly of the vally flowers, of each a handfull; ſteep theſe flowers and hearbs, every one in their ſeaſon till all may be had, in [illegible] of Aqua vitæ: then put to them being all digeſted togeather, of Balme, Mother-worts, Spike flowers, Bay leaves, ( Orange tree leaves, and their flowers of each j ℥ if they may be had) cut very ſmall, put them into the diſtilled Wine, and diſtill them as before, being foure weekes or more ſteeped before; then put to this diſtilled water,

water, Citron, and Limon pills, with Piony ſeeds hulled, of each 6 dragmes, Cinamon halfe an ounce, of Nutmegs, Mace, Cardamums, Cubebs, yellow Sanders, ana ʒ ß. and Lignum aloes j ʒ, make all theſe into powder, and put them into the foreſaid diſtilled water, and put thereto halfe a pound of good new Jujubes, having their ſtones taken out, and cut very ſmall; then cloſe your veſſell with a double bladder, and ſo let them digeſt 6 weeks, then ſtrain them out hard with a preſſe, and filter the liquor, and then put into this liquor of prepared pearle two dragmes, prepared ſmaradges a ſcruple, of Amber-greeſe, Musk, and Saffron, of each ten graines, of red Roſes well dried, red and yellow Sanders, of each one ounce, hang theſe in a ſareenet bag in the water well cloſed, that nothing breath out.

This water is good againſt ſwounding, weaknes of the heart, decaying of the ſpirits, Apoplexies, palſies, epilepſies, paines of Joynts coming of cold, and bruiſes outwardly bathed, with clothes dipped in it and laid to. It ſtrengthneth and comforteth the animall

mall vitals, and naturall Spirits, cheriſheth the externall Sences, ſtrengthneth memory, reſtoreth appetite and weakneſſe of the ſtomack taken inwardly and bathed outwardly.

Take of it a quarter of a ſpoonfull, and faſt an hour after it, it helpeth giddineſs of the head, and loſt hearing, cauſeth a ſweet breath; and it helpeth both in fits of Palſy and Apoplexy, and preventeth them; if you take morning and evening, a quarter of a ſpoonfull with crummes of white bread and ſugar: It helpeth loſt ſpeech, and all cold diſpoſitions of the Liver, and Dropſies beginning: Is good againſt diſeaſes of the Mother, as againſt many other diſeaſes.

401. *Another water for the ſame of leſſer price.*

Fill a gallon glaſſe with Lavender flowers, and then fill it up with ſpirit of Wine or good Aqua vitæ, digeſt this about 6 weeks, then diſtil the water, and oil, and ſeparate the oil; then digeſt in this water, Sage flowers, Roſemary flowers

flowers, and ſweet Marjoram ana M j. Hyſop, Motherwort, Piony rootes ſliced, Origanum of each one ounce, Bettony flowers ℥ ß. Cinnamon, Piony ſeeds hulled, Cardamums, Cubebs, Citron pilles dried, of each two drames beat them, and digeſt them, and put in them halfe a pound of good Jujubes, having their ſtones taken out, or raiſons of the Sun without their ſtones, digeſt theſe about ſix weeks, then ſtraine it cleere, and drink of this with beer, or ale at your need.

402. *Good for Palſy and Numneſſe.*

℞ of Oil of Foxes, Populeon, and Wormes, ana ℥ j, put unto them a little ſpirit of Wine, & anoint the benummed parts with your warme hand, chafing it well in, at the fire; and then lay a cloth upon it, and keep it warme on it.

403. *Powders*

### 403. *Powders diſſolving.*

YOu may diſſolve your powders, either with juyce of Limons, diſtilled Vinegar, or ſpirit of Vitrioll, or ſpirit of Salt, without much obſervation of the quantity: for the more vitrioll there is the ſooner it will diſſolve.

### 404. *Pills.*

INfuſe an ounce of Rubarb ſliced, in three ounces of Roſemary water, and foure ounces of Carduus water; and ſet it in warme aſhes twelve houres; then ſtrain it well; alſo take three ounces of pure aloes, infuſe it in good white Wine Vinegar 24 houres in warm aſhes alſo, then cant it off, and put it to the former liquor, and evaporate the water away, till it come to a thick conſiſtence, then make it up into ſmall pills, with oil of ſweet Almonds newly drawne, and give 7 of them at night: they may be taken 2 or 3 nights together, if need require.

## 405. *For the Plague.*

TAke 3 pintes of good canary, boyl herein a handfull of Rew and as much Sage till one pinte be boyled away, then ſtraine it, and ſet it over the fire again, and put thereto long Pepper beaten, Ginger, and Nutmegs of all theſe in powder ana one ounce; then let all theſe boyl together a little more, then take it off the fire, and put therein one ounce of the beſt Mithridate, and two ouuces of the beſt Treacle, with a quarter of a pinte of Aqua vitæ, and ſo reſerve it above all other medicines, uſing it as followeth.

If at any time thou thinkeſt thy ſelfe infected of the Plague, take morning and evening a ſpoonfull thereof at a time lukewarme: if not infected, but to prevent, take but once or twice in a week at the moſt halfe a ſpoonfull at a time, in the plague time, and next under God rely on this medicine; for never man, woman, nor child, which drunk this medicine was deceived, if the heart were

were not mortified, and drowned with the poiſon, ſo long before this medicine was uſed.

It is not only good againſt the common Plague, but againſt the ſweating ſickneſſe, the ſmall Pox, Meaſels, and ſuch like, taking Surfets, taking the ſame upon his falling ſick; and at other time as need and occaſion requires; and aſſure your ſelf it is better then Bezar ſtone, to expell from the heart: when the ſick party drinketh hereof at the firſt, he muſt lie down, and ſweat 2 or 3 houres in his bed, and after be well dried and kept warm, drinking nothing but warm drink, and caudles, ſo ſhall the ſickneſſe keep from the heart; this drink will keep good half a year, being well ſtopped, in a pewter Aqua vitæ bottle: this hath been proved often, and never yet failed, but with Gods bleſſing helped all that ever uſed it.

406. *Mr.*

406. *Mr.* Ruthens *receipt for the Plague.*

TAke of Meale half an ounce, of Mithridate a quarter of an ounce, of Nutmegs a quarter of an ounce, of Ginger half an ounce, of long Pepper two penniworth, of Angelica water a quarter of a pinte; mix these up together, and when need requireth take the quantity of a large Nutmeg thereof.

407. *Against running of the Reines.*

℞ of Plantaine water, and Rose water ana ℥ iiij, quench in it one ounce of Lapis Calaminaris seven times, after macerate it in that water, and put thereto the seeds of quinces, and Fleawort, of each ij ℥, afterwardes put thereto 5 graines of Vitriol, Mercury *Sub*limate 4 graines, mingle them well together, and inject it with a Siringe; but if the paine be vehement, put thereunto white Trochisces of Rhasis.

408. *Reins running, or Gonorrhœa.*

TAke Bole, terra ſigillata, ſanguis Draconis ana j ℥, conſerve of Red Roſes iij ℥, make it to a maſſe for Pills, the Doſe is the quantity of a Nutmeg, morning and evening.

409. *Another for the ſame.*

FIrſt purge well with new drawne Caſſia j ℥ in a draught of white Wine.

℞ Pearle, Corall, Creſſes ſeed and Madder ana iv ℥, Cumfry Roots dryed and powdred, Venice Turpentine dryed and powdred, Acorn cups powdred ana iv ℥, make all theſe with Venice Turpentine to a Maſſe, the Doſe is vj Pilles, as big as Peaſe, take it firſt and laſt.

410. *Rupture*

410. *Rupture to cure.*

TAke the white of an Egge beaten like oil, colour it red with Alkanet, anoynt the back or place where the griefe is by a hot fire; keep it warm with a Lambs skinne, or take Dove-foot or Cranes bill powdred give halfe a ſpoonfull thereof in Claret Wine red warm for one and twenty dayes together morning and evening, faſting two houres after; if it be for old people, adde to it nine Snailes ſhells powdred and dryed, during the cure wear a Truſſe, ſtir it not much, and abſtaine from windy meats; or take Polipody of the Oake, and of the Holm tree, ſtamp the roots thereof with the white of an Egge, and bind it againſt the place burſt, renewing it every foure and twenty houres for tenne or twelve dayes, all that time drinke nought but ſmall Beere or Ale, and infuſe Cumfry roots, and Solomons ſeale bruiſed.

411. *Ringworme, Tetter, or creeping ſore, the cure.*

TAke of the ruſtieſt yellow fat Bacon, cut it thin, fry the greaſe out of it, then poure it clean forth from the ſalt, make cleane the pan and put in the cleare greaſe again, fry therein Cup-Moſſe, till it be dry like coales, then ſtraine out the cleare greaſe, and mix it with di. ſo much Tarre, make an unguent of it, and anoint the griefe every day, or red Dock roots unwaſhed and thin ſliced, ſteeped all night in ſtrong Vinegar, and with a clout bathe it often.

412. *For a Red gum, or Sanſfleame face old or new.*

TAke the juyces of Sorrell, Smallage, and Plantaine ana, honey alike di. the white of an Egge, adde ſo much wheat flower as will compound them to a Salve, mix all raw together, and cold without fire, and ſo apply it, it will cleanſe, abate the pain, and heale.

Or

Or Pine-nut kernels, bray them in water (make a Salve of it) let it ſtand till a fat ſwim thereof, ana with the fat anoint the griefe.

413. *Rhewme, or Tooth-ache, the cure.*

TAke Gum Armoniack, and Maſtick ana j 3 di. boyl them in Aqua vitæ iv ℥, Wine Vinegar j 3, till the third part be waſted, then ſtrain it, add thereto honey iv 3, Saffron viij graines powdred, incorporate them together, and with a clout on the top of a ſticke, apply it to the griefe.

Or Staves acre, Pepper, Bay ſalt, and Pellitory ana, all pulverized together, ſowe them in a linnen cloath as big as a Nut; ſteep it in wine Vinegar, one quarter of an houre, then put one of them in your mouth, champ it, and turne it from one ſide to another, ſpit out the rhewme as it comes.

Or ſtamp ſome green Rew with ſome Bay ſalt, apply it to the gums grieved in a linnen cloth, it takes away the paine.

### 414. *Toſtay and dry the Rhewme.*

TAke a piece of white bread, dry, and hard, then ſoak it in Malmſie or Muſcadine, then ſtrew on it Sugar powdred, Wormwood and Mints powdred, then dry it and eat it.

### 415. *For Rhewme.*

TAke Muſtard ſeed boyled in Vinegar, hold it warm in your mouth where the paine is felt.

### 416. *Ruptures or Diſlocations.*

BOyl Rocket roots in water very tender, then bray them, and plaiſter them to the grief, it cures.

### 417. *Sores a drying powder.*

TAke Frankincenſe, Verniſh, Fengreek Alloſiccatrine, the powder of burned bones ana ij ℥, ſtrew it thick on the ſore.

418. *Sores fretting or eating.*

TAke the herb Female, Fluellyn, bruiſe it and apply it to the ſore, and drinke the juice of it in wine and water.

419. *Sores running, leprous, and skin rugged.*

TAke two parts of Sope, a third part of Auripigmentum fine powdred and mixed, anoynt the Grief.

420. *Sores old to dry up, a Lotion.*

TAke ſo much dulcified Mercury as will make twelve ſpoonfulls of Plantaine water, white as Milke, dip a feather in it, and dreſſe the ſore, it cures.

421. *For*

421. *For the ſame Sore a Plaiſter.*

TAke white Lead ij ℥, Camphire diſſolved in the white of an egge j ℥, Olibanum and Maſticke fine powdred ana ij ℥, incorporate all theſe in a Morter with a Peſtell, with oil of white Roſes and Virgins wax thin ſcraped, to the ſtiffneſſe of a Plaiſter, lay it to the ſore after the water hath dried it.

422. *Sore, a Corroſive.*

TAke green Copperas ſmall powdred and burned in a Crucible on a great fire for 12 houres, till it be as red as blood, grind it fine on a Painters ſtone, lay this Powder on the Sore thin, dreſſe it every 24 houres till the dead fleſh be clean out.

423. *Sores great and old, a Plaſter.*

TAke oil of Roſes j ℔, di. ℔, oil of Myrtle, Ointment-Populeon ana iv ℥, Hens greaſe ij ℥, Oxe tll ow j ℔, di. ℔, Hogs greaſe vij ℥, Letharge

Letharge of gold and ſilver ana iij ℥, di. ℥, white Lead and red Lead ana iv ℥, Wax vj ℥, boyl them all together ſufficiently, then take it from fire, and mix to it Turpentine.

424. *Sores hollow, a Lotion to mundifie.*

TAke Barbers lie j ℔, honey of Roſes iv ℥, Sarcacole iij ℥, Smallage leaves, and Horehound ana di. M, boyl them, ſtrain them and uſe it.

425. *Sores ſwelling to aſſwage.*

BOyl in Vinegar and Verjuice ſweet Butter, dip double linnen cloaths in it, uſe it hot.

426. *Sores or Ulcers mundified.*

TAke Egrimony, Saint Johns Wort, Centory, Wormwood, Scabius, Craſſula major and Cumfry roots, ana j M. ſtamp all theſe together, and boyl them in a gallon of water and a pottle of white Wine with di. ℔ Sugar, till the

the Liquor be half waſted, then ſtrain it and keep it to your uſe, ſeringe this water as hot into your ſores as may be: If you would have it more cleanſing, adde thereto Mel roſarum; if of greater cleanſing and cooling, adde thereto Plantaine or Nightſhade water, wherein is boyled a little Allom, this water cleanſeth from the deep parts of corrupt and filthy Ulcers, and Humours, makes other Medicines work the better.

### 427. *Impetigo, or Tetter to cure.*

TAke Sallet oil ij ℥, Camphire iv ʒ, flower of Brimſtone, and Sugar ana j ℥, grinde all together in a ſtone morter, and put it in a glaſſe, in the day time anoint the grieſe, as often as you will with Oil, wherein the golden Sea-coale powdred is boyled, but at night with the former Oil.

428. *Impetigo.*

428. *Impetigo or Tetter, another ſure one.*

TAke the ruſtieſt Bacon you can get, only the fat thereof, fry it in a frying pan till you have all the fat forth, then powre it clear out, and wipe the pan clean, put in the Liquor again, and fry therein j M, of Feltory, *alias* Cup-moſſe, clean picked and cleanſed, fry it in the Liquor till it be hard, and black, then ſtrain it into ſome veſſell, and put to it two ſpoonfulls of Tarre, and of liquid Storax iv ℈ ſtirre them well together till it be cold, anoint the Grief therewith, and lay a linnen cloath dipt therein on the ſore.

429. *Sores, Allom water that cureth.*

TAke one pinte of unſlaked lime, put it in a pipkin, put thereto of the neweſt Tanners Ooſe that never had Leather in it, very warm, then ſcum it over clean, let it ſettle till the water be cleare, and therewith waſh the ſore with wet cloaths, four double, and lay them on.

430. *Sores old, and Vlcers, an oil to heal and dry.*

TAke oil or gum of Guaiacum ij ʒ, incorporate it in oil of Roſes ij ℥, Ceruſe and Letharge of Tin, Alloſiccatrine and Turpentine, ana ij ʒ, mix all theſe together in a morter of Lead, then with Lint lay it on the Sore, this will dry and draw together the lips of Sores.

431. *Sores inflamed to cool much, and eaſe the pain.*

TAke oil of Roſes and Violets, Unguentum Roſarum, ana ij ℥, juice of Plantain and Houſleeke, ana j ℥, Letharge of Gold and Silver, ana 10 ʒ, Tutia, ij ʒ, Camphire j ʒ, all mixed together, and well ground on a ſtone.

432. *Stone, an outward application.*

TAke the crums of ſtale Rye bread, boyl it in a pipkin with ſo much Verjuice of Crabs, as will boyl it to a thick poultis, ſpread it on a cloth, and apply it on the grief as hot as you can ſuffer it; if the pain remove, follow it with your medicine, renew it hot till you be well.

433. *Stone a diſtilled Water for it.*

TAke Epithimum, Aſparagus, Rape, Saxifrage, Parſley, Sea-thiſtle, Carret, ſeeds of Creete, Fennell roots, Maidenhaire, Gromill, Parſnips, Pellitory of the wall ana j M. beat your hearbs and ſlice your Roots, then beat cherry ſtones in a Morter j M. infuſe them all in a quart of red Cows milke a whole night, then diſtill it, drink with white Wine five ſpoonfulls of this at one time four mornings together.

434. *Stone*

434. *Stone, a powder.*

TAke Engliſh Liquorice mundified and bruiſed ij ℥, Parſnip roots, Carrets, ſeeds of Creete, March Mallows cleanſed and bruiſed, ana j ℥, put them in a pot, pour thereon hot ſeething water one quart, let it ſtand cloſe ſtopped till it be cold, then ſtrain out a good draught, put into it a ſoft roſted Apple, make it thick as Lambs wool, drinke thereof a good draught firſt and laſt, morning and evening, it forceth Urine, and opens the Ureters.

435. *Stone, ſtraight paſſage of Urine to help.*

TAke Saxifrage, Aſhenkeyes, Broomſeeds, Holly berries, Parſley ſeed, Hawes, Bramble berries, Alexander ſeed, dry them and powder them, ana j ℥ the ſtones of a Boar, j ℥, take of this powder di. ℥, in a draught of warm white Wine, uſe it at need.

436. *Shingles.*

436. *Shingles, the cure.*

TAke the juyce of Rue, oil of Roſes and Vinegar mixed, with ſo much Ceruſe to an Unguent, therewith annoint the grief.

Or the juyce of Nightſhade, with oil of Roſes, Ceruſe, Letharge of Gold, as before, or Cats bloud, anoint therewith.

437. *Sinews and Veins cut to cure.*

TAke three great red Worms knit together, lay them to the grief; or Magiſtrall oil with Wine and Olibanum, doth the like.

438. *Stitch, a preſent cure.*

SWallow ſo much of the powder of Roſin as will lie on a twelve pence, in a draught of Sack or Beer, or the powder of a Bores tusk as much as will lie on a groat, in warm white Wine, doth it; or take Camomile, and Dazies with the flowers, ana ℥ M. Comin ſeed bruiſed

bruiſed one ſpoonfull, boyl all theſe either in Malmſey or Sack, thicken it with leaven bread to a Poultis, lay it very hot to the griefe.

### 438. *Sciatica, the cure.*

MAke a plaiſter with Caranna or Taccha-mahacca with oil of Roſes, lay it on hot, let it lie two or three dayes, then take it off, wipe it and apply it again warm.

### 439. *Sweat to procure.*

DRink a draught of Sack-poſſet very hot, with iv Bay-berries husked and powdred therein, cover him warm, and wipe off the ſweat.

### 440. *Squinancy, or any ſwelling in the Throat.*

TAke Camomill flowers, red Roſe leaves, Roſemary tops ana j M. and 12 Cloves, fill two linnen bags therewith, heat them betwixt two platters on a Chafingdiſh with coals, with

with a pinte of white Wine, apply them to the grief, hard rung out one after another as hot as he can ſuffer it, as one cooleth put on another hot, ſo continue it for one halfhour at every dreſſing with warm white Wine, wherein is boyled Honey, red Roſe leaves, and Roſemary tops ana.

### 441. *Scurvy, the cure.*

TAke Scurvygraſſe, Devils Bitt, Watercreſſes and Brock lime ana j M. Wormwood, di. M. ſtamp and ſtrain them with a quart of white Wine, allayed with a pinte of water, boyl them all together ſix walmes, add thereto in boyling white Ginger powdred ij ʒ, Enula-Camp. j ʒ, a little Saffron powdred, drink thereof firſt and laſt, let him infuſe Saxafrage in his drink at meales, but let him firſt purge with this following.

Take Senna Alexandrina iv ʒ, Epithimum ij ʒ, Raiſins of the Sun ſtoned, j ʒ, Fennell ſeed, Annis and Ginger, ana, di ʒ, infuſe them all night in very warm

warm Whay, in the morning wring it out hard, and give it the patient.

442. *Swelling, or Inflamation, a Poultis.*

TAke Mallowes, Camomill, and Violet leaves, ana j M. boyl them in freſh Hogs greaſe till they be tender, then lay on the hearbs hot for a Pultis; if you adde the crums of Rie bread, it will cleanſe any corrupt Ulcer.

443. *Swelling, or any Ach, an ointment.*

TAke the marrow of an Ox and new liquid Hens dung, ana di ℔. boyl them together, adde thereto powder of Alkanet, ſtrain it out hard, and fricate the grief warm by a fire with a cloath, then anoint it.

444. *Swolne or Scabbed Legs to heal.*

TAke red Dock roots and Plantaine ana, boyl them till they be tender, then bruiſe them till they be ſmall, boyl them again in

in Sheeps ſewet, and apply it as a Poultis.

445. *To skin a Sore or heal a Wound.*

TAke oil of red Roſes, infuſe therein a little Gum Dragant; and a little powder of Alkanet, let it ſtand till the Gumme be like a Gelly, then ſtrain it and anoint therewith.

447. *Scabs, the cure over all the body.*

TAke Devils Bitt, Scurvy graſſe, Water creſſes, Brocklime, and Fumitory, ana j M. Roſemary tops, di. M. bruiſe them and infuſe them in clarified Whay, drink no other drink for ſixd ays.

448. *Scabs, an Unguent with the former drink.*

TAke the juyce of Scabius j ℥ Enula cam. powdred j ʒ, oil of red Roſes j ℥, boyl them in ij ℥ of Vinegar till it be thick, anoint therewith.

449. *Stomach*

### 449. *Stomach to cleanſe.*

TAke Centurry, Scabius, Devils Bitt and Egrimony, ana di. M. ſprigges of Roſemary tops four, one race of Ginger grated, three large Mace, boyl them all in a quart of Caret Wine ſweetned with Honey, drink thereof firſt and laſt till you be well.

### 450. *Scald head, the cure.*

MIx with Hogs greaſe the juyce of Alexander, and a little Auripigmentum fine powdred, to make it look yellowiſh, melt it and put it in the powder while it is on the fire, make an ointment therewith, and anoint the grief.

Or take Soot, oil Olive, a little Wine Vinegar, Felter graſſe, boyl them together till the Felter be hard and like a coal, then ſtrain it and put thereto one ſpoonfull of Tarre, ſtir it till it be almoſt cold.

Or take of the worſt Salt butter, jlb.

the

the juyce of Celendine, fry them together till it become black, ſtrain it and anoint.

451. *Swelling or pain between the skin and the fleſh.*

TAke the dung of a Deere, Goat, or Sheep fine powdred, boyl it in Malmſy and Wine Vinegar, ana, adde thereto ſome powder of Cominſeed, boyl them to the thickneſſe of a plaiſter, apply it hot, and dreſſe it every 24 hours.

452. *Speech loſt to cure.*

TAke the juyce of Sage and Primroſe, boyl it in white Wine and Gargariſe the mouth therewith.

453. *Strangury and Stone to cure.*

TAke one quart of white Wine, infuſe therein all night the roots of Parſnips and Carrets thin ſliced, ana j℥, the next day ſtrain the Wine out, and infuſe therein the powder

powder of a Hares hair, the powder of Filberts ſhell, Licorice cleanſed and powdred, ana j ſpoonfull, Cinnamon, Nutmegs, white Ginger, Ivyberries, Parſly ſeed, Caroway, Coriander and Fennell, all fine powdred halfe a ſpoonfull, Sugarcandy powdred ij ℥, ſhake all theſe together in the pot with Wine, ſo let it ſtand, drink a good draught of it firſt and laſt, faſt two houres after in morning.

454. *Sores running to dry and heal.*

TAke the Moſſe that grows on the black Thorn, powder it fine, the bark of Guaiacum powdred, powder of old rotten oaken poſt, powder of the burnt bones of the jawes of a Pig, the powder of calcined Vitrial, and burned Allom ana j ℥, compound them with Honey to a plaiſter.

455. *Stitch*

455. *Stitch to cure.*

APply to the place grieved crumbs of Rye-bread wet with verjuyce, as a Pultis very hot, if the pain run on follow it with the hot Pultis till it be gone.

456. *Stone to break.*

TAke the ſhell or thin rinds of Acorns, the hips of the Briar, redHolly-berries and Nutmegs, ana, all dried and Powdred, drink hereof firſt and laſt in warm white Wine, di. ſpoonfull at once for ſix days or more; it helps.

457. *For all ſickneſſe, Fevers, Impoſthumes, or any other diſeaſe in mans body.*

TAke Hyſop, Betony, Roſemary, Violets, Vervin, Saint Johns Wort, Avens, Mouſe-eare, Plantain, Feverfew, ana j M. clean waſhed and ſtamped in a Morter, then put them in a new Earthen pot with one gallon of white Wine,

Wine, ſo let it ſtand cloſe covered to infuſe all night, in the morning boyl it cloſe covered to the ſconſumption of half, then ſtrain it through a hair Sive into a double Viall, then give the ſick to drink thereof evening hot, and morning cold, a great draught every time, this powder following to be drunk therewith.

Take Gallingale and Nutmegs ana iv ʒ, Ginger jʒ, Cloves, Cinnamon, Spikenard, Enula Campana, ana ij ʒ, Licorice vjʒ, Sugar four ʒ, all fine powdred and ſearced, then mix one ſpoonfull of this powder in one pinte of the liquor aforeſaid, ſo morning and evening drink a great draught as is ſet down. Take firſt the ſimple liquor 6. dayes and 6. nights, and then other four days and nights, take it with the powder, this will cure you if ever you be cured.

458. *Stitch*

458. *Stitch, a remedy, in the Spleen, or any part of the Body.*

CUt a thin Turf, having ſome ſhort graſſe thereon, broyl it on a Grid-iron, ſtill bathing it with Vinegar, put it in a double cloth, and apply it very hot.

Or the leaves of the ſmootheſt Holly dried and powdred fine, drink thereof ſo much as will lye on a ſix pence in any warm drink.

459. *A Stone that maketh Water for any ſore to bathe it, or heal any Canker in the face.*

TAke Allom and white Copperas ana j ℥, fine powdred, then put them in an earthen diſh, make the powder hollow, or a hole in the midſt of it, pour on a little white Wine to moiſten the powders, to let them boyl till they be almoſt dry, then put to it white and red Lead powdred ana ij 3, ſtir and mix them well together till they be dry, then make the hearth very clean where the

fire was, lay the diſh and powders with the bottoms upward, thereon, then cover the diſh with hot embers, ſo let it lie till the powders dry, and the diſh be cold, then take out the ſtone made of the powders, and put iv 3 thereof into a pint of Plantain water, or white Wine and water, and bath the ſore therewith warm, and lay Lint wet therein all day, and all night lay a Plaiſter made with ſome of this ſtone powdred, mixt with Honey and Camphire, but firſt bathe it with the water, ſo uſe it till you be well.

460. *Sciatica, an approved medicine.*

TAke Malmſie and Neats-foot oil ana di. pint, the youngeſt tops of Roſemary, the young tops of Bay leaves and Lavender, Spike, ana di. handfull, all cut ſmall, boyled till the Hearbs be tender, then ſtamped very ſmall, mixed with ten ſpoonfulls of Aquavitæ, then mix it to a Salve, and anoint therewith.

461. To

461. *To skin a Sore, and make it perfectly whole.*

TAke Lapis Calaminaris powdred and ſearced, mix therewith freſh Butter out of the Churn, and Linſeed oil ana, a little Bole and Ceruſe fine powdred, mixe all together, and apply it.

462. *Sciatica, Gout or Ach, an excellent Oil to cure it.*

TAke Sallet oil one pottle, put it in a broad gallon Glaſſe, infuſe therein Roſemary flowers bruiſed j ℔, ſet them ſo ſtand in the Sun cloſe covered till Midſommer, then take red Roſe buds j ℔, take out the whites, Dill di. ℔, Saint Johns wort i ℔, di. ℔, Verine di. ℔, bruiſe all theſe Herbs, then put them into the glaſſe of oil, ſtop it cloſe again, and Sun it for ten dayes more, then after a ſhower of Rain, gather Earth-worms one quart, cleanſe them in white Wine, and wipe them hard in a courſe cloth of linnen, then

Worms, and Lavander, Spike di ℔, and ten yoūg Swallows out of the neſt, beat thē ſo ſmal till you can diſcern neither bones, nor feathers, nor guts, then put them alſo into the glaſſe of oil, and ſtir them well, and ſo let it ſtand one night or two, pour out all theſe ingredients into a Pipkin covered, adde thereto one pinte of Malmſie, and di. pinte of Aqua-vitæ, let it ſimper ſoftly till the Wine and Aqua vitæ be waſted, then ſtrain it hard, and put it in a double Vial cloſe ſtopped, boyl it in Balneo with ſome powdred Cloves, and Maſtick powdred ana ij 3 for half an hour ſoftly, then Sun it again ten dayes, then put it up, let it be ten weeks old before you uſe it.

463. *To cleanſe and heal a Sore with a fair linnen cloth dry.*

TAke Plantain water, put thereto Mercury fine powdred, ſtir them well together, and ſo let them ſtand infuſed all night, then powre the clear water from the powder, then wet a clean linnen cloth therein, take it out han

hang it over the pot with Mercury to drain therein, ſo let it hang till it be dry, let it come neere no Sun, but let it dry in the ſhadow, then cut it fit for the Sore, apply it thereto till it be whole, renew it as you doe other plaiſters.

464. *A drink for the ſtone that cleanſeth the Back.*

GIve him to drink Benedicta laxative in a draught of warm white Wine, then cover him warm in his bed, let him ſweat well two houres: this is excellent to cleanſe the Reins.

465. *To make Diacentauria which purgeth the Stomach, comforts the Liver, Milt, and cools the Body.*

TAke the powders of Centaury and Cumin ana j ʒ, Fennell, Parſley and Hyſop, Mint ſeed, all powdred ana iv ʒ, boyl all theſe in white Wine till the wine be waſted, then bray all in a morter, and compound it all in a pan with clarified Honey, being cleanſed

with the white of an egge, let the Honey be three parts, and the ſeeds two parts by weight, then boyl them one or two walms, till it wax ſomewhat thick, ſtill ſtirring it, then ſtir and mix therewith the powder of Anniſeed, Cinamon, Galingale and Liquorice mundified ana j ℥, let them be well mixed, eat thereof at any time.

### 466. *Excellent powders for the Stone.*

TAke Smallage ſeeds, Parſly, Lovage, Saxifrage, Roots of Philapendula, Cherry ſtones, Gromil and Brooms ſeeds, Aſhenkeys ana j ℥, powder them fine, take of this one ſpoonfull at once in any thing, faſt three hours after.

### 467. *Stone, a pretious Water to drink, and may be taken with the foreſaid Powder.*

TAke ſtrong Ale ſix days old three gallons, Liquorice and Annis bruiſed ana iij ℥, Birch leaves burned, Pellitory, Water creſſes, Saxi-

Saxifrage, Gromill, Philapendula, Alexander, Parſly ſeed, green Pennyriall, red Bramble leaves ana j M, Haw berries di. pinte, diſtill all theſe in a Limbeck, and keep the Water, which drink alone, or with the other Powder.

## 468. *A diſtilled Water to break the Stone.*

TAke wilde Mirtle like Butchers Broom, Aſparagus or Sparage, Eringus, Rapes, Parſly, Maidenhair, Gromill, wild Carrots, Endive, Fennell roots ana, cut or brayed groſly, infuſe them in Wine on a ſoft fire, this breaks the Stone, and cauſeth Urine.

499. *Stitching or drawing wide Wounds together, without touching fleſh or skin with a Needle.*

TAke Maſtick, Dragons bloud ana ij ʒ, Frankincenſe j ʒ Mill-duſt, and Beane meal ana j ʒ di. ʒ, powder theſe fine, and temper it with the whites of Egges beaten in a diſh, & ſome Roſewater unto a thin plaiſter, then ſpread it on two narrow ſtrong linnen clothes, full as long as the wound, lay on each ſide of the wound one of them near the lips of the wound, let them there lie till they be full dry, then they will ſtick faſt to the fleſh, then with a needle and thread draw them together as near as you pleaſe without any touch or hurt to the wound, which much eaſeth the Patient.

### 470. *Stinking Mouth to cure.*

TAke brown Nuts, boyl them in Wine Vinegar, waſh the Mouth and gummes therewith, and after rub them with dry Mints: this cureth.

Or eat Roſemary faſting.

### 471. *Stinking breath for the ſtomach.*

TAke Cumin fine powdred, boyl it in white Wine from a pottle to a quart, drink of it firſt and laſt hot, it cures in fifteen dayes: *probatum*, drink a pint every day.

Or the roots of Spearmints boyled in Honey, drunk to bedward, or mixt with the former Medicine.

Or Mountain Thyme, or wild Thyme that grows on Molehils, waſh it, ſtamp it ſmall, adde thereto Cumin powdred di. ℥, Pepper di. ℥ powdred, boyl all together in a pottle of white Wine to a quart, uſe to drink this alwayes after meat, at afternoon once, and laſt at night hot, as you can

abide; this likewiſe cureth in fifteen dayes.

Or ſometimes dip a lawrell leaf in Muſtard, and hold it under the tongue, it furthers the cure.

### 472. *Speech uſed in ſleep, to remedy.*

TAke the juyce of Sothernwood mixed with white Wine or Vinegar, and give it him to drink when he goes to bed, this helps to ſleep quietly.

Or take crops of Rew and Vervine ana, ſtamp them with Vinegar, ſtrain them, and drink it laſt to bedward ten dayes together, it cureth.

### 473. *To help Children to ſpeak quickly.*

RUb the tongue with ſalt Gem and Honey mixed together, it will profit much.

474. *An excellent Cordiall to comfort the ſtomach, heart, and brain, quickens the memory, and much comforts the ſpirits.*

TAke Calamus Aromaticus, Galingale, Cubebs, Spikenard, Cardimomum, grains of Paradiſe, Myrrhe, Cloves, Ginger, Mace, Nutmegs, Cinnamon, Coriander, Fennell, and Aniſeeds ij ʒ of each, Liquorice mundified, Conſerve of red Roſes, ſyrup of Violets, Roſemary dried, and red Sage dried ana iij ʒ, Roſewater, Borage water, Balme water ana j ℥, or for want of the waters, the hearbs dryed and powdred ana j ℥, Honey clarified with the white of an Egge j ℔, pulverize and ſearce all thoſe ſimples, that are to be powdred, then in a broad gally pot mix all theſe ſimples, Honey and waters together to a Conſerve, let the patient take the quantity of two Hazell nuts in the morning, faſting two houres after, and laſt to bedward ſo much as a Hazell nut.

475. For

475. *For foul Scabs.*

TAke Scammony and Vinegar, and apply it, it helps and drieth marvellouſly.

476. *For Scabs and Tetters.*

TAke the juyce of Limons, and oil of Nuts and Car ana, let them boyl together, then ſtrain them, and mix therewith the fine powder of chimney ſoot, make an ointment thereof.

Or the juyce of the Dock mixt well, doth the ſame.

477. *For the Sciatica, an unguent, probatum.*

BOyl a pint of old Malmſie, with di. lb of Butter out of the Churne unſalted, let them boyl till it come to a Sálve, therewith anoint the grief warm, uſe this for any other pain.

478. To

### 478. *To keep the body Soluble.*

TAke Maidenhaire, wild Germander, wood Sorrell, and Balme, of each a quarter of a handfull, wilde Mercury halfe a handfull, of damask Roſes two good handfulls, clarified Whey five pints, let it ſtand ſcalding hot for one houre, ſometimes ſtirring it, after one hour ſtrain it, and drink twice or thrice a day a draught; this will not only keep the body Soluble, but purge the bloud; then waſh your hands in Beef broth, it will take away all the heat of the hands.

Whether one be with child or not, they may take it ſafely.

### 479. *Againſt the Scurvy.*

℞ of choiſe Rubarb, of Agarich trochiſces, and Gentian, ana ℥ j. of Myrrhe aloes, and cremor of Tartar, of each two dragmes, of Sena ℈ ij, of Epithymum ℈ ij ß. and make them up into powder, and exhibit a dragme for one doſe, in a ſufficient quantity of white Wine,

Wine, and Wormwood water diſtilled for the ſpace of nine dayes faſting.

℞ of juyce of Scurvy graſſe, Water creſſes, Rocket, purſlane, ana p. æ. clarifie the juyce of the hearbs with the white of an Egge, and in a ſufficient draught of Rheniſh Wine, mingle about two ſpoonfulls of the juyce and drink it faſting in the morning ſome dayes together.

480. *Steele Wine, for the Green-ſickneſſe.*

℞ 3 pints of white Wine, of prepared Steel 3 ounces, of Curcuma 3 dragmes, of Saffron 2 dragmes and a half, of the ſpecies of Aromaticum roſatum 2 dragmes, of Galingale 3 dragmes, of Harts horne burnt, two dragmes, of the ſpecies of Dianiſum, and of Diarrhodon abbatis of each 2 dragmes, make an infuſion thereof for 12 houres, and ſweeten it with Sugar, and give 3 dragms in the morning of it uſing ſome exerciſe after it.

481. *A good Electuary againſt Surfets, to cleanſe Bloud, to expell Winde, and againſt the Peſtilence.*

℞ of Wormwood, Centaury, Carduus, Angelica, Rue, Scabious, Roſemary, Parſly, and Fennell roots without their pithes, Cowſlips, Violet and Strawberry leaves, red Roſe leaves Tamariſk, of each a like quantity; of Hyſop, Cichory, Fumitory, burrage, as much of Scurvy graſſe, Water creſſes, Brook lime and Marigold flowers; as much of great Raiſons without their ſtones ℔ j, of Figges ſliced ℔ ß. boyl theſe in cleare ſpring water, and put thereto ℔ j of engliſh Liquorice powdred, of Aniſeeds, and Fennell ſeeds ana 4 ℥, of Honey 2 ℔, boyl theſe till they be thick, then put thereto 3 ℔. of Canary, j ℔ of good Sugar, let them boyl together, then put of cloves, Mace, Cinnamon and Ginger. ana ℥ j beaten ſmall, with Rubarb ℥ ß. when it is ready to take from the fire: Keep it put up in a cloſe pot, and give as much as a walnut when need is.

482. *Tetter,*

### 482. *Tetter, the cure.*

TAke red Roſe leaves, Sage, Camomile, and Roſemary ana j M. Pomgranat Pils, and Allom ana iv ʒ, boyl all theſe in two quarts of white Wine, to the conſumption of a third part, bathe the ſore th rewith, and apply on it a plaiſter of Diapalma

Of black Sope, Ginger, and Pepper, make an unguent of it, and uſe it, it cures.

### 483. *Timpany or Dropſie, the cure.*

TAke five pintes of Rheniſh or white Wine, and three porrengers full of the aſhes of burned Broom, Cinnamon iij ʒ, infuſe them all night together, next morning runne it through a jelly bag ſo often till it be clear, adde thereto ſo much Sugar as will fit your taſte; bottle it up cloſe, let it ſtand one day, then drink it firſt and laſt, and one houre before meals, and after walke till you

be

be warme, at each time take a good draught cold, eate neither Milke, Broth, nor ſpoon Meat, ſalt Meats, nor fryed, drinke but little at meales, no Wine at all, except the ſtomach be weak.

484. *Thorns with ſplinters, and to draw them out.*

TAke a peece of a Fox tongue, ſteeped all night in Vinegar, binde it faſt on for forty hours without removing, it will draw it out.

Or take Rice meal, Hazell nuts, black Sope, Tarre, Gooſe dung, and Hens dung, mix them, and boyl them in milk to a poultis, plaiſter it faſt on.

Or ſtamp the roots of a Reed, and lay it to the grief.

Or ſtamp Berony, and uſe it.

Or take Egrimony, the greaſe of a Hare and Rye meal mixt, and apply it.

Or take Honey, the gall of a beaſt, and chalk, and uſe it.

### 485. *Tooth-ach with Rhewme, the cure.*

BUrne aſhen keyes to aſhes, and put them in a fine linnen cloth, bound hard together, then dip it in wine Vinegar, and lay it in the hole behind the ear, this raiſeth a bliſter, and eaſeth.

Or take Ginger and Liquorice mundified and Powdred ana four ʒ, ſalt Peeter j ʒ fine powdred and mixed, then with a quill blow it up in the contrary noſtrill where the pain is: this works hard, but helps.

### 486. *Tooth-ach, ſtinking breath, and looſe teeth to cure.*

DIp a linnen cloth in Vinegar of Squils, rub your teeth and gums therewith.

### 487. *Tooth-ach of Rheume.*

TAke Engliſh Honey, melt it in a diſh, then ſhred off the inner barke of a white Bullas tree, Pepper, and white Ginger, as much as will make two little Pills, ſo big as a black Cherry, wrap each of them in a thin linnen cloth, dip them in a diſh of hot Honey, hold them in your mouth one after another, when one cooleth take another, doe this till your pain be gone.

### 488. *Ptiſick or any diſeaſe of the Lungs.*

TAke the roots of Parſly, Fennell, and Succory ana j M. pithed, the freſh tops of Roſemary and Bettony ana j M. Anniſeed bruiſed, Liquorice mundified and thin ſliced ana j ℥ di. ℥, Enula Campana roots powdred iv ʒ, Raiſins of the Sunne ſtoned iv ℥, Engliſh Saffron ℈ j, boyl all theſe in three quarts of running water one hour, then ſtrain out the liquor,

quor, and put it to fire againe, with three ſpoonfulls of Honey, when it boyls, ſcum it, let it cool, and bottle it up for your uſe, drink morning and evening eight ſpoonfuls thereof warm, ſometimes roaſt a Fig, and eat it dipt in the powder of Betony.

Of this make a ſyrup, whereof eat a ſpoonfull often in the day and night.

### 489. *Turnſole to make.*

DIp linnen clothes in Allom water, let them dry again, then take Elder berries, and Back berries, wring their juyces out, then dip the Allom clothes therein, let them ſoake well, and keep them when it is well dried in.

490. *For the Tooth-ache, a medicine made by Doctor* Butler *of Cambridge.*

TAke the rind of Caper roots, of the black berry bramble, the flowers of Pomgranates called Balauſtia ana ij ʒ, Pellitory of Spain, white Henbane ſeed, the rind of Mandrake and Roche Allom ana ij ʒ, di. ʒ, Spurge of the garden j M. boyl all theſe together in very hard white Wine, this is rough in taſte, therewith gargarize and waſh the mouth often.

491. *A Triacle, or rather a pretty Mithridate.*

TAke Gentian, Ariſtolochia Rotunda, Bay berries husked, elect Myrrhe and Ivory ana ʒ ʒ, Ginger, Cinnamon, red Roſes, Opium, Spikenard, Caſtor, Opoponax, Frankincenſe, Fennell ſeeds, Parſly, Caroway, Wormwood, Calamus Aromaticus, Enula Campana, Scordium, or water Germander, ana ij ʒ. Storax, Hartſwort, Sothernwood, Turpentine waſhed in Roſe

Roſe water ana v j 3, powder all that are to be powdred, and ſearce them fine, incorporate them with honey clarified *quod ſufficit*: this is excellent for any ſtrong diſeaſe, or other, it expels poyſon from the heart of any kind; it expels winde and venemous vapours, it breakes the Stone; it giveth quiet reſt and ſleep, it takes away all pain, it cauſeth urin, and cures all inward griefes and ſickneſſe, the Doſe is j 3 at a time.

492. *A Stomach drink that cures many diſeaſes: if it be made and drunk in May, they are ſafe all the year after.*

TAke Scabius, Mugwort, Smallage, Divels Bitt, ground Ivy, Wormwood, Fumitory, Fetherfew, Spicknell ana ij M, boyl them long in Whay made in May, when they be well boyled, in the laſt walme put in it the whites of ſix Egges, ſome Honey clarified, a little Saffron, the powder of twelve Cloves, then ſtrain it, and drink of it firſt and laſt.

493. *Thighes*

493. *Thighes ach, or feet.*

TAke the roots of Walwort, ſcrape the inmoſt rinde, ſtamp the middeſt, and temper it with Bores greaſe and plaiſter it on.

494. *Thornes to draw out any where.*

STampe j M of Dazies roots tempered with yolkes of Egges and wheat flower, and make a plaiſter thereof, and apply it, dreſſe it twice a day.

495. For *Tetters or any creeping eating Sores.*

TAke Honey clarified, mix therewith of Daffadill and the roots thereof, anoint the griefe, or take white Sope j ʒ, Orpment ij ʒ, make an unguent therewith, but firſt waſh the place with warm water before you anoint it.

Or mix the powder of Salt Armoniack with Sope; anoint and be whole, *probatum.*

496. *Veine*

496. *Vein broken, or ſpitting blood.*

TAke Mouſe dung powdred as much as will lie on a groat, put it in a little draught of the juyce of Plantain warm, with a little Sugar, drink thereof firſt and laſt till it be well.

497. *Vein broken.*

TAke worm wood, Hemlock, Houſleek, ana di M. Honey and oil of Roſes ana j ʒ, Bole and Sanguis Draconis ana ij ʒ, beat them together, and plaiſter it to the grief.

498. *Ulcers the cure.*

TAke Roch Allom, powder it, and calcine it till the pot be red hot, and the Allom pure white, then adde thereto wine Vinegar ſo much as will cover it, then vapour away the Vinegar till the Allom be black, then calcine it again til it be as white as Snow, then mix it with honey of Roſes; make a plaiſter thereof, and apply it.

449. *Ulcers old to cicatrize and cleanſe.*

STrew thin over the Ulcer calcined Vitriall, then lay on a plaiſter of Flos Unguentorum.

500. *Vomit eaſie with intermiſſion.*

TAke the ſyrup of Mints and Violets ana four ℥, boyl them to the thickneſſe of Honey, then draw away the fire, then mix them with the ſeeds of Pompions, Radiſh and Nettles dried and powdred, and Roſe-water ana iv ℥, the roots of Aſarabacca, dried in the ſhadow, pure Chalk powdred, Cinamon and Fennell ſeed, all powdred, ana j ℥, confect them all together into an Electuary, the Doſe is iij ℥, either in Barly water, Whay or Milk, or honied water.

501. *Vomit to ſtay.*

TAke Mints, Shepheards purſe, Plantain, Knot graſſe and Cumfry ana j M, ſmall chopped, boyl them in a quart of red or claret Wine, drink of this Wine, and plaiſter the hearbs to the ſtomach in a double cloth.

502. *Unguent mundifying.*

TAke Roſin viij ℥, Colophony foure ℥, Wax j lb. boil one lb, Opoponax j ℥, di. ℥, Virdigreaſe j ℥, melt the Wax and Roſin together, then ſtrew on the gummes being diſſolved in Vinegar, then boyl it a little on a ſoft fire, take it off, and ſtirre in your Virdigreaſe laſt in fine powder by little and little, ſo plaiſter it.

503. *Un-*

503. *Vnguentum Neopolitanum, to cure the French Pox.*

TAke Oil of Spick, Oil of Tartar, Oil of Bay, Petrolium, and Swines greaſe, ana j ℥, Frankincenſe iv ℥, Euſorbium j ʒ di. ʒ, ung. dialtheæ, and Agrippa, ana j ℥, Quickſilver mortified with faſting ſpittle, iij ℥, mix them well and compound an ointment thereof, anoint therewith but hands and arms to the elbowes, legs and feet to the knees.

504. *Unguent to keale a green wound at firſt dreſſing.*

TAke Aloes, Succotrine fine powdred, the powder of Perofine ana, Mix and grind them with the white of an Egge, lay it on with a pledget of Lint.

505. *Unguent for Ladies chopped, or ſore Lips.*

TAke Butter out of the Churne, melt it with ſo much Wax, Roſe water, and fine ſcraped Sugar, compound them together to an oyntment, and anoint therewith upon the hands.

506 *Unguent for deep thruſts or Wounds.*

TAke Hogs greaſe di ℔, the juyce of Plantain, Wormwood, Marigold and Dazies, put to your greaſe ſo much Salet oil as greaſe, melt and mixe them well together on the fire, put therein ſo much fine ſearced powder of Alkanet as covers the unguent red: this cureth without Tent and keep it open

507. *Unguent incarnative and healing.*

TAke English Honey and Turpentine, melt them on the fire, and ſcum them with a feather, then take it from the fire, and ſtir it, and put to it the juyces of Dazies and Plantain ana, the yolks of three Egges, ſtir them well and mix them to an Unguent.

508. *Unguent to heal the Hemrods, and break them.*

TAke the fineſt Sope, bray therewith Garden Snailes without ſhels, and the fine ſearced powder of burnt Muſcle ſhels, all mixed and brayed together, anoint therewith, and in three dreſſings bee whole, and then lay on a deſiccative powder.

509. *Unguentum defenſivum and repercuſſivum.*

TAke Oil of Roſes four ℥, Bole two ℥, Terra ſigillata one ℥, Vinegar j ℥, Camphire di. ʒ, Night-ſhade, and and Sengreen, ana j M. pound the herbs, and ſtrain the juyces out, mix all together cold, *fiat unguentum.*

510. *Unguentum digeſtive, which brings a wound to fair matter.*

TAke Honey and freſh Butter ana, incorporate them well together, with the flower of Fengreek, Linſeed, and Wheat, melt them and mix them on the fire together, make it ſo up.

511. *Unguent to mundifie.*

TAke Roſin, Wax, and Pitch, ana iij ʒ, Deers Suet j ℥, melt them together on a ſoft fire, ſtrain them purely without preſſing, then ſet it on the fire, and put thereto Verdigreaſe, vj ʒ. Allom fins powdred, iv ʒ, mix them well with

fix

ſix great ſpoonfuls of Sallet oil, and ſo it is done.

512. *Unguent to cleanſe and heal.*

TAke white Copperas fine powdred four ʒ, Allom fine powdred, and Verdigreaſe ana iij ʒ, Honey fine powdred, and Butter ana ij ʒ, oil of Roſes ij ʒ, boyl all together to a liquid unguent, then mix thereto Turpentine i ʒ, lay it on with pledgets.

513. *Unguent to skin any wound.*

TAke Lapis Calaminaris powdred and ſearced j ʒ, freſh Butter, oil of Linſeed ana ij ʒ, Bole and Ceruſe ana iv ʒ, powdred and ſearced, mixe them all in a morter to an unguent, anoint therewith and lay pledgets wet therein on it.

514 *Un-*

514. *Unguent to force one to piſſe in any ſickneſſe.*

INſuſe and mix ten drops of oil of Juniper in ij ʒ of Parſley water, drink it faſting bloud warm, uſe it till you be well, which will be at one or two takings.

515. *Wounds and ſmall Cuts.*

TAke powder of Storax, mix it with oil of Hypericon and Alkanet, it cures quickly.

516. *Wounds green, a Balſome to heale quickly.*

TAke the oldeſt white Wine one pint, oil three pints, Hypericon, Cloves, Alheale, and red Roſe buds, ana j M, freſh and ſmall ſhread, earthen Wormes cleanſed di. ℔, boyl all theſe in the oil and wine, till the oil and wine be conſumed; then ſtrain it hard forth, and put it to fire again, digeſt therein liquid Storax j ʒ, and Venice

Venice Turpentine j ℔, Wax cut in pieces ij ℥, mix them well together, when it is cold put it in Vials, and Sun it ten dayes, this is a good tenting Salve.

517. *Wounds green, a Salve to cure.*

TAke the oil of Linseed one pint, infuse therein Adders tongue and sweet Maudlin small chopped or cut all night, so much as the Oil will cover, the next day boyl it close covered, till the hearbs have lost their colour, then strain it, put the oil to fire again, put thereto Wax and Rosin, cut in small pieces ana two ℥ till it be well melted, then mix and stir therein Venice Turpentine ij ℥ being well mixed, take it from fire, put it up to your use.

518. *Wounds or Sores, a good Lition.*

TAke white Wine one pinte, infuse therein so much calcined Vitrioll as will make it bloud red, then put thereto the

powder of calcined Allom, ſo much as a Walnut.

### 519. *Wen to cure.*

RUb the Wen on a dead body, a man on a woman, and a woman the contrary, prick the Wen with a a Needle in the dead body to be buried with him.

### 520. *Wormes to kill and cure.*

TAke Cockle, and with the flowre thereof make a plaiſter, temper it with the juyce of Wormwood, lay it on the Navell.

Or take the powders of Betony, Savine, Wormwood, and Centory, and mixed, eat a little thereof in brothes, or drink it in drink.

521. *Winde colick to cure.*

TAke the powder of Setwall roots, and put it in white Wine, it is very good.

522. *Winde with pain and ſwelling in the ſtomach.*

TAke Avence, Liquorice and Annis, celanſed and bruiſed, Galingale and Hyſſop, with the powder of Mace, and a little Gentian, boyl all theſe in white Wine, the doſe or quantity is in diſcretion, ſtrain it and drink it warm.

Or oil of Roſes, Wax, powders of Maſtick and Mace melted together, and apply it in a plaiſter to the Stomach.

523. *Wilde*

523. *Wilde fire in the fleſh to cure.*

TAke the dregs or lees of Red or Claret Wine, or white, and the dregs of Vinegar, the whites and yolks of Egges, bray all theſe together and apply it.

524. *Water to dry and heale a Sore, and to dry a humour.*

TAke white Copperas calcined and powdred fine, ſeeth it in fair running water, then let it ſtand and ſettle, take none but the cleereſt thereof, or ſtrain it purely, and ſo uſe it.

525. *Womens milk hard in breaſts to cure.*

TAke Mints, Walwort and Vervine ana Hogs greaſe, ſtamp them together, and as a Poultis apply it.

526. *Warts*

526. *Warts or Wens to cure.*

TAke j lb, of the first tap of Sope-makers Lie, put it in a pot and mix therewith so much quick Lime as will make it thick, then put it in a bag, hang it up with a Bason under it, and let the water drayne into the Bason, then put a drop of that water on the top of the Wart or Wen, and let it dry in three or four times till it look white, then it will goe away.

527. *Water to eject or strenge the Secrets of Man or Woman, and good Lotion for old Sores.*

TAke water and white wine ana one quart, Woodbine leaves and flowres, ana ij M. Sage, Rosemary and Water cresses small chopt and well boyled together halfe an hour close covered, then put therein Allom iv 3, powdred, and Honey two small spoonfulls, then boyl them three walmes, strain it and keep it to use.

528. *Womans*

528. *Womens Paps ſwolne, or hard to cure.*

TAke the juyce of Hearb Benet, bathe the hard breaſt therewith, and wet a double cloth therein and lay it thereon, bathe it and wet the cloth again, ſo uſe it till you be well.

529. *For the Whites.*

TAke a quarter of a handfull of white Archangell, Plantaine, Sheapherds purſe, and Comfrey of each halfe a handfull, of Horſe taile, or Cats taile half a handfull, boyl this in two quarts of Milke, till half be conſumed, then ſtraine it, and ſweeten it with ſugarcandy, and drink it twice a day for 10 or 15 doſes together.

530. *To ſtay the Courſes when they come too violently.*

TAke half a dragme, or a dragme of Diaſcordium, diſſolve it in a draught of Poſſet ale, wherein there hath been boyled halfe a handfull of

of Sheapherds purſe, drink a draught of this morning and evening.

531. *To cauſe a Woman to have her courſes.*

TAke a good quantity of the root of Gladine, and boyl it in Vinegar or Wine till it be tender, and after ſet it on the ground in a veſſell, that the woman may ſtand or ſit over it, and let her ſtand ſo cloſe over it, that the heat may ſtrike up into her body, and this will help her, for it never faileth; but you muſt have ſpeciall care the woman be not with child: *probatum.*

532. *To ſtay the Whites.*

℞ of Nutmegs ℥ ij, of white Amber ſix dragmes, of the whites of Egges reduced into powder two ounces, mingle theſe together, and take halfe a ſpoonfull of theſe in new Milke ſix days together; you may ſweeten it if you pleaſe.

533. *An*

533. *An ointment for Wormes.*

TAke of unſet Leekes, Wormwood, Lavender cotton, Rew, Bearsfoot, Savine, Sotherniwood, red Sage, red Mint, Featherfew of each a handfull, ſtrip the ſtalkes from them, and chop them and beat them in a Morter very ſmall, then put thereto a pound of May butter, unwaſhed or ſalted and then put them up all into an earthen pot, and ſet it into a braſſe pot of ſeething water, and let it boyl two hours, then ſtrain it as hot as you can, and anoint the ſtomach warm, and keep a cloth to it.

This Salve will keep 2 or 3 yeares, and is an approved one.

# *The Temperature, Nature and Qualities of Plants and Hearbs for* PHYSICk.

*First Medicine temperate, hot in first Degree.*

BEans, Water lillies, Barley, Kneeholme, Maiden haire, Hogs greaſe, ſweet oil, Milk, Wax, white Lead, Letharge of white Lead, Capillus veneris, or Walferne, Tutty, or Liquorice, Gourds, Cidron, or Orange.

534. *Medicines hot in the first Degree.*

Round Ariſtolochia, Hollihocks, ſweet Almonds, Gheſtnuts, Figs, Wormwood, Smallage, and Egrimony, Bugloſſe, Burage, Mercury, Devils bitt, Harts tongue, Walwort, Aloes, Wheat, Fenugreek

Fenugreek, Linſeed, Honey, Butter, Sugar, Whay, Melilots, new Wine, Groundſell, Elder tree, Muſhrome, or Agarick.

535. *Medicines hot in the ſecond degree.*

Guaiacum, Cyprus, Calamus aromaticus, Piony, Nutmegs, bitter Almonds, Enula campana, Comfry, Branckerurſine, Sanicle, Lyons tooth, wild Rocket, Bennet, Lavander, Cardimomum, Horehound, Garden Mints, Stone Parſly, Scabius, Fennel, Frankincenſe, Myrrhe, Maſtick, Sarcacoll, Briony, Madder, Fumitory, Clary, Broom, Hops, Hyſſop, Balme.

536. *Hot in the third degree.*

Gentian, Ariſtolochia longa, Polypodium, Pellitory of Spain, Horſ-radiſh, Dogſtones, Galingale, Gladin, Ginger, Ireos, Watercrowfoot, Mugwort, Chervill, Cyprus, Celendine, Origany, Sage, Raperoot, French Diptany, Annis, Opoponax, Roſemary, Hyſſop, Galbanum, Juniper, Coliquintida, Coſtmary, St. Johns Wort, Privet, Rew, Savine.

537. Hot

537. *Hot in the fourth degree.*

Garlick, Onions, Tithimale, Muſtard ſeed, Euforbium, Pepper, Petrolium, Pelitory of Spain, Anacardus, Savory.

538. *Medicines cold in the firſt degree.*

Cheſnuts, Mallowes, Pomegranats, Barbaries, Knotgraſſe, Lillies, Orach, Barly, Pears, Apples, Violets, Roſes, Quinces, Cytrons.

539. *Cold in the ſecond degree.*

Peach, Orange, Gourd, Cucumbers, Primroſe, ſowre Pomegranants, Lungwort, Fleawort, Bloſſomes of Pomegranats, Acacia, Plantain, Endive, the yellow Flower-Deluce.

540. *Cold in the third degree.*

Taffell, Houſleek, Sorrell, wilde Endive, Tormentill, Purſlain, the leſſer Houſleek, Night-ſhade, Strawberries, Raſpis, Camphire.

541. *Cold*

541. *Cold in the fourth degree.*

Poppy, Opium, Hemlock, Henbane, Mandrake.

532. *Medicines moiſt in the firſt degree.*

Enula Campana, Mallowes, Bugloſſe, Burage, Butter, Spurge, Almonds, Linſeed, Violets, Tarre.

544. *Moiſt in the ſecond degree.*

Lillies, Lintels of the Fens, Flower-Deluce, Lettice, wilde Bore brech, Cucumber, Parſly, Primroſe, white Muſtard ſeed, Dates, Fleawort, Ammoniacum, Arache, Lingwort, Eringus roots, Gourds.

545. *Moiſt in the third degree.*

Satyrion, wilde Endive, Strawberries, Courds, Colwort.

546. *Moiſt*

546. *Moiſt in the fourth degree.*

Quickſilver.

547. *Medicines dry in the firſt degree.*

Fennell, Hollyhocks, Divels bit, Elder, Pomegranats, Barly, Walwort, Cheſnuts, Fenugreek, Camomile, Millilot, Saffron, Frankincenſe, Sarcacole, Beanes, Fumitory, Tormentill, Sorrell.

548. *Dry in the ſecond degree.*

Ariſtolochia, Guaiacum, Cyprus, Calamus aromaticus, Cinnamon, Dill, Sothernwood, Camphire, Opium, Centaury the leſſer, Horehound, Sanicle, Lyons tooth, Hyſop, Broom, Parſly, Scabius, Pimpernell, Cardimomum, bitter Almonds, Millet, the Indian nut, Nutmegs, Myrrhe, Verjuyce, Honey, Aniſeed, Cyprus, Juniper tree, Endive, Fennell, Lavander, Hops, Cloves, Balme, Mints, Figs, Pomgranats, Maſtick.

549. *Dry*

549. *Dry in the third Degree.*

Lavander, Hogs bread, Gladin, Rape root, Pellitory of Spain, Gentian, Galingale, Dragons, Wormwood, Mugwort, Crow foot, Bettony, Celendine, Hemlock, Hellebore, great Celendine, Privet, Towne Creſſes, Aniſeed, Origan, Cinkfoyle, Roſemary, Savine, Cockel, Tutſan, Garlick, Cumin, Sanguis Draconis, Galls, Sothernwood, S. Johns Wort, Pennyryal, Rew, Sorrel, Tormentill, Gum Arabick, Chalk, Vinegar, Aloes, Millet.

550. *Dry in the fourth degree.*

Pepper, Spurge, Anacardus, Savory, Oil, ſtone Parſly, Muſtard, Euphorbium, Garlick, tame Creſſes.

551. *To cure a green Wound by the Weapon that gave it, without ſight of the party wounded.*

TAke of the Moſſe growing upon a Scull iij ℥, of Ceruſe ij ℥, May Butter

ter clarified two quarts, Deere ſewet j ℥, Bees Wax ij ℥, Camphire di. ℥, boyl all theſe in the Butter, till it come to a pinte, then Take Venice Turpentine j ℥, and boyl it a walme with the reſt being a pint, ſtir it till it be cold, put thereinto oil of Snails ij 3, while it is lukewarm, beat them all together with your hand, till it be made into a Balſome.

552. *The uſe of it.*

TEmper the Balſome upon the palme of your hand, and therewith anoint the Weapon that gave the wound, ſo far as it was in the wound, then take a fine linnen cloth and bind up the weapon, ſo far as it is anointed, tye it very hard, and put it into a Trunk or other cloſe place from air for 21. days, the patient ſhall be well.

553. *How the Wound ſhall be uſed in the mean time.*

CAuſe the wound to be waſhed twice every day with the water of the party wounded, then dip a ragge of fine

fine Holland, in Spring water filling it therewith as full as it can be filled, and lay it cloſe upon the wound; but if any bone be broken or periſhed, ſo that it needeth to be ſcaled, then let the wound be waſhed and chafed with the Urine til it bleed at every waſhing.

### 554. *His Diet muſt be temperate.*

WHite bread, Table Beer, freſh Meat, but let him abſtain from Beef, Pork, Gooſe, and all kind of fiſh.

### 555. *How to make Oil of Snayles.*

TAke a quart of black Snayles in May, put them in a bag, with halfe a handfull of Bay ſalt, bruiſed, hang them up untill they drop thorow the bag: a quart of Snayls will make ij ℥ of Oil.

*A briefe Collection of all Hearbs, Plants, Seeds, Spices, and Gums now used in Physick, to purge the Body of Man, omitting all such Hearbs and Plants as have any great Danger to deal withall.*

AGarick purgeth Phlegme and Melancholy, ministred with Spices, and corrected accordingly.

Allo Cicotrine in the pap of a roasted Apple, or any way else purgeth gently, the Dose is one dragme.

Astrabacca, the leaves purgeth upward and downward, if so gathered and stripped.

BRiony white, take the young Sprouts thereof boyled, and eat it, purgeth by stool, and Urine Phlegmes, so doth the roots in decoction, but strong and offensive.

Buckhorne berries, powdred and Boyled in the fat broth of flesh, one dram and a half purgeth Phlegme and choler.

Broom, the young tops boyled in Wine, purgeth the Dropsie, or any watersh cause.

Bettony one dragm, of the roots dried in water and Honey powdred, purgeth upward grosse and filthy humours, and helpeth the Sciatica.

Borage flowers made in Conserve, purgeth Melancholy, and comforts the heart.

COloquintida, the weight of ten grains of the pith thereof in decoction or otherwise, with Mastick and Spices fit for it, purgeth phlegme and choler.

Cowcumber wilde 10 or 12 grains of the juyce thereof infused, purgeth phlegme.

Centory in Decoction looseth the belly and cureth the Sciatica.

Cassia Fistula purgeth choler and bloud from Superfluities.

Cich, or wild Tarre, or Orobus seed fine powdred, and taken with Honey, purgeth by Seige and Urine. Daf-

DAffodill root with Nettleſeed, boyled in white Wine and Honey, purgeth the bloud and ſpots.

Dodder that grows on Flax, boyled in white Wine, purgeth by Urine, ſtool, and choler.

Danewort j ℈, of the ſeed bruiſed and taken with ſyrup of Roſes, and a little Sack, is a good purgation for Gout or Dropſie, it purgeth wateriſh humours by ſtool.

EPithymum, or mother of Thyme four ʒ powdred with Oxymel, and a little ſalt Gem purgeth choler and phlegm, and cleanſeth the bloud, ſo it will do boyled green in Decoction.

Eline with the broad leaf j ʒ, of his inner bark, boyled in Wine, purgeth phlegm.

Enula campana the roots, candied, preſerved, or in a loch, ℥ to be licked, purgeth clammy humours in breſt or lungs.

Eldern the crops, leaves, or inner bark taken in broth, purgeth phlegm, and ſo doth the ſeed infuſed in vinegar, and afterward dried, then take j ʒ any way.

Fumitory the juyce in syrup or decoction purgeth by Urine, and Seige bloud, and hot humours.

Fennell giant j 3 of the juyce of an Electuary, purgeth phlegm and choler.

Flower-deluce, the juyce of his roots drunk with Whay, or otherwise, to allay heat, doth effectually purge choler and wateriſh humours, and is good for the Dropsie.

Fennell hogs, or hogs fennell, the yellow sap of the root taken with bitter Almonds and Rew, purgeth phlegm and choler.

Fleawort seed boyled, and the decoction made, and taken, purgeth hot cholerick humors.

Foxgloves in decoction boyled with white Wine and Honey, or Sugar, purgeth and ripens tough phlegm in the breast, and opens the stopping of the Liver and intrails.

Fenugreek, the juyce boyled with Honey or the decoction of the seed in Wine, and in a little Vinegar, purgeth by stool, all manner of corrupt humors from stomack and Guts.

Fetherfew powder drunk with Oxi-

mel,

mel, purgeth phlegm melancholy, and and cheereth the Lungs from purfiveneſſe.

Frankincenſe, Hearbs, Leaves, and Roots, boyled with white Wine and Pepper, purgeth Leproſie and Pox.

GLaſſe, Saltwort, a little of the hearb any way taken inward purgeth by Urine the Dropſie.

Gladdeu ſtinking the root infuſed in Ale, or any other decoction, purgeth by Siege, and Urine, but the ſeeds purgeth more by Urine then the roots doth.

HEellebore black, or Bear-foot powdred j 3, with ſweet Wine, purgeth black choler.

Hops, the juyce purgeth blood from choller, by Stoole and Urine.

Hedge Hyſſop two ℈ bruiſed and boyled, purgeth wateriſh humours.

ISop the juyce taken with Oximel, purgeth phlegm.

LIllies red, the roots and leaves boyled in water and honey; purgeth the bloud.

Lawrell, his leaves green or dry j ℈, purgeth phlegm upward and downward,

ward, ten graines of the ſeeds doth the ſame.

MAndrake, the juyce of his roots in ſmall quantity purgeth phlegme.

Mercury, the Decoction purgeth phlegme and wateriſh humours.

Mechoacan powdered j ℥ in Sack, purgeth phlegme and wateriſh humors.

NIght ſhade or bitter-ſweet, the wood hereof in decoction in white Wine di. M. thin ſliced, purgeth both Dropſie and Jaundis by ſtoole and urine.

ORgany or wilde Marjoram, in decoction purgeth by Seige and Urine.

℞ PEeters Wort j ℥, fine powdred, a decoction of honied Wine purgeth the belly.

Polypody of the Oake in decoction, purgeth phlegm gently, the Doſe is j ℥.

Prunes damask di. ℔, boyled with honey one ſpoonfull, and Senna j ℥, make an Electuary thereof, purgeth gently, it may be ſharpned with any the precedent Medicaments.

Palma Chriſti both hearb and ſeed boyled in decoction purgth phlegm and wateriſh humours upward and downward.

Penyriall

Penyriall with Honey purgeth the Lungs and Breaſt, and with one ʒ of Aloes purgeth and helpeth the Cramp and Convulſion of Sinews.

Peach flowers or bloſſomes infuſed in warm water 24 hours, then ſtrained out and new put in as before, and ſo uſed and renewed 6 times, then ſtrained, and the liquor boyled up with Sugar to a ſyrup, take two ſpoonfulls thereof at once, it is the gentleſt purgation in the world, none better nor eaſier.

RUbarb two ʒ more or leſſe to the parties ſtrength infuſed or otherwayes purgeth choler.

SOuthernwood ſeed one ℥ powdred and boyled in white Wine, purgeth phlegme by Urine.

Scammony ten or twelve grains roſted in a Quince, the Scammony caſt away, then eat the Quince, or make an Electuary with Prunes and ſome eight grains thereof, purgeth choler and ſlimy phlegme.

Scabius the decoction purgeth Scabs and Sores of the Bladder by Urine.

Seny ij ℥, Mechoacan iv ʒ, white Ginger one ʒ, Anniſeed and Liquorice,

ana ij ʒ, Salt gem, iij ʒ, all fine powdred and ſearced, take it faſting one or two ſpoonfuls in warm white Wine, it is a gentle purgation.

Sowbread root one ʒ di. with honied water, purgeth groſſe phlegm and filthy humours.

Steecadoſe, or French Lavander, opens all ſtoppings in body, and expels all corrupt humours, it is an excellent hearb for man.

TUtſane ſeed iij ʒ, ſmall powdred in decoction, purgeth choler, and is good for Dropſie, drink water two dayes after it.

Turneſole one M. boyled in white Wine, purgeth choler and phlegm.

Turbith one ʒ di. in an Electuary with Syrup of Violets and Ginger, purgeth phlegm.

Tithimill ſeed or Spurge corrected, diſcreetly purgeth both wayes.

Three-leafed-graſſe, the decoction with honey and Salt for a Glyſter purgeth the guts and ſlime and filth.

VIolets the ſyrup iij ʒ, purgeth gently, you may ſharpen it with any the preſedents.

Woad

WOad one penniworth of the ſeed boyled with water and honey, purgeth choler.

Wormwood purgeth by Siege and Urine a weake ſtomach, troubled with choler and phlegm.

*Theſe Hearbs purge Head and Brain.*

THe powder of the root of ſtinking Gladwine ſnuffed or taken with a pipe.

The powder or fume of Tobacco taken as aforeſaid.

The root of Lacewort chewed in the mouth, purgeth and eaſeth the Toothach.

The root of Primroſe ſtamped and ſtrained, ſnuffe the juyce, purges and helps the Meagrom.

The root Maſterwort chewed.

The powder of the root of wild Hellibore.

The roots and leaves of Pellitory of Spain chewed, purgeth phlegm.

The juyce of Betts ſnuffed.

Dazie roots and leaves ſtamped and ſtrained, and the juyce ſnuffed.

The roots and leaves of the winde flower.

The juyce of Pimpernel gargarized, helps the Tooth-ach, and purgeth.

The juyce of Ivy ſnuffed, purges and ſtayes running eares, and cureth old ſores in eares, mixed with a little oyle of Roſes.

The ſpice called Graines chewed.

The juyce of Pilewort or little Celendine mixed with honey and ſnuffed.

The dry or green leaves of Spurge Lawrell chewed.

The juyce and powder of Betony helps the ſight, and purges.

The juyce of young Sprowts of Nettles ſnuffed.

The powder of Pepper.

The juyce of a white Onion ſnuffed, purgeth.

## A brief discourse of the colours and judgments of Urine.

URine fat and troubled, betokens a burning Fever of choler, or red and thick all over with a black circle, sheweth sickneſſe all over the body.

Urine white and thin little in quantity sheweth cold in the body.

Urine clear with a black circle, sheweth the sick hath the Ptisick.

Urine red and thin with a bright circle, sheweth a bad stomach.

Urine thin and greenish above shews a cold complexion, if blue in casting 'tis the Ptisick.

Urine thin if it shew black above betokens great loſſe of Nature.

Urine thick and troubled horſpiſſe signified head-ach.

Urine fat in the bottome, white in the middeſt, and red above, shews the Fever quartain.

Urine

Urine fat like fleſh with dregs in the bottome like ſhadowing, ſhews the Dropſie of Cold, but if it be whay above clear in the midſt, and ſhadowing beneath, ſheweth hot dropſie.

Urine with black dregs in the bottome like gobbets of coals ſheweth worms.

Urine with black contents like Moths in the middeſt ſhewes an Impoſtume under the ſide.

Urine with contents like ſhavings of Parchment, in the bottome, ſheweth ſtopping in the Reins and Pipes of the Liver.

Urine black and green with long white contents ſignifies the Palſie.

Urine that hath graines under the circle, ſheweth the ſtomach is full of wormes, and alſo burning of the heart.

Urine foul above, ſheweth heat in the Heart, Lungs and Spleen.

Urine with black contents in the bottom, ſheweth Coſtiveneſſe.

Urine that is long laſting, betokens biting in the body and great Rheume.

Urine thick, little in quantity, and high coloured,

colourrd, ſheweth great burning in the body.

Urine frothy, clear and a little red, ſhews pain under the right ſide.

Urine frothy, ſheweth winde and pain under the left ſide.

Urine very red ſheweth an Impoſtume on the Liver.

Urine as red as burned gold if it be Hydroptick betokens death.

Urine in a hot Fever, one part red, another black, another green, another blew ſignifieth death.

Urine in hot axis black and little in quantity and ſtinking betokens death.

Urine all coloured as lead, ſheweth a prolonging of death.

Urine dark and clear beneath ſignifies death.

Urine that ſhineth raw and bright, if the ſcum in the bottom ſhines not, ſhews death.

Urine thin in ſubſtance fleeting above like a dark skie ſhews death.

Urine dirty, ſtinking and a dark skie ſhews prolonging of death.

Urine like water with a dark skie in

a fever ſheweth death.

Urine with dregs in the bottome mingled like bloud, ſheweth death.

Urine black and thin, if the ſick do loath when he goes to the ſtool, and ſpeaks overthwart, or underſtands not aright, if his ſickneſſe goeth not from him, ſignifieth death.

---

Womens

## *Womens Vrine, their ſignifications.*

URine white, heavy and ſtinking, ſhews pain in the Reins, and Mother and Cold.

Urine that fleeteth fat above, ſhews pain in the Reins of the back.

Urine with black contents in the bottome, ſhews falling of Flowers.

Urine with white contents in the bottome, ſhews much falling of flowers.

Urine coloured as Linſeed, ſhews death if ſhe have the Flux.

Urine red as gold with a watery circle above, ſhews ſhe is with child: mark if you ſee your face in a womens water, if ſhe be without a Fever, ſhe is with Child.

Urine of a woman with child ſhall have ſome clear ſtroaks, the moſt part is troubled in a reddiſh maner of a Tawny; this token never fails as ſoon as the childe hath life, if it be a Girle, the troubleſomeneſſe wil draw downward;

if

if a Boy, the troubleſomeneſſe will be above, this fails not.

Urine bright as gold, ſhews luſt, or deſire to marry.

Urine coloured as white Lead, if ſhe be with Child, ſheweth the Child, is dead within her, if ſhe be not with Child, and the Urine ſtink and coloured as Lead, ſheweth the Mother is rotten.

## *A Rule to know the danger of falling ſick by the Diary judgement of the Moon.*

1. IN *primis*, He that falleth ſick on the firſt day of the Moon, ſhall ſoon die if the ſickneſſe be tedious or fierce.
2 Although he be ſore ſick, he ſhall be cured.
3 He may with due regard in Phyſick be cured.
4 He ſhall be ſoon reſtored to health.
5 He ſhall be ſick but ten days, and then reſtored.
6 He is no danger.
7 He ſhall enjoy life but three moneths.
8 He ſhall continue ſick and languiſh a long time.
9 He ſhall have health after nine dayes.
10 He ſhall amend after ten days.
11 He ſhall be long ſick, but at laſt recover.
12 He ſhall be ſick 12 days and recover.

13 He

13 He ſhall have a long and grievous ſickneſſe.
14 He ſhall be ſoon reſtored.
15 He ſhall eaſily eſcape death.
16 He ſhall be in great danger if he take the open ayre.
17 He ſhall not prevaile with any Phyſick to do him good.
18, 19, 20. Be good days.
21 Sickneſſe is mortall and incurable.
22 He ſhall eſcape after he hath lain three moneths.
23 He ſhall die in few days.
24 He ſhall remain a long time ſick.
25, 26, 27, 28, 29. Be all good days.
30 He ſhall hardly eſcape with many Medicines.

*To know the Humour that causeth the sickneſſe by the Patients Spittle.*

IN primis, If the Spittle be white viſcous, the ſickneſſe comes of phlegm.

If black and clammy or like Lead, the ſickneſſe is of Melancholy.

If Cytron, yellowiſh or Glaſſie, it commeth of choler.

If tawny or reddiſh mattery colour, it comes of Bloud.

If the white Spittle be not knotty, it ſignifies health.

If ſumy or frothy, it ſignifies winde, and a raw ſtomach and cold.

If gleary like horne, it ſhews a ſtomach ſlack, raw, and ſlow of digeſture.

*A judgement of the ſtate of Mans ſickneſſe by the Pulſe.*

LAy your four fingers on the Pulſe, then mark which finger the Pulſe is moſt ſtrongly under; if the Pulſe under the little be feeble and weak, and ſo under every finger to the heart upward be more weak, it ſignifieth death.

Contrariwiſe, if under the little finger it ſmight ſtrong, and under the Ring finger ſtronger, the middle finger more ſtrong, and under the fore finger next the heart ſtrongeſt of all, it is a good ſign, and prgnoſticateth health.

*FINIS.*

*That every one may know how to compound these Medicines, without the help of any other man, therefore the notes of all the weights which are used among the Apothecaries, are placed underneath.*

| | | |
|---|---|---|
| Grain | | gr. |
| Scruple | | ℈. |
| Drachme | | ʒ. |
| Ounce | | ℥. |
| Pound | | lb. |
| Quart | | qr. |
| A small handfull, or as much as you can take up with three fingers. | hath this mark, | P. |
| A great handfull | | M. |
| Halfe | | di. |
| Of each | | ana. |
| Receive | | Rx. |

*As much as is sufficient* q. s.

# THE *PHISITIANS HELP* TO THE *CHIRURGEONS SALVATORY*, FOR SUDDAIN ACCIDENTS.

## CHAP. I.

*Prevention of miſchiefe by Poyſons eaten or drunke.*

DIverſe *Phyſick Authors* have invented various rules to prevent Poyſoning, by ſuſpecting their food and company; But thoſe are all falſe lights, and uncertain; poyſoning the minde many times with cauſleſſe jealouſies, till the paſſions break out into ſore afflictions of ones own ſelf, and contagious infections of

some others purer reputations. Therefore (that I may be no abettor of other mens errors) my counsell shall be; First, and principally to rely upon the provident mercy of God to watch over and keep us; And in the second place, to rest upon the use of good Antidotes only. Such as are, *Mithridate*, *Andromachus* or *London-Treacle*, *Confectio Alkermes*, and *Confectio Liberans*. These are always ready in every wel furnished *Apothecaries* shop.

Of any of which, you may take every morning fasting the quantity of a Hasel nut: and that either simply by themselves, or else in some Broth, or Posset drinke: or, if your stomach through coldnesse and ill digestion require it, in white Wine sweetned with a little Sugar. Or else use the plain, but anciently applauded Antidote.

*Take two Walnuts, two Figs cut in two, twenty leaves of Rue, and a little Salt.* Beate all together in a Morter to a pulp, and eate it in the morning fasting. In praise of which these Verses were written.

*Armatusq; cibo tali, quascunq; veneno*
*Quilibet insidias sibi tenderet, haud metuebat.*
*He that with such a Poyson-proofe was arm'd,*
*Fear'd not that day by Poyson to be harm'd. A-*

*Avicen* makes it thus.

*Take of Walnut kernells two parts, dryed Figs and Salt, of each 5. parts, & dryed of Rue 20. parts.* Of which *Rhaſis* ſaith that it will make one vomit up any unwholſome food received that day after it.

You may alſo apply this outward Medicine, which is an approved one.

*Take half a halfpeny loafe newly drawne out of the Oven, make it hollow in the middle of the crummy ſide, and fill it with Treacle and Vinegar, while it is hot apply and tie it to the Navill.* It doth preſerve the body; and draweth out the venom (if any be within) be it of what kinde ſoever. I have an excellent Antidote of mine own, *if any will be pleaſed to come to me for it.*

---

## CHAP. II.

*A generall way of Curing ſuch as are hurt by inward Poyſons.*

IF any be Poyſoned, *Aetius* (*Tetrab.* 4. *Serm.* 1. *cap.* 47.) ſaith it will appear by theſe ſignes.

Not long after the taking of it, there will come either a ſudden coughing, or

vomiting of bloudy and ſtinking ſtuffe, or trouble in making water, or ſome pain within the body, or vehement heat, or gnawings within the ſtomach or guts, or elſe ſome ſuddain numbneſſe: alſo prickings in the fleſh, trembling of the limbs, Hicket or Yex, Convulſions or Cramps; breakings out of the skin into bliſters, biles or ſcabs; filthy ſpots, or foul and unnaturall colour of the skin; ſwelling either all over, or elſe of ſome part of the body; ſtraitneſſe of breath, much filthy vomiting, and in thoſe vomits ſometimes the very plain appearance of ſome part of the Poyſon. If any of theſe (ſaith he) happen to a healthy man ſuddainly upon his meat, this man is to be judged infected with Poyſon.

And then muſt this courſe following be obſerved.

Firſt, you muſt endevour to fetch the Poyſon outby the ſame way it was take in. As, if it were eaten, or drunke, by vomit: If in a *Glyſter* or *Suppoſitory*; by a *Glyſter* again it muſt be purged out. If by a Fume, by a cordiall Perfume it muſt be encountered, and conquered. If by the mouth

mouth it were received, whatſoever kind of Poyſon it be, before it be digeſted further than the ſtomach (if it may be time enough found) give the party a great draught of ſome fat broth; or Oil and childs urine; or elſe Sweet Butter and Water, with two or three ſpoonfuls of the juice of Radiſh roots in it. Give one of theſe bloud-warm, to make him vomit. If the firſt vomit fail, give the ſecond, and ſo the third if the ſecond fail. And if they work not of themſelves quickly, provoke them further by putting the finger into his throat, or a feather dipped in rank Oil, or in Oil of *Linſeed*.

But if it have gotten into the guts (which wil appear by the gnawings and gripings) give him a ſharpe *Glyſter*. As

*Take Mallows, Violet leaves, Mercurie, Beets, of each a handfull; Aniſeeds, Fenell-ſeeds, Caraway-ſeeds, of each a ſpoonfull bruiſed; The flowers of Violets, Bugloſs, Burrage, Damask Roſes, and Camomill, of each halfe a handfull. Boyl all well in a ſufficient quantity of fayre Water. Then ſtrain it; and to three quarters of a pint of the Liquor, put an ounce of Diacatholicon, and three drams of*

*Dia-*

*Diacolocynthis. Three ounces of Honey and a knifes poynt-full of Salt.* Mix all together, and give it *Lukewarme.*

And if, while it is yet in the ſtomach, a vomit or two, or at the moſt three bring not away the Poyſon (which wil appear by the eaſe the party receiveth) then give him a ſtrong *Purgation*, ſuch as this;

*Take of Mallows, Violet leaves, of each one handfull. The flowers of Violets, Borage, Bugloſſe, Damask Roſes, of each halfe a handfull. Aniſeeds, and Fenell ſeeds bruiſed, of each half a ſpoonfull. Liquorice ſcraped and ſliced a quarter of an ounce.* Boyl altogether in a ſufficient quantity of *half Water half white Wine.* Then having ſtrained it, Take a *quarter of a pinte of the liquor; to which put Hiera of Coloquintida and Diacatholicon, of each three drams; Syrup of Roſes ſolutive, and Syrup of Wormwood, of each half an ounce, or a little ſpoonfull.* Mix all well together, and give it as a *Purgation.*

Thoſe that are of good ability may have this *Maſſe* of *Pils* made by ſome skilfull Apothecary for them, to keep by them againſt a time of need.

*Rs.*

*Rs. Aloes roſatæ unc. ij. Myrrhæ extractæ com. aq. vitæ drach. vj. Extracti croci drach. iij. Rhabarbari electi drach. ij. Agarici trochiſcati drach. j. ſs. Turbith albi & gummoſi drach. j. Scammonii roſati ſcrup. ij. ſs. Ambræ griſeæ ſcrup. ij. Moſchi grana x.*

*Cum ſyr. roſ. ſoluti. q. ſ. fiat Maſſa.*

Take at once the weight of *ſix pence* or *nine pence*, as need requireth; being formed and rowled into *Pills* of a fit bigneſſe for the Patient to ſwallow.

If it be a Child, or a weake body, make a quarter of a pint of plain Poſſet ale, wherein is boyled a few ſweet Fennell ſeeds bruiſed: adding to it an ounce of the blacke pulp of *Caſſia fiſtula*. Mix all well together, and let the party drink it off.

If there be torments in the guts, this may be given in way of a *Glyſter* alſo, adding only ſome courſe Sugar.

In this caſe likewiſe, when the venom appeareth much and violent, you muſt give a *Glyſter* beſides the *Purgation*; yea *Glyſter* upon *Glyſter*, as ſoon as one ceaſeth to work giving another, (though they be twenty in a day) till all complaints ceaſe. That is, till neither evill

taſte, ſmell, vomitings, or gripings within the body remain, to ſhew that any reliques of the venom are yet left.

If the ſtomach and guts complain of a burning heat; to qualifie the ſtomach, drinke Poſſet-Ale boyled with ſweet Fenell ſeeds, and mixed with *Caſſia*, as before-ſaid: and for the guts, this *Suppoſitory* following.

*Take of Hiera of Coloquintida ij. drams: a little Salt, and a ſufficient quantity of Honey.* Heat them together ſoftly on the fire till the lump come to a ſufficient hardneſſe; then rowle it up in forme of a *Suppoſitory*, and annoynting it with Sallet oil, or ſweet Butter adminiſter it.

Now, when by *Vomits*, *Glyſters*, *Suppoſitories*, and other *Purging Medicines* before deſcribed, the venemous matter appeareth drawn away; in that the body feeleth no more of thoſe torments and troubles it was befor afflicted with, then let the party drink a draught of warm milk mixed with Honey. And if ſharp *Glyſters* have been often uſed before, let him take alſo one *Glyſter* of milk and

and Honey; or of ſome fat broth to waſh away the reliques of the ſharpneſſe and biting quality left in the guts and ſtomach.

In the mean time, to defend the brain, heart, and liver from infection of the venemous vapours that will haſten to thoſe noble parts; *Take Conſerve of Burrage flowers, Mithridate, and London Treacle of each a like quantity:* Mix them well together, and ſpread all thick upon a piece of Leather of a hand breadth every way, and lay it well warmed betwixt the Paps.

Take alſo, of *Red Roſes three handfulls; Sage, Betony, Roſemary tops, Rue, Wormwood, of each a handfull; Tormentill roots, and Gentian roots, of each cleanſed and ſliced thin, half a handfull.* Boyl all theſe in a ſufficient quantity of white wine, half water, till a third part be boyled away.

In this liquor dip wollen clouts, then wring out the liquor from them, and apply one cloth reaſonable hot to the mould of the head; and another all over the ſtomach. And when theſe clouts wax dry, dip them again in the ſame liquor

well warmed, wring them, and apply them as before.

Thus, having rid the body of al evil Accidēts, you must root out al the reliques of poyson yet left behind, lest they remaining stil, beget as dangerous, though not so suddain or violent an Issue. Therefore then betake your self to *Antidotes*. Such as are named in the first Chapter, for Prævention; but their Dose must be doubled. In way of Cure these also that follow are especially commended against al kinds of Poysons whatsoever. viz.

*The Hoofe of an Oxe cut into parings*, and boyled with bruised *Mustard*seed in white Wine and faire Water.

*The Bloud of a Malard* drunk fresh and warme: or else dryed to powder, and so drunke in a draught of white Wine.

*The bloud of a Stagge* also in the same manner.

*The Seeds of Rue, and the leaves of Betony* boyled together in white Wine. Or,

*Take ij. Scruples* (that is, forty graines) *of Mithridate; of prepared Crystall one dram* (that is, three score graines) *fresh Butter*

one

*one ounce*, Mix all well together: Swallow it down by ſuch quantities as you can ſwallow at once; and drink preſently upon it a *quarter of a pint of the decoction of French Barley; or ſo much ſix ſhillings Beer.* Of this I have had happy proof.

There is alſo another excellent courſe to be taken (beſides all theſe) by thoſe of ability, and that is, Take a ſound horſe, open his belly alive, take out all his entrailes quickly, and put the poyſoned party naked into it, all ſave his head, while the body of the horſe retaines his naturall heat: and there let him ſweat well.

This may be held a ſtrange courſe; but the ſame reaſon that teacheth to divide live Pullets and Pigeons for Plague-ſores, approveth this way of Sweating as moſt apt to draw to it ſelf all poyſons from the heart and principall parts of the Patients body. But during this time of ſweating, he muſt defend his brain by wearing on his head a Quilt thus made.

*Take Cinnamon, Nutmegs, Cloves, all the Sanders, of each half an ounce.*

Roots

*Roots of Angelica, Tormentill, white Dittany, and Valerian, of each one ounce.*

*Dryed Sage, Rosemary, Balme, of each half a handfull; and of Red-Rose leaves dryed two handfulls.* Make all these into a grosse powder, and quilt them up in *Sarsnet* or *Calico*; and let it be so big as to cover all the head like a Cap: Then bind it on fast with a Kerchief.

In all this time the Patients diet is not the least to be thought upon. which must be new milke from the Cow, fresh Butter, Sallet oil, fat Broths of Mutton or Veale, or of fresh Beefe. For fat things stop the vessels, and hinder the course of the poyson to the principall parts. In his Broths also boyl these hearbs; Burnet, Bugloss, Burrage, and wilde Thyme.

He must reside in a clear ayre, or else have the Ayre rectified with perfumes, and those must be temperate and mild, not too full of fume, lest they suffocate his Spirits. I need not set down any; every one knoweth the use of *Rosewater, Iuniper, Rosemary, Bayes*, and *Frankincense*: Let him ever be smelling to *Rosemary* rubbed

rubbed in ones hand; to *Iuniper-berries* a little bruiſed, *Lemons* ſtuck with with *Cloves*, *Myrrh*, *Storax*, or *Lignum Aloes*.

He muſt ſleep little: for ſleep draws the venom to the center of the body; but watching drives it to the outward parts.

As for Thirſt; let him bear it as much as he can: But if it afflict paſt ſufferance, let him drinke (now and then) new milke turned with Vinegar into Poſſet-drink.

---

CHAP.

## CHAP. III.

*A more Particular way of Cure; wherein is touched the eating of Mushroms, Muskles, and Perewinckles.*

THough I intend not to discover the particular nature of every Poyson which might be a way to instruct evill minds in evill purposes) yet without some distinction, I shall take much paines to little purpose. Therefore this generall difference must be made known; namely, that there are Poysons both Hot and Cold: and their Cures are as different as their Complexions.

Therefore if the Poyson taken, be hot (as will appeare by the Accidents that will follow; *viz. Bitings, Prickings, and Gnawings within; extreame Heats, Burnings, Inflamations and Hot Swellings Inward or Outward*) Then the *Glysters* must be gentle: As thus,

*Take Mallows and Violet leaves, of each two handfulls; French Barley one handfull; Camomill flowers halfe a handfull.* Boyle them:

them in a ſufficient quantity of faire water, till the third part of the water be boyled away. Then ſtraine it, and to three quarters of a pint of the ſtrayned liquor, put an ounce of *Diacatholicon* (or for the richer ſort, an ounce of *Caſſia Fiſtula* newly drawn) and three ounces of Courſe *Sugar* (or elſe *Honey of Roſes* two ounces) and a little Salt.

Eate fat Broths, with coole hearbs boyled in them, as *Burrage*, *Bugloſſe*, *Violet leaves*; and likewiſe *French Barley*; with juyce of *Lemons*, the tartneſſe being taken off with *Sugar* or *Honey*; as alſo *Sorrell* ſo corrected.

Give the Patient leave to ſleep, if he can; but enforce it not.

And for his Antidotes, uſe *Mithridate mixed with Conſerve of Roſes*. Or elſe,

*Take of Diamargariton frigidum, one dram, of Oxymell ſimplex one ounce, and Carduus water three ounces.* Mix them together, and let him drink it.

In all other points keep him as is taught before.

But if the Poyſon be of a Cold nature, which will appear by coldneſſe within

on

or without, or both, numnesse, fullnesse, dulnesse, and drousinesse. Then use Vomits, sharp *Glysters*, and the like, as are appointed in the precedent Chapter.

Keep him from Sleeping.

Make him sneez often with powder of strong Tobacco blown up into his nose with a quill; or if the Tabacco alone will not do it, mix a little powder of *Euphorbium* with it.

Rub his Breasts, Sides, Backe, and Limbs with warm woollen Cloaths.

Speake much to him, and enforce him to stirre his body as much as may be.

Endevour also to make him Sweat: to which purpose you may use this Medicine following.

*Take one dram of Gentian root in fine Powder, with two or three graines of Bezoar-stone.* Give it in a little draught of *Cardus Posset drink made with white Wine and a little Vinegar.* Give it hot, and cover him well with clothes, ordering him so before, in, and after sweating, that he take no cold; neither eate, nor drink in five or six houres after.

Let

Let his Antidotes be *Andromachus* or *London Treacle.*

With his meat, Boyl Garlicke, Onions, Balm, and ſweet Fenell ſeeds. And let him endure Thirſt as long as he poſſibly can.

In all other things, order him as occaſion ſhall ſerve or require, according to the preſcriptions in the Chapter before.

Some, out of wantonneſſe, and apiſh imitation of Strangers, have learned to eate Muſhroms, commonly called Toad ſtools: which is an excreſcence of the earths ſuperfluity, not voyd of a venomous quality; though ſome are leſſe hurtfull than others, and to ſome conſtitutions, little or nothing at all apparently offenſive.

I knew a *Mountebanck* in *Devonſhire*, that perſwaded many to the uſe of them; whereof two (the one a young man, and the other a woman) to the hazard of their lives were overtaken with his Cookery. To the young man I gave this Medicine, *two drams of Hens-dung dryed and powdered; faire water, white Wine, and Vinegar, of each halfe a quarter of*

*a pinte, with half an ounce of Honey.* All mixed together he drank it, vomited, had alſo two ſtooles, and ſo recovered. The woman being his mother, and ſeeing me uſe the dung, conjured me to give her ſome other Medicine that was more cleanly. Whereupon I made her go to her well warmed bed: and then gave I her a draught of Poſſet ale wherein Penyroyall was boyled, to which I put a little *Aqua Vitæ* and *Salt Peter*: She hereupon did ſweat abundantly, and recovered.

Others there are, that out of an Antipathy to their Conſtitution, are directly poyſoned if they eat Muskles; others againe are in the like caſe with Perewinckles. I have ſeen ſome with Muskles ſwelled, and ſpotted all over. In which caſe, after a Vomit, and a Glyſter (ſuch as are before deſcribed in the ſecond Chapter) I gave this Antidote following.

*I took Terra Sigillata* (for want of *Terra Lemnia*, which I account the better) and *Juniper berries, of each a like quantity*; made them into fine Powder: And of this Powder I took the weight of

of halfe a dram, and with a ſufficient quantity of freſh Butter, made a *Bolus* or lump, which the Patient ſwallowed: and after the third time (which was done every twelve houres) he recovered. And in five dayes was perfectly well.

CHAP.

## CHAP. IIII.

### *Serpents or Wormes crept into the Body.*

THough it happeneth very rarely; yet ſometimes it hath ſo fortuned, that ſome lying aſleep on the graſſe with their mouth open (as many do ſleep ſo) have had a Snake, ſome an Eft, one had a *Slowworm* crept in at his mouth into his Body: Any of theſe will much torment a man; but eſpecially the laſt: Becauſe therefore, I have known many take delight to ſleep on the graſſe in the fields; and ſince ſuch an accident may happen, I thought it not amiſſe to teach a helpe for the ſame.

While it is yet in the Stomach, labour by vomiting to caſt it out. If that prevayleth not, *Take the juice of Rue mixed with your owne Urine*: and drinke a draught of it: and if need require, drink diverſe of theſe draughts one within an houre of another.

*Marcus Gatinaria* commended the ſmoake of burnt old ſhooes received in at

the mouth through a Funnell: Telling of a man that had in vain tryed many other Medicines; and with the uſe of this, avoyded a Viper downward. This *Mizaldus* recordeth in *Centur.* 8. *Num.* 94.

Some enforced through great thirſt in the heat of Summer to drink of any water next to hand, have in their greedineſſe ſwallowed a Horſe-Leech, which being in the throate, and finding it ſelfe in a place full of ſuch food as it loved; fell to ſucking of bloud there; which muſt needs be a great torture to the Party. For which Accident, I finde in Authentical Authors theſe Remedies following.

The juice of *Willow leaves* drunk, hath the property of vexing that creature; making him let go his hold; and ſo the party, enforcing himſelfe to vomit, may caſt him out. *Aſſa fœtida* diſſolved in Vinegar, and the throat therewith gargled (if it be not gone downe into the ſtomach) will do the like. But if it be gone downe ſo low, drink a draught of white Wine wherein Garlicke is boyled. Or elſe, Take half a dram of

*Aloes*

*Aloes Succotrina* powdred in a draught of White Wine, or Worm-wood Beere.

If an *Earewig* or other like creature chance to get into the Eare; blow the smoake of Tobacco through a pipe into the eare. Or, *Take the juyces of Wormwood and Southernwood, of each a like quantity*; mix them, warm them, and drop a little into the Eare.

CHAP.

## CHAP. V.

*Poyſonous Humours ſpurting or dropping out of the wounded bodies of venomous creatures, and lighting upon a Mans bare skin.*

THus have ſome been outwardly poyſoned. My ſelfe while I was a Student in *Cambridge*, was ſo hurt by the ſpurting of a venomous humour from the body of a great Toad into my face, while I paſhed him to death with a brickbat. Some of the moiſture lighted on my right eye, which did not a little endanger it, and hath made it ever ſince apt to receive any flux of Rheume or Inflammation. Others I have known to receive like harme from a Spiders juyce. The skin that it toucheth ſwelleth and groweth red and painfull. The miſchief of this, may be prevented by preſently waſhing and bathing the place for half an houre or an houre with the juyce of Rue, and the diſtilled water of St. *Johns Wort*, or with *Plaintane* water, mixed with *Andromachus Treacle*, and a drop or two of Oil

of

of *Aniseeeds*.

Hereunto I may adde the Stinging and Blistering of Gnats, Ants, and Nettles.

Though no danger doth follow this Accident; yet we may avoid the temporary trouble: By fomenting the place with the juyce of *Lavender Cotton*: or else annoynting it with Sallet Oil and Wood ashes. Or,

*Take Nettleseeds and Aniseeds, of each a like quantity, bruise them, and steep them in Sallet Oil in a glasse with something a wide mouth: set it in the Sunne in Summer time for a month together.* Annoynt the place with it. Oil of *Aniseeds* will doe it also.

---

CHAP.

## CHAP. VI.

*Certaine Genirall Notions for the Help of ſuch as are Stung or Bitten by venomous Beaſts.*

AS there are divers kindes of Creatures that ſting or bite venomouſly; ſo are the miſchiefes different that break forth from their venomous natures. For the Hornet hath a more venomous Sting than the Bee or Waſpe. So the biting of the Adder (which is a kind of Viper) or of the Slowworme (which ſome alſo call the Blind worme) is more dangerous, than of the Eft, or Shrewmouſe.

As for the Snake; I know by experienee, that he hath neither ſting nor tooth to offend with; though his likeneſſe to the Adder at firſt ſight, hath long deterred people from ſo neare aequaintance, as to take notice of his innocency.

Likewiſe the Sting and Teeth of the living Creatures are more pernitious than thoſe of the dead: becauſe native heat, that miniſtreth ſpirit to the venomous

mous ſubſtance more thin and ſubtle, as alſo more active and piercing.

Furthermore, the Female of every kind is more fierce, and more dangerouſly venomous, than the Male: the young, than the old: And thoſe that live in rockes, mountaines, and dry places, than they that live in fens, mores, mariſhs and ſuch moiſt grounds.

Moreover they that feed upon other venomous Creatures, are more pernicious upon the eating of that food; As the Adder when he hath eaten a Toad. And requires ſtronger Antidotes and in greater quantity than others.

Alſo at the time of their ingendering they are more curſt, and full of poyſon, than at other times.

And in Summer time, all theſe are more deadly, than in Winter: For the venomous hidden is more deadly, than the manniſeſt quality; the thin, than the thicke matter; and the hot, than the cold temperature. To which we may adde, the more or leſſe aptneſſe of diſpoſition & conſtitution of the body by any of theſe ſo offended. For theſe men or women that are of a hot temperament

ment; having many and great veines outwardly apparent, and thereupon their pores more open; are much more apt to receive the venom even ſpeedily to the Liver and Heart: than thoſe, that (being of a cold conſtitution) have ſmall veines, and ſtrait pores, through which the poyſon hath but ſlow paſſage.

Laſtly, thoſe that are ſtung or bitten while they are yet faſting, and their ſtomach empty; are in more danger than they that are full fed. For when the veins and veſſels are empty, they doe greedily ſucke in any matter that is adminiſtred; yea, though nature abhorre the quality, becauſe at that time ſhe mindes only the ſupply of quantity (as is apparent in thoſe that are extreame thirſty; for they will drink a great draught before they regard or finde the taſte) whereas thoſe that have fed, and filled the veines to the ſatisfaction of quantity; their vitall ſpirits are thereby made the more ſtrong, and able to reſiſt and repell the fierceneſſe of the venomous quality.

With theſe few generall Notions, I

have thought good to acquaint such, whose understandings are able to make use of them; that they may lend their helping hand to those that need them, with the more judgment and dexterity.

## CHAP. VII.

*The Generall Method of Preventing, and Curing all venemous Stingings and Bitings.*

PRevention is only two wayes: By having an eye to all places where they are likely to be abroad: And by driving them from the place of a mans habitation.

All venomous Creatures are driven from the house by these fumes and washings following.

Fume your roomes with the smoake of *Harts horne shavings*, burnt in a chafingdish or fire pan: or the *shavings of sheepes hooves*, or the *parings of old shooes*.

Wash the walls with the *Gaule* of any beast boyled a little in water: or the decoction of *Rue*, or *Wormwood*, or *Assa fœtida*,

*fœtida*, or *Coloquintida boyled in water.*

But in the Cure; The firſt thing is to pluck out the Sting, if there be any: and preſently after, anoint the place with Honey: If with that it aſſwage not. Mix *Mithridate* with you honey, and anoint it again: or Honey and Treacle of *Andromachus*. If the prick or wound be large enough, waſh it with urine, or ſalted water, or ſharp Vinegar, or elſe with white Wine: in any of which, diſſolve *Mithridate* or old Treacleof *Andromachus*; which being mixed together, heat it good and hot, and ſo waſh the place well, rubbing it as hard as the patient may endure it, to draw the venom from running inward.

Some do preſently burne the wound with a hot Needle or Bodkin: and it is the beſt way, both to conſume the venomous matter before it go further, and alſo to keep the orifice open, which muſt be ſo kept, till there be no likelihood of venom left in the affected part.

Upon this burning, there will grow a cruſtie ſcab, round about which the place muſt be ſcarified with the ſharp point

point of a Penknife, that the corrupted bloud may have issue. And when the scab is grown dry, you must anoint it with fresh Butter alone, or fresh Hog grease mixed with it, and having so loosened it, take it off. All which time the part must be often washed with such a mixture as I præscribed before: And round about the wound, over all the swelled part lay a Plaister made of *Turpentine*, Wax, black Pitch, and Pitch of *Burgundie*: And into the wound put some Lint dipped in *Unguentum Basilicon*, mixed with a little burnt Alum, to keep the wound open.

But if the hurt be in the face, the actuall *Cauterie* or hot iron must not be used for feare of leaving a scarre or blemish in the face for ever after. Therefore instead of that way; let some body presently suck the wound with his mouth; which also is very good; but it must be done with these Caveats.

First, the sucker must take head he have no sore, blister, nor rawnesse in any part of his mouth, tongue, gummes, throat, or lips, for then he endangereth himself, by sucking venomous matter into

into places prepared to entertaine the infection of it.

Secondly, before he ſucke, he muſt waſh his mouth firſt three or four times with white Wine wherein *Mithridate* or old *Andromachus Treacle* is diſſolved; and after with ſallet Oil.

Thirdly, he muſt be careſull, that he preſently ſpit out all that he ſucketh into his mouth & let none of it go down his throat: leſt while he phyſick another, he poyſon himſelfe.

Laſtly, when he hath ſucked out all the venom; let him againe waſh his mouth three or foure times with the like waſhing, as before he ſucked. And to conclude, let him drink a little draught of the ſame, to prevent all evill chances.

But if no man will venture thus to ſuck: Take a Pullet or Cockerell, bare his rump, and rub his fundament well with Salt; then hold it cloſe to the wound, holding his beake cloſed with your hand, and give him breath but now and then, onely to keep him alive; and his fundament will draw out the venom. If one die, take another; and ſo

continue till one of the creatures outlive the labour. Then may you be ſure the venom is clean drawn out.

Some apply Horſeleeches to the wound, if it be very ſmall. But ſometimes it is ſo big, (as when an Adder or ſlowworme hath entred many teeth, or when a mad dog hath made it) that the fundanrent of ſuch a creatnre before named cannot compaſſe it. Then take a Pullet or a Pigeon, and divide it alive, and apply it (while it is full of lifes heat) upon the wounded and grieved place (which muſt be ſcarrified before hand) that the vitall heat of that creature may draw the venom through, the ſcarifications. Let it be therefore bound on and kept there, till it be even cold; and then apply another, and ſo another; till (by aſſwaging of all paines, and ſwelling without, as alſo by the quietneſs and quickneſſe of the ſpirits within) the patient appear free from all poyſonous offence. Then apply Garlick fryed with ſweet Butter or ſallet Oil: to make ſure that no remainder of miſchief be behinde: for it is an excellent outward Medicine againſt all both Stingings

Stingings and Bitings that are venomous.

When all this is done, and now it is ſure that all the venom is perfectly drawn forth; If the wound be big, it muſt be healed up with ſome good Balſam as a green wound. But if it be but a prick, it will ſoon heal it ſelfe, ſo it be but kept from the aire.

But beſides theſe outward Helpes, the Patient muſt take inward Antidotes alſo. And of ſuch I have ſpoken in the firſt Chapter. This is ſufficient for the generall courſe; Now we muſt come to a more particular way of Cure.

## CHAP. VIII.

### *Stingings of Hornets, Bees, and Wasps.*

SOmetimes these creatures leave not their stings in the place, but when they do, the first course is to picke it out: And then if it be a Hornet, as it is the more dangerous, so there must be the more care had of it.

If the Sting will not easily be gotten out, lay to it a poultis made of leaven, wood ashes, and sallet Oil mixed together. Or bath it with childes urine good and hot. And when it is out, wash the wound with a little water and salt mixed with the juyce of *Rue*. Then burn it, or else sucke it as was said before: and after that, apply to it a little lint dipped in old *Andromachus Treacle* mixed with Honey; and cover it, as also over all the swelling, lay a poultis made of fresh Cow dung mixed with Barrowes grease, or sallet Oil.

Bees, and Wasps, though they seldome endanger life, yet they swell and enflame the part stung by them, and

cause

cauſe a great deal of pain, which ſometimes is followed by a Feaver; therefore it is neceſſary to find a Cure for it. And ſome conſtitutions receive alſo deadly miſchiefe by ſuch ſtinging. As ſome thirty yeares ago appeared by the *Lady Walſingham wife to Sir Francis Walſingham Secretary to Queen Elizabeth*: who (as I have often heard it related by my Father who was her Phyſitian) being ſtung in the hand by a Waſp at dinner time; the venom preſently ſwelled up all her arme to her ſhoulder, and thence to her throat: that, had not ſpeedy meanes been uſed, and (as God would) her Phyſitian been there preſent, it was thought, ſhe would have dyed within leſſe than an houre.

Firſt therefore, the Sting is to be taken out, as is ſaid, and preſently the place to be annoynted with *Honey*, and covered from the air. If this prevaile not (as with the moſt it doth) burn it, or ſucke it: and apply Treacle of *Andromachus* or *Mithridate* mixed with *Honey*. Or, for the poorer ſort, freſh Cow dung or dogs-dung mixed with ſallet Oil, And, if need be, give the party ſome in-

ward Antidote, ſuch as have been before commended. Or elſe for preſent ſpeed, *Take Garlicke boyled in white Wine, or ſtrong Ale.* Or elſe, *the ſeeds and roots of Lillies boyled in Beere. Or the ſeeds of Mallowes boyled in water, and white Wine, with a little Vinegar.*

Not long a goe I ſaw a young man ſtung in the eye-ball with a Bee, while he was too cloſely looking into the doore of the hive: But the Bee left not her ſting there. Upon the place, I applyed this Plaiſter. I took *a handfull of Carduus benedictus newly gathered, pounded it in a morter very fine, and mixed it with the white of an Egge, ſo ſpreading it upon a pledget of flaxe, I laid it to the eye, and as it waxed dry, renued it twice.* This *Plaiſter* of *Carduus* is excellent to recover the eye if any venomous juyce be ſpurted into it, or if the eye be hurt by a corrupt air, which the common people call blaſting: It eaſeth paines: taketh away bloudy ſpots in the eyes: and is good for all burnings in, or about the eyes.

To this, let me adde the bitings of *Spiders*, the garden ones are the worſt: for they are of the kinde of *Phalangia.*

The Inward Antidote for them, is, a draught of *New Milke*, wherein the *inner meate of River Crabs is boyled.* Or, *a ſpoonfull of the braines of a ſheep boyled in Water and Vinegar.* Outwardly, apply the Cobweb of the ſame *Spider*, binding it on with a fine linnen rag.

---

CHAP.

## CHAP. IX.

*Bitings of Adders, Slowwormes, Efts, the Shrewmouſe, and other ſuch venomous Beaſts.*

REmembring what I ſaid before in the ſixt Chapter, to begin the Cure. The fleſh of the ſame beaſt that biteth, boyled, or roſted, as they dreſſe Eeles, and inwardly taken, helpeth much. Or a dram of *Gentian root* powdered and drunk in a little draught of white Wine, or halfe a dram of *Terra Sigillata* in the ſame kinde of Wine. Or elſe the ſame wine with *Opoponax* and *Ariſtolochia rotunda.*

Outwardly, the beſt thing to be applied is the fleſh of the ſame beaſt that did the hurt, pounded in a morter, and applied in manner of a Poultis. Or a Poultis made of Cocks dung and Vinegar. Or an old Walnut beaten with Salt, an Onion and a little Honey, and applied. Or take Peniryall and Fenell, of each a like quantity, boyl them in Water and white Wine, and bathe the

place

place with the liquor. Or elſe drop into the wound the liquor that ſweateth out of the green aſhen wood while it burneth on the fire. Or oil of Bay and oil of St. *Johns Wort*, of each a like quantity. Or elſe a little Tarre mixed with a little ſalt ſpread on a piece of Leather, and applied plaiſterwiſe, This is for the *Adder*, *Slowworme* or *Eft*.

Now the *Shrew mouſe* is a little kind of mouſe with a long ſharpe ſnout, and a ſhort taile; It liveth commonly in old ruinous walls: It biteth alſo very venomouſly, and leaveth foure ſmall perforations, made by her four foreteeth; To cure her biting; her fleſh roaſted and eaten is the beſt inward Antidote, if it may be had. Otherwiſe, a dram of the ſeeds of *Agnus Caſtus* beaten and ſteeped in white Wine. Or elſe ſome of the other Antidotes deſcribed at the beginning of this Booke. And outwardly, apply her warme liver and skin, if it may be had. Otherwiſe *Rocketſeeds* beaten into powder, and mixed with the bloud of a Dog. Or elſe the teeth of a dead man made into fine powder.

CHAP.

## CHAP. X.

### *The Biting of a Madde Dogge.*

ALthough in this our country of *England*, I have neither seen nor heard of any such terrible dangers happening to people by a mad dogs biting, as in other Regions: yet I have seen Dogs mad. But the care that hath been used for prevention, hath perhaps hindred the sight of those Accidents which old Authors have so laboriously Commented upon. And besides that, he temparature of our Climate keepeth the Doges of our Country from proving altogether so pernicious as in *Græcia* and *Arabia*. For *Aetius* saith that the mad Dogs are most intemperate Climates, where the Wnters cold and Summers heat are extreame. *Tetr.* 2. *Serm.* 2. *Cap.* 24. Howsoever I will set down a briefe course of helpe, to prevent the incurableness of the mischief; as I have it from the best Authors.

This kind of madness proceedeth from black

black Cholerick juyces, wherewith a dog more then other Beaſts aboundeth. For he is of temperament hot and drie; as appeareth by many proofes. As firſt, by his continuall eager appetite (being alwayes hungry) and greedineſſe in devouring any filthy offalls; Fleſh putrified, ſtinking, and full of Maggots; whether it be raw, and perhaps buried under ground; or any other way rotten and infectious. Alſo they will drink of any durty poudle, or ſtinking ditch water: which kind of drink wondrouſly encreaſeth black choler. And beſides this, at two ſeaſons of the year eſpecially are Dogs moſt ſubject to madneſſe: which is the ſureſt of all arguments: namely, in the height of Summer, and in the dept of Winter. By Summers fervencie their bloud being overheated, turneth into burnt choller: And through Winters extreame cold, the ſame bloud is *per Antiperiſtaſin*, ſo muchenflamed, that it becommeth burnt Melancholy.

You ſhall know a Dog to be mad, by theſe ſignes. He is affraid of Water, and at the ſight of it, trembles and briſtles up

up his neck; his eyes are fiery and glaring; he runnes to and fro, and reels this way and that way, like one that is drunk: he holds down his head, gapes with his mouth, lils out his tongue (which is blackiſh, or evill coloured) ſlavers at the mouth, and his noſe runneth: he ſnaps and bites at every thing in his way, but barkes not at all: he couches his eares, carries his tayle betwixt his legs. Other Dogs (though bigger than he) flie from him at the ſmell of him. He takes no notice of any friend, neither ſpareth to bite his own Maſter: and being gone out of the houſe, never repayreth back again to it (unleſſe by chance) for he knoweth no place aright.

Whoſoever therefore is bitten by ſuch a Dog, muſt preſently be looked to. And if the Dog that hath bitten, have paſſed by ſo ſuddainly, that ſufficient notice could not be taken of him: Then dip a little bread in the bloud of the wound, and offer it to ſome other Dog that is not mad, and if he refuſe to eate it, there is cauſe of ſuſpicion.

Or

Or take a Wallnut-kernell pilled, beat it in a morter, then ſteep it in the bloud of the wound: and give it to ſome Poultry mixed with their meate. If they die the day after, it is counted a ſure ſigne that that biting was of a mad Dog.

The party ſo bitten findes no alteration in himſelfe for diverſe dayes after. For this biting is no more painful than as a wound, nor doth any ſuch ſwellings or other Symptomes follow preſently upon it; as in the bitings of Serpents. But after ſome time, the bitten party begins to grow melancholy, and to have ſtrange and unwonted fancies in his mind, talkes to himſelf, and uſeth fooliſh geſtures: for now the power of the poyſon having crept up into the brain, corrupteth the imagination. His ſleeps are broken with terrors: and he leaves all company, choofing out ſolitary walkes. If till this time there could bee no certaine knowledge, Now it is high time to begin a ſpeedy helpe.

For when once he comes to barke like a Dog, to hate the light, and fight

of

of al ſhining metalls and looking gaſſes as alſo to feare water, and all other kindes of liquors (which Symtomes at laſt doth follow ſuch bitings hitherto uncured) he is held to be paſt cure. But ſo long as he knoweth his own face in a glaſſe, and is not frighted at it: or may be drawn to drink water; he is (by *Avicen* and others) accounted curable.

As ſoon therefore as any one upon theſe ſignes ſuſpecteth himſelf bitten by a mad Dog, let him preſently repaire to ſome learned Phyſician, or at leaſt to ſome well experienced Chirurgeon (for ſuch extraordinary caſes are beyond ordinary skills) if ſuch may be had. Otherwiſe let ſome diſcreet man read carefully this Treatiſe, and ponder the method very diligently; eſpecially this Chapter, which teacheth thus to begin the cure.

Labour forthwith to draw the contagion out of the wound by cupping glaſſes; application of Pullets or Pigeons that lay egges, ſcarifications, Leeches, and drawing medicines, as in 7. Chap. I have diſcourſed. If the wound

wound be ſo ſmall that it bleedeth not: ſcarefie the place, and with a cupping-glaſſe draw out the bloud: or burn it with a hot Iron, or elſe (if the patient will not endure the hot Iron or actuall cautery) apply a potentiall cautery, or an eating Medicine, as *Sublimate* mixed with ſome cold thing, that it may be leſſe painfull: as for example.

*Take of Sublimate two drams, of juyce of Henbane one ounce, mixe them and drie them together, and make them into a fine powder.* Apply ſome of this, and when the ſcab by cruſt (or *eſcar*) is grown dry upon the place. take it off with a little ſweet butter, or with ſweet butter, pitch, and the white of an egge mixed together.

When it is come off, fill the orifice with the powder of *Mercury and Roche Alum*, or elſe uſe *Mercury* mixed with a little *Unguentum Baſilicon.* Which *Mercury* is an excellent thing, not onely to keep the wound open, but alſo to draw the poyſon outward. The wound muſt be kept open forty dayes at leaſt: in which time, the juyce of *Sorrell* is to be applyed hot every night and morning;

and

and the decoction (or broth) of the same hearbe, or at least of meat boyled with the same, must be drunk by the patient every morning fasting. *Aetius* saith he knew an old man that cured this disease often, with this medicine only.

Or else you may dissolve a little *Andromachus Treacle* in white Wine or *Aqua vitæ*, and dipping a little lint or rag in the warmed mixture, rub the orifice as hard as the patient can endure. This also is commended for an excellent Medicine: but then you must apply upon it Honey and Turpentine mixed with an Onion or Garlick beaten into the forme of a Poultis. And *Galen* appointeth this Plaister following to be applyed to the wound. *Take of Vinegar a pint and a quarter, Opoponax three ounces, Tarre one ounce.* Boyle away the Vinegar, and make it a Plaister. And this is highly commended by the Author.

In the beginning of this mischief we must neither purge nor let bloud, for then we shall draw the venom from the circumference to the center; which is dangerous to life. Yet both these meanes may

may be uſed afterward; if by continuance of time, and neglect in the beginning, the venom have ſpread it ſelf into all the veſſels. In the mean time, we muſt ſet upon it with apt *Antidotes*. As with *Garlick* boyled in white Wine, and drunke faſting, which reſiſteth the poyſons entrance into the principall parts. Or,

Let him drink this draught every morning. *Take the powders of Myrrhe and Gentian roote, of each one dram; the powder of River Crabs (of Crayfiſhes) two drams.* Mix them in a fit quantity of white Wine, and drink it. Or,

After *Galens* way, thus.

*Take nine parts of the powder of burnt River Crabs, five parts of Gentian roots powdred, and one of Frankincenſe powdred.* Mix them together, and give a ſpoonfull of it in a draught of Spring water. Theſe *Antidotes* are thus to be continued forty days together, and that in the beginning, before he feareth water: for after that, the quantities muſt be doubled.

*The powder of Crabs is made thus.*

*Take River Crabs*, or *Crayfiſhes*, (for

*Sea*

*Sea Crabs* are naught for this use) *in the height of Summer, when the Sunne is in Leo, and the Moon a little past the full.* [*But* Rasis *will have it when the Sunne is in Aries.* [*Others in Cancer; it seemes, a similitudine*] I will not dispute the choyse: but the first is the most generally accepted, from *Galen*] *These being gotten must, be put alive into a Copper vessell, and burnt on the fire to ashes. Then beat them in a Morter, searce them, and so reduce them into a fine Powder.*

Another Author, called *Johannes Stockerus*, both in this and in all other kindes of venomous bitings, affirmeth, this course following; never to have deceived him.

*Take Gentian rout powdered, and Treacle of Andromachus, of each one dram,* every morning fasting for three dayes together; and the Patient must fast five hours after. If he feel himselfe disposed to sweat, let him order himselfe in his bed for it and sweat as much as he can, or is able to bear.

To the wound, in manner of a Plaister, apply *Garlicke, Rue, and Salt pounded together in a Morter.* And so much

much for the way of Cure in the beginning.

When he beginneth to be affraid of water, he hardly admitteth of any Cure.

Now the reaſon of this *Hydrophobia* or feare of water is generally held to be, That the venom abuſing the Phantaſie, makes the party affected to have horrid imaginations of water. But ſome ſpeciall Authors (having found by experience that the drinking of cold water cauſeth Convulſions in ſuch overdryed and parched ſtomacks) conclude that it is extream pain and torture proceeding from that drinking that ſo terrifieth them from it. And this alſo is the reaſon why thoſe that fear water are counted incurable.

Therefore the water that is forced into them ought to be at firſt very warm, and the party muſt by degrees be brought to drink it colder and colder; ſo likewiſe the Baths that they are to be caſt into, ought to be in like temper, to avoid all cramps and Convulſions both inward and outward. Neither muſt there be any Bath uſed at all (ac-

cording to *Oribasius*) till twenty dayes after the biting, at the sooneſt.

This *Hydrophobia* (or fear of water) beginneth not at any certain time after the Biting. For moſt commonly it followeth forty dayes after; in ſome, ſeaven moneths; in others a whole year after. Again in ſome it cometh within a fortnight after: According to the ſtrength or weakneſſe of the conſtitution of him that is bitten. For ſome bodies ſtrength is able to reſiſt the venom far longer, when others weakneſſe ſinkes under it much ſooner. Some have their pores more ſtrait to keep out, others more open to let in the venom. Alſo ſome have their bloud and humours more pure (and therefore leſſe apt to infection) others more impure and corrupt; therefore more eaſily turned into venom.

The main generall Remedy is by *Celſus* and others held to be, Caſting of the Patient into the Water before he be aware of it; and this to be done every day for many dayes together: (For that which he feareth is the only Medicine to cure him). In doing this, if he cannot

ſwim

ſwim, after he hath ſwallowed a good quantity of the water, take him out again. But if he be skilfull in ſwimming, hold him under water a little while till he have taken in ſome pretty quantity; For thus both his extream thirſt and fear of Water will be ſooneſt cured. But let him not be long deeper than his noſtrills, leaſt he be ſuffocated. If the Cramp or any Convulſion take him; as ſoon as he is out of the water, bath him him all over with Sallet Oil good and warm, which, as it will take away that Accident, ſo will it alſo ſtop the pores of the skin, and keep the waters cooling quality from going out again too ſuddainly.

My ſelfe (upon the ſight of a picture of the *Water Torture* in *Amboyna*) have conceived this invention. Let the Patient be bound faſt to ſome poſt or ſtake and tie about his necke a linnen cloth doubled and caſt into the forme of a hollow Baſon (as you would make him look like the ſigne of St. *Iohn Baptiſts head in a platter*) the cloth muſt firſt be dipped in Oil and Wax well mixed together, that it may hold water like

a Baſon: Then let one with an Ewer or Pitcher powre water gently into the cloth, till the water riſe up to his noſtrills, where through it may enter into his body (if he will not open his mouth) whether he will or no. Keepe the Water ſtill at that height with continuall ſoft pouring in, till he hath drunk a good draught: onely ſometimes forbeare ſo much as to maintaine his breathing. Thus have I out of a wicked weed ſucked Honey for *Health*; and from an inhumane torture extracted eaſe in a grievous ſickneſſe. This is the helpe without which is no help; for this caſe is held incurable without drinking of water.

Yet this is not all that muſt be done. For if the party be *Plethorick* (that is, too full of good bloud, which will appear by his high colour, and his big and full veines) he muſt be let bloud in the Liver vein, according to the diſcretion of the Artiſt. If *Cacochymick* (that is full of corrupted Humors) he muſt be purged with *Sena*, *Pitthymum*, *Fumoterra*, *Mirabolans*, *Elaterium*, Blacke *Helleb.* and the like; or with *Hamech*, *Diae-*

*tholic*

*tholicon* or *Diacolocynthis*; with white Wine wherein is decocted alſo rootes of Fenell and Parſley, *of Medow graſſe, water Lillies, and of Flower Deluces*, and ſuch like diuretick ſimples: For the provocation of urine is alſo in this caſe very behoovefull.

This only I ſet down to make the cure compleat; but I do not reduce the *Purgatives* into forme; becauſe by this time there is leaſure enough to find out a Phyſician.

Now in the laſt place the Patients Diet commeth to be obſerved. And ſuch ſick ones muſt feed ſomething liberally, for hunger is very hurtfull to ſuch as ſuffer under venomous wounds. In the beginning of this diſeaſe, Salt meats, and ſharp Sauces are good, as Sorrell, Vinegar, and Verjuice; alſo Garlick, Onions, and Leeks, for by their help the mad venom is hindred from creeping into the noble parts. Fatty and ſlimy meats alſo are to be choſen, becauſe they ſtop the paſſages, and mouths of the veſſels, that they may not eaſily let in the poyſon. His drink muſt be ſtale middle Beere; And of *Wines, Sherrys*, and *Graves-Claret*

or *White* are the beſt. But after eight, or at the fartheſt fifteen dayes are paſt, let his ſauces be of a more temperate quality, tending rather to moiſt than drie; and ſuch as are proper to reſiſt melancholy: as pickled *Gelly flowers*, *Broom buds*, *Capars*, *Aſparagus*, and ſuch like. In his broth boyl *Beet*, *Violets*, *Succory* and *Endive*, *Parſley* and *Fennell roots*: *Aniſeeds* and *Fenell ſeeds*, and ſuch other ſimples that provoke urine, (which as I ſaid before are very profitable in this caſe) Alſo *Sweet Wines*, as *Muſcadine*, *Canary*, *and High Country white Wine*. Sometimes alſo (to pleaſe the palat, let him licke of *Oxymel ſimplex*, *Syrup of Citrons*, or *Syrup of Lemons*. He may alſo eat *River Crabs* or *Crayfiſhes* either raw or buttered. But from the beginning the fleſh that he eateth muſt be of *Mutton*, *Veale*, *Lambe*, *Kid*, *Rabbet*, *Pullet*, *Chicken*, *Partridge* or *Pheaſant*. Some counſell to mince ſome roaſted *Veale*, and the Liver of the mad Dog roaſted, together, and ſo let him eate it with a little Butter, Water, and Vinegar.

To

To conc'ude, his Belly muſt be kept ſoluble (if need requre) by gentle *Glyſters* and *Suppoſitories*: And his Sleep muſt in the beginning be but little; but when he beginneth to rage, and is of himſelf overwakefull, it is good by ſome ſafe outward meanes (ſuch as the Artiſt ſhall ſee cauſe to appoint) to cauſe Sleep.

## CHAP. XI.

*Bitings of Creatures not venomous, yet in some Constitutions apt to turne into venom.*

SOme are bitten by Dogs that are not mad: or by Apes, Monkeys, Squirills, by Horses, by Mankind, or any other creature not venomous: yet sometimes these wounds in some kinde of flesh are hard to heal.

The reason is either in the Creature biting, or in the party bitten. In the Creature biting, though in its own nature it be not venomous: yet there is at that time a malignant quality in the moisture of the mouth, begotten by the disturbance of the brain, through immoderate anger.

In the party bitten: Some men are made up of a kind of Flesh alwayes (by what accident soever wounded) hard to be cured. These either are very melancholick of Constitution (and Melancholy is the most offensive humor in the body, and therefore apt through any ex-

extraordinary paſſion to become corrupted and in a ſort venomous) or they are very feareſull; and fear corrupts the juyces of the brain (through the force of imagination) and makes them fall downe and diſperſe themſelves into all the parts of the body filled with a ſickly quality, and ſo contrary to nature. This is the reaſon why fearfull men are apt to die of a ſlight Wound: whereas a valiant Spirit hath alwayes fleſh apt to be healed.

Now for ſuch hard healing Fleſh (from which of the two cauſes ſoever it commeth) I counſaile, that beſides the ordinary courſe of curing wounds artificially according to the Rules of *Chirurgery*, there be alſo given ſome temperate Cordiall (as it were an Antidote againſt this venomous Accident) to call up the Spirits, and to comfort the Facultics. For I know it by experience, that the Cure is thereby made much the more eaſie.

Such an Antidote is this following; which (becauſe it cannot be rightly made but by an Artiſt) I will ſet down in Latine for the *Apothecaries* underſtand-

ing only, lest the ignorant tempering beyond their skill, discredit the Medcine.

*Re. fol. Melissæ, summitatum Rosmarini, florum Primulæ veris, florum Cheyri, florum Calendulæ, ana m. iij. florum Angelicæ, m. ij. Rad. Angelicæ, ʒ j ſs. Gariophyllorum, ʒ tij Rad. Enulæ Campanæ, ʒ vj.*

*Infundantur omnia in Aqua Vitæli. xxiiij. horis 24. Tum in alembico distillentur. ſ. a.*

*In Aqua elicita infunde etiam Glycyrrhizæ parum, sic gustui arridebit.*

This Cordiall Water my Father called *Nepenthes*. If the *Angelica* be good indeed, it will have both a pleasant taste and smell.

A sponfull or two of this *Water* recalls, rectifies, and confirms the *Spirits Animall, Vitall,* and *Naturall*: And is therefore very good against Faintings and Swoundings.

CHAP.

## CHAP. XII.

*Inward or outward Bruiſes by a fall from an high place.*

Sometimes it happeneth unfortunately, that a Man falleth from an high place, as from a houſe top, a high tree, a ſcaffold, or a ladder; and is taken up for dead: yet in a little time, may by good meanes be recovered to life; and the bruiſe (whether it be inward or outward) may be cured.

In this caſe, the maine things to be looked to, are: Firſt, to recover the party to life and ſenſe: which may be done by the uſe of my Cordiall *Water*, called *Nepenthes*, deſcribed in the Chapter immediately going before; or elſe with ſome other comfortable drink of like nature.

Secondly, if the Bruiſe be inward: there will be either ejection of Bloud at the Mouth, Noſe, Fundament, or paſſage of Vrine, or elſe congealing of Bloud within, wherewith will be inward pain, and difficulty of Breathing.

If the party avoid bloud, it is not amisse, so it go not too far to the expence of his spirits: But if so, then give him half a dram of *Terra Sigillata* in a draught of *Posset drinke*, wherein the flowers of St. *Johns Wort* are boyled. Or The tops of St. *Johns Wort* boyled in *Posset ale*. Or, *Take red Corall, white Corall, white Amber, Bole Armoniack, Terra sigillata, of each j. dram. Camphor iiij. graines.* Make all into fine powder, and divide it into foure equall quantities or Doses. Take every dose in two ounces of *Plantaine water*, and as much red wine mixed together, once in six houres, as need shall require. Or else, Take the quantity of a Walnut of old *Conserve of red Roses* mixed with a scruple of the powder of *Mastick*; or rather with five or six drops of the Oil of *Mastick*: Repeate the taking according to need.

But if there be no evacuation but suspicion of the Bloud congealed within; Then

*Take Nep* stamped and strained, with a little Ale or Beer, and drink a draught of it once in six houres. After three

times

times taking it ſo; ſtamp it new and ſtrain it with Muſcadine, and drink a little draught in the morning faſting, and at night when you go to bed. Or,

Take the quantity of a Bean of quick Brimſtone in powder, in a little white Wine warmed Or elſe, Twenty graines of *Iriſh Slate* in powder in a draught of Poſſet ale made with white Wine.

Some give two drams of *Rheubarb*, with one of *Madder*, made into powder, in a draught of white Wine: repeating it as need requireth. Or, two drams of *Rheubarb* alone, in neate white Wine. Or, *Take of Rheubarb one dram, Madder and Mummy, of each two ſcruples.* Make them into fine powder and drink it in a draught of ſome ordinary Pectorall Decoction.

Outwardly annoint the Breſt, or Back, (as cauſe electeth) with two ounces of Oil of St. *Johns Wort*, and half an ounce of *Sperma ceti* mixed together, and warmed. Do this morning and evening. Or elſe, uſe this Ointment.

*Take of new churned butter unſalted ij. pound, Madder one ounce powdered, Tormentill*

*till roots powdred vj. drams, Mummy halfe an ounce powdred, Sugar Candy powdred iiij. ounces, Spermaceti ij. ounces.* Boyl them together in a sufficient quantity of good white Wine, till all the wine be boyled away. Then with a little Wax boyle it again to an Unguent.

Thirdly, if the Bruise be Outward only; you must consider whether it be a Simple or meer Bruise, or a Bruise with a wound. If it be a simple Bruise. You may make a Plaister with Branne, Honey or a little Salt (or rather *Niter*, if you can get it) and apply to it. Or, *Take the powder, and the Oil of Myrtles, of each an ounce, and the white of an egge well beaten.* Make a mixture of them, and dip Clouts in it, and apply them to the place. If the constitution or Bruise be very larg, you must make your quantity accordingly.

But if there be a wound withall; Stop not the bloud too soon (if it bleed well) for many times the noxious humours that are mixed with the bloud, are very happily evacuated that way. But if on the other side it bleed too much: *Take the white of an Egge well beaten,*

ten, and mixed with Bole Armoniack made into fine powder, and dipping a piece of flax therein, lay it to the wound. Or, the white of an egge beaten, brown paper aſhes, and fine powder of Chalke mixed together. A Cobweb alſo of a fit bignes for the wound, doth many times ſerve the turne. Or elſe have this Powder alwayes ready *Take Sanguis Draconis, Olibanum, Aloes hepatica, and and Sarcocolla, of each ij. ounces; root of the Flower de Luce one ounce.* Make all into fine powder, and mix them together. Apply a ſufficient quantity to the wound, and lay upon it ſome flax wet with the white of an egge on that ſide to be laid next the wound; and binde it on gently for ſtraining the wound. This is very effectuall.

As for the Cure of a Green Wound, there are ſo many Balſams abroad, that I need not teach any. Yet to ſhew, I am no niggard of my Medicines, accept of this *Balſam* of mine.

*Take of the beſt Sallet Oil two pints, put it in a jarre glaſſe with a broad mouth; put to it an handfull of flowers of the greater Conſery. Then cover it with a trencher, and ſet it in the Sunne a week. Then put*

in

*in the leaves of six red Roses not too much blown; a handfull of Mullen flowers, and as much of the flowers of St. Johns Wort. Set it in the Sunne still all the Summer. And if you adde two or three leaves of greene Tobacco, it will bee the better.*

This have I often proved to be excellent, both for green wounds and Bruises anointing the place with it warm: and lapping the part up close from the outward air.

The last main poynt in this Accident to be considered is Pain in the Head, which is for the most part a companion of such falls; and if it bee much, must be mitigated by some meanes, lest it bring the patient into a Feaver.

For this therefore, Anoint the aking part of the head with oil of Roses and oil of Lillies mixed together. Or foment and bathe it with this Fomentation. *Take of the yong and tender leaves of Myrtles one handfull, Myrrhe in powder three drams. Boyle them in Muscadine.*

Or else, *Take a Quince or two, pare them and coare them, and boyle them in Muscadine till*

*till they be ſoft: Then beat them in a Morter to a Poultis, and apply them very warme to the aking place.*

If one application ſerve not, repeat it often.

But, if in ſuch a fall, any bone be put out of joynt, or broken; they muſt get help of ſuch as are skilfull in Bone-ſetting, which Art is learned by ſight, and not by writing.

---

CHAP.

## CHAP. XIII.

*For those that are almost Strangled by a Halter, Garter or such like meanes.*

SOme have been strangled in jest. As I knew a Player that one time acting a part wherein he was to be hanged; and having not fastned his halter sufficiently to his trusse, it slipped, and almost choaked him in earnest. I knew another man that was robbed at *Tiburn*, and because he asked the theeves how they could be so bold to tempt their fate in the face of the gallows, they hanged him up there; but presently upon sight of company tooke them to their heeles, and by the same company the man was saved from a finall execution. Some also through desperation have hanged themselves, as we have too often examples.

If any of these may be cut down while there is life in him; he may by Gods blessing and skilfull endevours be recovered.

A learned Doctor of *Physicke*, being asked

asked how one might be recovered in this caſe; anſwered both briefly and wittily: *Cut a throat to ſave a life.* His meaning was, That way muſt be made by inciſion, through the skin in the place where the Halter was; that ſo the conſtrained bloud might be ſet at liberty, the coagulated bloud let out, and way given for the windepipe and other internall veſſells to open themſelves again. But this is not to be attempted by any but ſome skilfull *Chirurgeon* indeed, that knoweth perfectly the ſituation of the parts; for if any nerve or tendon ſhould bee touched, great miſchiefs would follow; and if the Jugular veins be cut, it is the preſent death of the Patient. Therefore other and ſafer meanes are to be attempted.

As ſoon then as the Halter is looſed from his neck, preſently thruſt your finger as far as you can down his throat (forcing open his mouth with ſome fit inſtrument) and preſently plucke it out again; that you may open the paſſage within, but not ſtop his breath more. Then ſtraightway powre down his throat ſome warm Vinegar with beaten

Pepper

Pepper in it, or Peniroyall beaten and boyled in Vinegar, or Nettleſeeds beaten and boyled in Vinegar. Provoke him alſo to vomit by tickling his throat with a feather dipped in ranck Oil. About the place of the Halter alſo (to mollifie and open the skin, and diſſolve the brüiſed bloud) wrap linnen clouts dipped in *Sperma ceti*, (or ſallet Oil) and Oil of *Lillies* mixed together, and apply them good and hot: and as they wax cold, renue them continually.

*Hippocrates* in his 43. *Aphoriſme* of his ſecond Book, ſayes that thoſe that are any way ſtrangled and not yet dead, if about their mouths there appear a foame, will never be recovered. But *Galen* in his Comment upon that place ſeems to be of another minde. And *Chriſtopherus a Vega* in his *Tract. de Arte Medendi li.* 3. *Sectio.* 5. *cap.* 8. affirmeth that he ſaw three recovered that foamed at the mouth. One of which had hanged himſelf, but his friends did quickly cut the rope, and he was preſerved by drinking Vinegar and Pepper: for that mixture reſtoreth the almoſt extinct heat.

heat. Being come to himſelfe, let the Patient abſtain from much talke, for the ſpace of four and twenty hours; and let him have ſome Ptiſan or Pectorall Decoction for his drink.

And when he is grown ſtrong again, if he yet feel ſome encumbrance, and ſwelling in his throat; it is good to open the *Cephalica*, or head-veine of his arme, and let him bleed nine or ten ounces, or according to his age and ſtrength. But this muſt be done by due judgement of the Artiſt who may by this time be brought to him.

---

CHAP.

## CHAP. XIIII.

*For such as are almost Drowned and stifled in Water.*

MAny take great delight in swimming and bathing themselves in Ponds and *Rivers* in the Summer time; some to clense and coole their bodies, some for pleasure of their skill in swimming, others either for company or meer wantonnesse: And many of these adventure into places past their depth; where I have known some taken with the Cramp on the suddaine, that if there had not been many helpers at hand, they had speedily perished. Some happen into Whirlepools, wherein they have been violently drawn, and immediately drowned, while their companions might look on with sorrow, but could lend no help to save them. Others in a great River have been carried away by the strength of the stream in spite of their skill in swimming, whereupon before they had so much presumed. Others floating among

mong flags and weeds, have had their feet ſo entangled by them, that neither the ſtrength of nature, nor the ſleights of Art could keep them from being caſt away.

And here, by the way let me inſert a counſell to ſuch as are Fathers and Mothers, or Maſters and Tutors to yong Boyes. Some uſe to keep their children in ſo ſtrictly, that the unfortunate poore fooles longing after ſuch forbidden pleaſure; and fearing to make others privie to their purpoſe, ſteal out by themſelves, and run into ſome river or pond, without diſcretion of election; where (having neither guide nor helper, but ſuch as themſelves) ſome of them ſometimes prove by the loſſe of their lives, that while they beguiled their governors too much, they deceived themſelves moſt of all. To prevent this therefore, it were good (in my judgement) to give way to theſe deſires of children, at fit times of the year, and in waters whoſe bottoms are even and ſandy, with clear and gentle ſtreames fit for their ſtrength and ſtature; and free from flags, weeds, holes and whirle-

pooles:

pooles: having alſo with them ſome diſcreet man skilfull in ſwimming, that (if any danger ſhould happen) may ſpeedily ſuccour them. And the times of the year fit for ſuch bathes, I hold to be in the beginning of *July* and in the end of *Auguſt*: That is, before, and in the end of the dog dayes; The beſt time of the day likewiſe, is an hour before *Sunneſet*.

And now to return to the point, although by the accidents aforeſaid, as alſo by violent ſtormes, and the darkneſſe of night, too too many following their affaires have been woefully wafted to the ſhore of ſuddain death: yet ſome have been taken up for dead that with carefull and skilfull uſage have recovered both Life the true love of nature, and Health the happineſſe of Life. Therefore when any one is ſo found, the firſt thing to be done is to turne his feet upward, his head and mouth downward, and ſo to hold or hang him up by the heels, that the water may come out of him again. If this alone cauſe him not to caſt out the water, and the party be without ſenſe or motion;

that

then alſo let ſome one of the ſtanders by, that is of good diſcretion, put his finger into the parties throat, or take a feather dipped in *Linſeed oil*, and thruſt it into his throat, turning it round therein, to make him vomit. And in the mean time, let others help forth the water by ſtroaking, cruſhing, and driving his belly and ſtomach reaſonable hard, from the bottom of his belly toward his throat. If it be cold weather, let all this be done in a warm roome before a good fire. After the water is come away, it is good to hold ſtrong ſweet ſmelling things to his noſe (as *Muske*, *Lignum Aloes*, or ſuch like) to warme the Brain, and comfort the Spirits. Alſo if he remain ſenſeleſſe or fainting, his Spirits are to be recalled and awaked with *Ros ſolis*, *Aqua Cæleſtis*, or ſome ſuch comfortable water: and he is to be handled in all points as thoſe uſe to be that fall in a Swound.

If by theſe meanes he recover life, ſenſe, and ſpeech; let him (ſome two houres after) eat ſome meat of a hen or chick (if he be able) or elſe ſuck the juyce of them; and let them be roaſted

or broyled, rather than any other way dressed (for so doth *Alexander Benedictus* counsell, *li. 7. cap. 3. De Curandis morbis*. And with his meate, let him eat *Pepper* and *Sugar*, or *Pepper* and *Honey*, as he liketh best. He may also eat a roasted *Egge* with *Pepper* in it. But let him not drink in 24. houres at the least, and then let it be middle Beer and white Wine mixed together; of which let him drink but two smal draughts at a meal, and betwixt meals not at all. This Diet let him observe for a week together, keeping himselfe warme and moderately stirring his body immediately before, and an houre after his meate.

Also if the Physitian see it requisite, other meanes may be used to prevent the comming of a Feavor, or to mitigate, and take it away if it be already come; as also to prevent a Dropsie, which is a likely effect of such a watery cause. Therefore by good advise Bloudletting in the Liver-vein; *Glysters*, and other Medicines may be administred.

Lastly,

Laſtly, if any water be gotten into his Eares; *Take Goojegreaſe, and the juyce of an Onion, mixe them well together, and drop a little of it bloud warme into his Eares.*

Sometime ſuch a ſorrowfull misfortune may befall a man in the Winter time; or it may happen to an old body, as once it did in the North part of *Devonſhire* to a worthy old Gentlewoman, who ſtepping on a bridge over a gutter, her feet ſlipping, ſhe fell in; and through her great weakneſſe (being above fourſcore yeares of age) becauſe ſhe was not able to help up herſelfe again; ſhe lay ſo long till with crying ſhe had no voyce left. It pleaſed God that the water was not ſo high as to drown her; but the coldneſſe of it had like to have killed her before help came: for ſhe was not heard into the houſe, though ſhe ſtrained her voyce exceedingly, and though the houſe was hard by. Only her ſonne comming forth that way by meere chance, found and ſaved her.

In this caſe, let ſome cordiall water (as my *Nepenthes, Aqua Cœleſtis*, or the

like) be given first inwardly, to help naturall heat forth into the outwardparts again. Then lay the patient in his naked bed well warmed; And if it be a man, let a young man (in whom naturall heat hath his full force) strip himselfe naked and presently goe to bed to him, and there embrace him closely, keeping in the clothes about him on all sides, till he have brought heat into him again. If it be a woman, let some young maiden of a sanguin complexion doe the like.

The patients diet must be of good nourishing and warming things, using some cordiall medicine morning and night, first and last for ten dayes together.

Once I knew an Infant of two yeares old, or thereabout; that was drowned in a tub of Soap suds. And because it is a chance that may happen to more, I will shew how *Skenchius* saith that he recovered such an one: (*Observ. li.* 2. *Observ.* 18.) It was a little Girle betwixt two and three yeares of age, which fell into a vessell of Soap-suds, with which soapie water her stomach was much filled

led, & the child thereupon ſeemed ready to give up the ghoſt, lay in a dead ſleep, ratled in the throat, hardly drew breath, made a groaning noiſe, as one ſuffocated, and lay gaſping and gaping like a dying body: the winepipe being ſo over-full and oppreſſed, that it could hardly receive air in, or returne breath out.

*Skenchius* being ſent for, preſcribed a Decoction of unhulled *Barley* with *Liquorice* and *Figges*, adding a little *Butter* and *Sugar*. This he cauſeth preſently to be powred downe her throat lukewarm; whereby ſhe was prevoked to vomit out all the ſoapy water, and ſo was recovered. And I beleeve (though *Skenchius* make no mention of it, he gave her alſo afterward ſome Antidotes or Cordiall Medicine (as was meet) to reſiſt the venomous quality of the Soap, whereof of it muſt needs leave ſome reliques behind it, too ſtrong for the weak nature of ſuch an Infant to overcome. Therefore in this caſe I would give ten graines of *Harts horne finely powdered*, with one grain of *Bezoar ſtone*, or elſe with three or four graines of *Ambergreiſe* in a little

distilled water of *Carduus*, *Scabius*, or *Dragons*. And this should be repeated every six hours, till it have been given three times. Or else a little *Mithridate* dissolved in *Red Rose water*, sweetned with a little *Sugar*.

*Forestus* (*in li.* 55. *of his Observations, the* 26. *Observation*) tells of a maide about 19. yeares of age, that having fallen into a filthy Water (some stinking ditch or sewer it should seeme) being not suffocated, but having drunk in much of that water, and sufficiently vomited, using the help of no Physician; within a fortnight after she fell into a pain of her loins, and a continuall Feaver. For which she was faine to be let bloud and purged; and *Forestus* administred other remedies also, having much labour to save her life. This I thought good to note as a warning to those that are apt to make slight account of the Physician, when they finde not present danger of death.

CHAP.

## CHAP. XV.

*For thoſe that are choaked with Smoak of new kindled Coales in a cloſe Room.*

IT is dangerous to be in a little room with the doors and windows ſhut, where there is a pan or furnace with fire in the middeſt of the room: eſpecially while the Coales are kindling, or the Furnace but newly made is annealing. For the vapour and ſmoak ſtifleth ſuddainly, before it be ſuſpected or perceived. Diverſe have been found dead in this manner.

*Chriſtopherus a Vega, Tract. de Arte Medendi. li. 3. Sect. 5. cap. 8.* tells of divers that having ſupped together in a cloſe room, the fire (as it ſhould ſeem) being renewed after ſupper, and the dore ſhut to keep the cold air out; ſuddainly caſt up their ſupper again, with great perturbation of their Spirits and ſwounding: No man conſidering the cauſe and therefore not labouring for the remedy. Some of them died before they could complain that they ayled

any thing. Others were by this Physitian found vomiting. But when he had set open the dore and casements, they were soon refreshed and recovered with the meer ingresse of the fresh aire.

By which you may perceive, that the venting of the ill air out, and the receiving of the fresh aire in, is both the Prevention and cure of this Accident. But commonly there remaineth an head ach for a while after, which with some cold perfume, as *Rose water* poured on a hot fire shovell, or *Campher* held to the parties nose; and the applying of a *Rose cake* dipped in Vinegar and Rose water (or in Vinegar alone) to the forehead and temples. After their recovery, it is good also to gargle with warm water, and Oil of Violets, or Oil of sweet Almonds; and to drink some fat broths; or swallow some warm fat morsells of Mutton or Lambe; or else some fresh butter. Such things doth *Haly Abbas in the 6. Book and 4. Chapter of his Practice* appoint. And the reason I take to be, that Fatty and Oily things will best heal that harshnesse that the smoak

and

and ill vapours have begotten in the throat and ſtomach. If a Feaver ſucceed, and the conſtitution require it, *Foreſtus* counſelleth to open a vein. *Li.*15.*Scholio ad Obſer.* 26.

*Ambroſe Parey* (in his treatiſe *de Renuntiationibus*) finding two ſervants in this caſe, in ſight dead, and their teeth ſet in their head; took this courſe. Firſt, with a ſilver quill (which one may better doe with a Syringe) he put into their mouths ſome *Aqua vitæ* well rectified (that is, twice or thrice diſtilled) with *Hiera* and *Treacle* diſſolved in it. With often doing thus, they began to ſtir; and ſoon after voyded much filth at the Noſe and Mouth. Upon this he gave them *Oxymell* very often, with which (together with much rubbing and clapping on the backe) a great deale of flegme and ſlimy ſtuffe, with bloudy yellow frothy matter came out of their mouths. Then did he blow up into their noſtrills the powder of *Euphorbium* to purge the brain better (but I would rather adviſe the powder of good Tobacco, with a little *Euphorbium*, if need be; becauſe *Euphorbium* of it ſelf is

dangerously violent) and so with oil of *Mints* rubbing the palats of their mouthes, and their jawes within, much more filthy matter came forth. Then a sharpe *Glyster* drew the remnant downward. After which with Cordialls he refreshed their spirits, and rectified their depraved humors.

---

CHAP.

## CHAP. XVI.

*For ſuch as are Suffocated with Stinking Smells.*

ONe may be choaked alſo with ſtinking Scents, ſuch as privies and filthy ditches ſend forth. As in Saint *Laurence Lane* in *London* a young man fell into a privy vault, about fourteen yeares agoe (as I remember) who with the ſtinking ſtuffe was for the time ſuffocated; but being miſſed, and by chance, was with much ado gotten to life again. Nevertheleſſe, uſing ſuch only as wanted skill to encounter ſuch a ſtrange Accident, he died within two or three dayes after.

*Chriſtopherus a Vega*, in the place before quoted, tells of two men that being employed among others in cleanſing certain ſinkes, and ſtinking ſewers, were ſo overcome of the evill ſavours, that by their fellowes they were taken up and carried out for dead. Yet he recovered them both. The one by giving him Vinegar and Pepper to drink. And the other by pouring into him Vinegar and the

the powder of Peniroyall. It is good for him also to hold to his nose strong sweet perfumes, as of *Muske*, *Amber Greise*, *Civet*, *Lignum Aloes*, and such like. But where such rich Simples are not to be had, *Sweet Marjoram*, *Thyme*, *Peniroyall*, *Rosemary*, and *Lavender* (rubbed together betwixt ones hands) may be held to the nose. And if any of that filthy water be gone down into his stomach, it must be brought forth by vomiting. Likewise, if in at the nostrills, the patient must be provoked to neezing, with powder of Tobacco, long Pepper, or such like.

---

CHAP.

## CHAP. XVII.

### *For things Sticking in the Throat.*

OF things that endanger ſtopping of the breath in ſwallowing, ſome are Sharp, and ſome Blunt.

Of the Sharp ſort are Fiſhbones, Pinnes, Thornes, and ſuch like, for ſometimes a Fiſhbone in ſwallowing ſticketh croſſe the throat, and is very offenſive. And the like hath happened by a Pinne with ſuch as fooliſhly uſe to carry Pinnes in their mouths.

Of the blount ſort, it happeneth ſometimes through over-greedy eating, that a gobbet of meat, or a piece of a bone two big for the ſwallow, ſticketh in the throat likely to ſtop the breath. Sometimes through wanton rowling of a piece of money, a ring, a bullet, a peaſe, a plumſtone, or ſome ſuch like thing; it ſlippeth into the throat and ſticketh there. Some again whoſe gullet is very narrow, in ſwallowing a Pill have been much endangered. I have heard

of

of a Child in *Woodſtreet* ſtrangled with a Grape: and we reade that *Anacreon* the *Greek Poet* was choaked with a *Grapeſtone*.

Now of thoſe things that are Blunt; they that are of the bigger ſize cannot fall into the windepipe, becauſe the paſſage is too little to entertaine them: But they offend with their over-bigneſs ſticking in the meate-pipe, and ſo compreſſing or thruſting together the neck of the windepipe, which joyneth to the meat pipe, that the breath (for that cauſe) cannot paſſe freely. On the other ſide, very Small things, as a Crumme, a drop of liquor, or the like, cannot ſtick in the meat pipe; but their offence is by reaſon that when we ſwallow and breath at once, the *Epiglottis* (which is a little piece of fleſh that covereth the mouth of the winde pipe to keepe the things that we ſwallow from falling into it) lifting it ſelf up (as it alwayes doth either to take in air, or to let out breath) ſome little thing may in that point of time ſlip into the winde pipe, whoſe paſſage is ſo ſtraight, that the breath is preſently ſtopped.

The

The Sharp things may light into either paſſage, and if they turn croſſe, their offence is painfull pricking and wounding of the part; whereupon may follow inflamation, and ſwelling; which ſwelling will ſtop the breath alſo, as in the Squinancie the ſwelling of the neighbour parts ſtraitens the Breath pipe.

If thoſe of the bigger Blunt ſort ſtick in the mouth of the meat pipe, let the party drink as great a draught of drink as he can to carry it down. If that will not ſtirre it, but the party waxeth black in the face, and cannot fetch his breath; clap him often on the neck betwixt the ſhoulders, holding down his head; and give him a draught of ſallet Oil to make it ſlip away. But if it be ſo low in the throat, and fixed, that it cannot be gotton up nor down; let ſome diſcreet body thruſt it down with their finger, or with a ſmooth ſtick.

If a Pinne or Fiſhbone ſtick in the throat, and it be ſo high that (opening the mouth wide) you may ſee ſome part of it: plucke it out (if you can come at it) with your fingers; or with a hooked wiar,

wiar, or else with two smooth sticks in manner of a pair of tongs: a small curling iron is very apt for the purpose. If it be low and out of sight, thrust in a small Candle of Virgin Wax warmed sufficiently, that the Pin or Bone may sticke to it when it toucheth it, and so you may draw it out. Or if you have no such Candle, take a small limber willow stick, make it crooked like a bow, and anoint it at one end with Turpentine, and assay in the same manner to fetch it out. Or let him swallow down a piece of Sponge fastned to the end of a brown thred, and anointed with Turpentine, and when it is gone so low as to touch that which sticketh in the way; with the thread pluck out the Sponge again. If it will not not come forth; Swallow a piece of fat meet upon it to drive it downe; or a fig opened and turned the inside outward; or a crummy piece of new bread dipped in sallet Oil.

But if a crumme of Bread, a small Fish bone, a Pin or such like, suddainly slip into the windpipe; it will make him cough, and let some other make him

neez

neez likewiſe by tickling his noſtrills with ſtraws or ruſhes. If he cough not enough to bring it out, let him ſwallow (by ſuddain gulps) ſome Vinegar or Verjuyce: ſo with much coughing it will be driven out; for the breath will not ſuffer it to ſinck very low.

But ſometime a drop of Vinegar, or ſome ſuch ſharp ſauce ſlipping of it ſelf into the ſame paſſage, cauſeth much trouble. The party muſt then drink leaſurely, and by gulps a draught or two of water and honey; or elſe of ſmall Ale and Sugar.

---

## CHAP. XVIII.

*For Scaldings with Water, Oil, Lie, Milke, or any other Liquor.*

*As alſo for Burnings with Fire, Gunpowder, Lime or ſuch like.*

FOR *Scaldings*. Take the *White of an egge* or two or more of them, according to the largeneſſe of the hurt: Beat it with a ſufficient quantity of

of oil of Roſes, or elſe of ſallet oil. Dip fine rags in it, and apply them to the place, and take them off no more till it be well. Only three or foure times in a day wet the place through them with the ſaid mixture.

Againſt Fire or Gunpowder; Take two pounds of Butter that was never ſalted, melt it and powre it into Spring water; there beat it and waſh it well. Then take twelve ounces of the fine powder of Brimſtone, the ſeeds of Coucumbers made into fine powder, and *Camphor* alſo into fine powder, of each half an ounce. Mix all together with the Butter, and keep it as an Ointment; in which dip a feather, anoint the part burned, and lay a fine ſoft linen cloth upon it. Repeat the anointing often.

Sometimes Burning Lime may be ſpurted in the Eye, or ſome ſcalding drop, or a ſparke of Fire may leap into it. For this, the *white of an Egge beaten with Eyebright water*, or *Carduus water*, is very good; if you drop now and then a drop of it into the eye. But the Plaiſter of *Carduus* deſcribed in the 8. Chapter is moſt ſoverain.

I

I was in a place about ſeaven yeares ſince, where ſome Gentlemen were taking Tobacco; and as one had knocked out the ſnuffe or coal of it on the Table; another in jeſt blew it toward him, he alſo blew it at him again. This began to be purſued from one to the other, til a lettle Girle looing on (whoſe height was little above the Table) received the evill of their jeſting: for ſome of the burning coal of Tobacco was blown into her eye. It tormẽted her extreamly (as nothing burneth more terribly) I ran into the garden, where I found ſome ground Ivie, whereof I gathered ſome, which I ſtamped, and ſtrained, and putting a little fine powdred Sugar to the Juice, I dropped ſome of it into her eye; upon which ſhe received ſuddain eaſe, and had it not applyed above twice more, before ſhe was perfectly well: But in the mean time, her eye was muffled up from the outward air.

Here obſerve that the eye muſt never be dreſſed with any Oil or Ointment; becauſe oily and greaſie things diminiſh the ſight.

But

But for all the parts of the Head and body beside, make use of two these Ointments following, which are approved excellent for *All kindes of Scaldings and Burnings whatsoever.*

---

## *The first is my Grand-fathers,* Master John Banisters.

*TAke of sweet Butter newly churned, and never salted what quantity you will; boyl in it a fit quantity of Goose dung;* strain it into cleare and sweet Spring water. Doe this seaven times: and the eight time strain it into *Rose water*; where let it remain for the space of twelve houres; Ever now and then crushing it, and working it together with very clean hands. After that, take it out, and put it up in a Gally pot; keeping it as a precious ointment for that use. It taketh away the pain presently, and healeth with as little blemish as may be.

*The ſecond hath been often proved by the Right Right Honourable, the Lady* Haſtings, *late deceaſed.*

TAke *the leaves of the Thorney Apple of Peru, Engliſh Tobacco, and Ground Ivie, of each a like quantity.* Chop them ſmall, and rub them in a ſtone morter as you do Green ſauce. Then in a fit quantity of *Hogs greaſe* boyle them very leaſurely on a gentle fire, till it begin to look green. Then ſtrain it, cool it, and reſerve it. When it is cold, while it ſtandeth to ſettle, you ſhall ſee a thin part above ſeperate it ſelfe from the thicker part underneath: every day therefore, as it ſetleth, pour gently off that thin part (as of no uſe) and keep only that which is thicke.

This healeth grievous *Burnings* and *Scaldings* without ſcarre. But the part when it it dreſſed mnſt be left bare, that no linnen or woolen touch it.

*Thus*

*Thus have I endeavoured a common good. And I beseech our Lord Jesus Christ so to blesse all his servants, that either by his Providence they fall not into any of these Accidents, or else by his blessing upon these or the like meanes they may safely escape them.*

*An*

# An Alphabeticall Table of the Contents of this BOOK.

## A.


Aches in generall, pag. 1
To cure old aches, 2
Aches in bones and joynts, 3
Aches or Lameneſſe in members or joynts, ibid.
Aches in any member, ibid.
Another for the ſame, 4
An Oil cureth all aches in man or beaſt, ibid.
An Unguent for ach, bruiſe or ſprain, ibid.
For an Ague fallen into the legs and ſwollen, 5
A ſpaſmus or numneſſe in joynts or elſe where, ibid.
Argentum vivum to mortifie, 6
Apoplexy to cure, ibid.
A ſalve for the Apoplexy, 7
Aqua compoſita, for head, memory and all diſeaſes. ibid.

| | |
|---|---|
| *Another Aqua Composita* | 8 |
| *Ague or Burning Feaver to cool,* | 9 |
| *Ague a medicine for the wrists,* | ibid. |
| *Ague hot a cooling julip.* | 10 |
| *Ague to heal in young and old,* | ibid. |
| *Aromaticum Rosatum his virtues,* | 11 |
| *Ague tertian the cure,* | 12 |
| *Ague a Julip,* | ibid. |
| *Ague tertian the cure,* | ibid. |
| *Ague tertian the cure,* | 13 |
| *Ach or Grief an Unguent* | ibid. |
| *Ague or sore in knee or joynt,* | 14 |
| *Ague of Phlegm Diary or Quotidian,* | ibid. |
| *Pills for Phlegmatick Agues,* | 15 |
| *Poors cure for a Feaver,* | ibid. |
| *Ague Quartan of Melancholy,* | 16 |
| *Ague or Feaver quartan,* | 17 |
| *Ague tertian,* | ibid. |
| *Agues cure,* | 18 |
| *Agues a Clyster,* | ibid. |
| *Agues a Purge,* | ibid. |
| *For the Ague,* | 19 |
| *A medicine for the wrists,* | 20 |
| *Ague coming from blood,* | 21 |

# The Contents.

## B.


| | |
|---|---|
| *Back weak to comfort,* | 22 |
| *Back weak to reſtore,* | ibid. |
| *Belly and ſides hardneſſe,* | 23 |
| *Bloud to ſtanch,* | ibid. |
| *Another excellent one,* | 24 |
| *Bloud ſpitting to ſtaunch,* | ibid. |
| *Bloud piſſing to ſtay,* | ibid. |
| *Black and blew with a blow;* | 25 |
| *Bloud bruiſed to avoid,* | ibid. |
| *Breaſt ſwoln, to ripen, break and heal,* | ibid. |
| *Breaſt ſore to break,* | 26 |
| *Bruiſe to cure,* | ibid. |
| *Burning or ſcalding to cure* | ibid. |
| *Another for the ſame,* | 27 |
| *An injection or lotion,* | 28 |
| *Bruiſes a plaiſter,* | ibid. |
| *Breaſts to cleanſe from flegme,* | ibid. |
| *Back and brain to purge,* | 29 |
| *Brains, nerves, ſinews to cure,* | ibid. |
| *Breath ſtinking to cure,* | 30 |
| *Lozenges for a ſtinking Breath,* | ibid. |
| *Bones broken a plaiſter,* | 31 |
| *Bloud at noſe to ſtaunch,* | ibid. |
| *To ſkale a black mortified bone,* | ibid. |
| *Bruiſes to cure,* | 32 |

# The Contents.


| | |
|---|---|
| *Another Aqua Composita* | 8 |
| *Ague or Burning Feaver to cool,* | 9 |
| *Ague a medicine for the wrists,* | ibid. |
| *Ague hot a cooling julip.* | 10 |
| *Ague to heal in young and old,* | ibid. |
| *Aromaticum Rosatum his virtues,* | 11 |
| *Ague tertian the cure,* | 12 |
| *Ague a Julip,* | ibid. |
| *Ague tertian the cure,* | ibid. |
| *Ague tertian the cure,* | 13 |
| *Ach or Grief an Unguent* | ibid. |
| *Ague or sore in knee or joynt,* | 14 |
| *Ague of Phlegm Diary or Quotidian,* | ibid. |
| *Pills for Phlegmatick Agues,* | 15 |
| *Poors cure for a Feaver,* | ibid. |
| *Ague Quartan of Melancholy,* | 16 |
| *Ague or Feaver quartan,* | 17 |
| *Ague tertian,* | ibid. |
| *Agues cure,* | 18 |
| *Agues a Glyster,* | ibid. |
| *Agues a Purge,* | ibid. |
| *For the Ague,* | 19 |
| *A medicine for the wrists,* | 20 |
| *Ague coming from blood,* | 21 |

# The Contents.

## B.


| | |
|---|---|
| Back weak to comfort, | 22 |
| Back weak to reſtore, | ibid. |
| Belly and ſides hardneſſe, | 23 |
| Bloud to ſtanch, | ibid. |
| Another excellent one, | 24 |
| Bloud ſpitting to ſtaunch, | ibid. |
| Bloud piſſing to ſtay, | ibid. |
| Black and blew with a blow; | 25 |
| Bloud bruiſed to avoid, | ibid. |
| Breaſt ſwoln, to ripen, break and heal, | ibid. |
| Breaſt ſore to break, | 26 |
| Bruiſe to cure, | ibid. |
| Burning or ſcalding to cure | ibid. |
| Another for the ſame, | 27 |
| An injection or lotion, | 28 |
| Bruiſes a plaiſter, | ibid. |
| Breaſts to cleanſe from flegme, | ibid. |
| Back and brain to purge, | 29 |
| Brains, nerves, ſinews to cure, | ibid. |
| Breath ſtinking to cure, | 30 |
| Lozenges for a ſtinking Breath, | ibid. |
| Bones broken a plaiſter, | 31 |
| Bloud at noſe to ſtaunch, | ibid. |
| To ſkale a black mortified bone, | ibid. |
| Bruiſes to cure, | 32 |

Bloudy flux, or Gsnorrhœa, 32
Burning or Scalding 33
Backpaines to cure, ibid.
To breath in a Consumption freely, 34
Bruise to cure and for the Stone. ibid.
To draw a Blister, 35
To make China broath, ibid.
Lady Bodleys balsam, 36
Knitting of Bones. 38

## C.

Canker in the brest, 38
Canker a plaister, ibid.
Canker to take out, 39
Canker a Lotion, ibid.
Canker in the privities, 40
Canker to cure, ibid.
Canker in the body to cure, 41
Canker or sore eyes, ibid.
Consumption to cure, 42
Consumption to cure, 43
Consumption a diet drink, 44
Cough of the Lungs to cure, ibid.
Cough of tough flegme, 45
Cold horasnesse to help presently ibid.
Cough very old to cure, 46
Consumption to cure, ibid.

| | |
|---|---|
| Cōlick a preſent remedy, | 46 |
| Cough and Conſumption, | 47 |
| Colick and Stone | 49 |
| Colick of Wind, | ibid. |
| Colick and Stones cure, | ibid. |
| Colicks cure, | ibid. |
| Cramps and Conuulſions, | 50 |
| Cramp, | ibid. |
| Cods ſwollen to cure, | 51 |
| Camphire healing water, | ibid. |
| Cornes on the Toes, | ibid. |
| Carbuncles to ripen. | 52 |
| Canker inward or outward, | ibid. |
| Cramp in arme or leg, | ibid. |
| Canker or pock in the body, | 53 |
| Chilblaines to cure, | ibid. |
| A Cordiall water for heart and braines, | ibid. |
| Courſes to provoke, | 54 |
| Conſumption, | ibid. |
| For Cancers or Sores, | 55 |
| For a Conſumption, | 56 |
| For a Cough or Conſumption, | ibid. |
| Lozenges for a Cold, | 57 |
| To ſtop bloud ſpit, or coughed up, | 58 |
| To coole bloud and Liver, | ibid. |

D.


Deafneſſe to cure, 59. 63
Diſeaſes generall to cure, 60
Dropſie a purgation, ibid.
Dropſie to cure, 61
Dropſie to cure, 62
Drop ſie or any other diſeaſe to cure ibid.
Dropſie to cure, a potion, 63.66
A defenſive for an Impoſtume or Inflamation in green wounds, 64
Dropſies, Pox, Conſumption, 65
Diaſcordium to make, ibid.
For Dropſie a diet drink, 67


E.


Eyes red and watery, 67
Eyes dimme, 68
Egyptiacum to make, ibid.
Emerods to cure, 69.70
Eyes to preſerve, 71
To clear the eyes inner medicines 72
Eyes that have pearls, 73
Another for pearls in the eye 74
Rare ſecrets for it, 75
For the eyes, virtue of Tormentill, ibid.
Eyes to clear a water, 76
All griefes in the eyes to cure, 77
Eye water, 78


Excellent

Excellent medicine for ſight 78
For eyes inflamations 79
For a Pin and Web, ibid.

F.

Falling ſickneſſe the cure, 80.00
Feaver to prevent, 81
Flux of bloud to ſtop, ibid.
Flux or courſes to bring down, 82
Bloudy flux to ſtay, ibid.
Flux of bloud, or Gonorrhea pils, 83
Fiſtula the whole cure, ibid.
Fiſtula a vulnerary potion, 84
Fiſtula a plaiſter, 85
Fiſtula a lotion, ibid.
Fiſtula in the corner of the eye, 87
Fiſtula or ſore mouth a lotion, 88
Face heat, ibid.
Face to cleanſe, 89
Face moles to take away, 90
Face heat by humours flowing, 92
Face red and pimpled, ibid.
Flux to ſtop, 93
Fiſtula tents, 93.95
Fleſh to eat away, 94
Fractures or bruiſes, ibid.
Fiſtula powder, ibid.

*Fire wild, or St.* Anthonies *fire,* 95
*Fiſtula a potion,* 96
*Falling ſickneſſe the cure,* ibid.
*Fiſtula a Tent* ibid.
*Fleſh dead to eat away,* 97
*Fiſtula an excellent potion,* ibid.
*For a Thruſh in a childs mouth,* 98
*Feſtred ſores or Cankers,* ibid.
*Fretting ſores a Cure,* 99
*Fleſh proud to take away,* ibid.
*Face to clear from pimples,* 99. 100

## G.

*Gout a medicine,* 100. 101. 108
*Gonorrhœa,* 102. 103. 106
*Green ſickneſſe the cure,* 104. 105
*Glyſters to looſe and faſten,* 107
*Glyſters for the winde Collick,* ibid.
*A gargariſme for a ſore mouth,* 108
*Gout my Lady* Dennyes *medicine,* 109
*Another,* ibid.

## H.

*Head ache of rheum,* 110. 111
*Head beating or noyſe to purge,* 111
*Head a gargariſme,* 112

*Humours*

| | |
|---|---|
| Humours from any place setled, | 112 |
| Hair to bring again, | 113 |
| Hair to cause to fall away, | ibid. |
| For all diseases in the head, | ibid. |
| Hearing lost to renew, | 114 |
| Heat in the body or liver, | ibid. |
| Dianthos the vertues thereof, | 115 |
| Head megrim the cure, | 116 |
| Heat or Feaver to cure, a Julip, | ibid. |
| Humours to stay, | ibid. |
| Hemoroids a plaster to cure them, | 117 |
| Head paines old to cure, | ibid. |
| Hurts in the skull, | ibid. |
| Head megrom pain or winde, | ibid. |
| Head rheumatick, | 118 |
| For Heat, | 118. 119 |
| A sore Head to cure, | 120 |
| Hipocras to make, | 132 |
| Humours to know by the Spittle, | 307 |


## I.


| | |
|---|---|
| Jaundies yellow | 120 |
| Joynts nummed or Palsy, | 122 |
| Joynt ache the cure, | 122. 123 |
| Joynts grieved a bath, | 123 |
| A potion for the same, | ibid. |
| Joynt numnesse and acl e, | 124 |

*Joint ache a medicine,* 125.131
*Joint ache or swelling,* 126
*Joint or Gout swolne,* 127
*Joint ache or Sciatica an unguent,* 128
*Shrunk sinews or ache in them,* ibid.
*Impostume in the head,* 129
*Impostume outward to heal,* ibid.
*Impostume to bring to suppuration,* 130
*Impostume to destroy,* ibid.
*Impostume to draw,* 131
*Incarnative to cover a bone,* 132
*Itch to kill,* 133
*Incision to make by a blister,* ibid.
*Issues to stop* 134
*Impostume at the eares,* ibid.
*Incision to make* ibid.
*Impostume to ripen,* ibid.
*Joynts ache a bath,* 135
*Jaundies black and yellow,* ibid.
*Joynts weak a fomentation,* 136
*Joint and bone ache,* ibid.

K.

*Kibes to cure,* 137.138
*Kidnies wasted,* 137
*Kidnies ulcerated,* 138

*Liver*

L.

*Liver heat*, 139
*Liver distempered*, ibid.
*Linseed oyl to prepare*, 140
*Lapis infernalis for incision*, ibid.
*Legges swolne* 141
*Livers inflamation*, 141.142
*Liver grieved*, 142
*Liver and Milts oppilation*, 142.143
*Lethargy*, 143.145
*Lice and scabs in Children*, 143
*Leprosie*, 144
*A purgation*, ibid.
*Lethargy, a Glyster, and Ointment*, 145
*Lungs impostumated*, 146
*Labour difficult*, 147
*Liver grown to cure*, ibid.
*An Ointment for it*, 148
*Liver and Spleen obstructed*, ibid.
*Lunary diary for sick persons* 304.305

M.

*Mad dogs biting*, 149
*Megrim in the head*, 150
*Menstrua to provoke*, ibid.

*Menſtrua to ſtop*, 151
*Morphew* ibid.
*Mothers ſuffocation*, 152. 156
*Maturatives*, 153
*Milts oppilation*, ibid.
*Morphew ſpots*, 154. 155
*Mouth and gummes ſore*, 154
*Mouth ſore* 155
*Mouth ſores or Vlcers*, 157
*Manus Chriſti to make*, ibid.

N.

*Nerve Oil for aches and bruiſes*, 158
*Noli me tangere to cure*, 159
*Neck botches to cure* ibid.
*Neck and cheekes ſwoln*, ibid.
*Noſe Vlcers to cure*, 160
*Noſe bleeding to help*, ibid.
*Childes navell going forth*, 161
*Noſe wart to cure*, ibid.

O.

*Oil of Snayles for aches*, 164
*Ointment to expell winde and paines in the Back*, &c. 165
*Oil of Swallowes to make* 162

| | |
|---|---|
| *Oil of St. Johns wart,* | 162 |
| *Another Oil of St. Johns Wart* | 163 |
| *Oil of Egges to make,* | 165 |
| *Oil of Caſtor for many diſeaſes,* | 166 |
| *Oil of Camomile to open the pores,* | ibid. |
| *Oil of Dill, with the vertues.* | 167 |
| *Oil of Wax,* | 168 |
| *Opiates for ſleep,* | 168 |
| *The white Ointment,* | 169 |
| *To make Tobacco ſalve,* | ibid. |


P.


| | |
|---|---|
| *Palſy the cure,* | 171 |
| *Another by potion,* | 172 |
| *Palſy, Gout, Cramp, Convulſions,* | ibid. |
| *Plague with the antidote,* | 173 |
| *Piles the cure,* | ibid. |
| *Plague an antidote,* | 174 |
| *Plague a defenſative,* | 174.175 |
| *Plague ſore to ripen,* | 176 |
| *Polypus in the Noſe,* | ibid. |
| *Pox ſmall the cure,* | ibid. |
| *Pluriſy or Stitch,* | 177 |
| *Pox great a ſoone cure,* | 178 |
| *Diet and Purgations for it,* | 179 |
| *Purgations to prepare,* | ibid. |
| *Purgation for watery humours,* | 180 |

| | |
|---|---|
| *Pils to purge the four humours,* | 180 |
| *Plaiſter baſilicon to draw and heal,* | 181 |
| *Plaiſter Gratia dei,* | ibid. |
| *Plumbeous or plaiſter of Lead,* | 162 |
| *Plaiſter green for green Wounds.* | 183 |
| *Plaiſter for watery humours,* | ibid. |
| *Plaiſter black to mundifie ſores,* | 184 |
| *Plaiſter of Tapſus barbatus,* | ibid. |
| *A lotion to waſh a grief with,* | 185 |
| *A potion to drink,* | 186 |
| *Plaiſter for ache, ſwelling, or pain,* | ibid. |
| *Plaiſter for old ſores,* | 187 |
| *Pluriſie the cure,* | ibid. |
| *Poyſon and Plague to prevent,* | ibid. |
| *Pill to procure ſleep,* | 188 |
| *Purgation to cleanſe the head,* | ibid. |
| *Dyet to cure the Pox,* | 189 |
| *Another dyet for the Pox,* | 190 |
| *Plaiſter ſanative for pox or ſores,* | 191 |
| *Plaiſter attractive,* | ibid. |
| *Purgation of Sena,* | 192 |
| *Plaiſter to heal,* | ibid. |
| *Plaiſter of Mucilage,* | 193 |
| *Jacobs healing Plaiſter,* | 194 |
| *Another of Jacobs Plaiſters,* | ibid. |
| *Plaiſter healing and cooling,* | 195 |
| *Plaiſter black,* | ibid. |
| *Diſeaſe to know by the Pulſe,* | 208 |

| | |
|---|---|
| *Colemans Plaister,* | 196 |
| *Plaister to cleanse a sore,* | ibid. |
| *Plaister sanative, and siccative,* | 197 |
| *Powder to incarnate,* | ibid. |
| *Plaister to incarnate,* | 198 |
| *Plalster ripening,* | ibid. |
| *Plaister for fractures,* | ibid. |
| *Plaister to heal sores,* | 199 |
| *Plaister for Cramp,* | ibid. |
| *Plaister to cleanse sores,* | ibid. |
| *Plaister to dissolve and ripen,* | 200 |
| *Plaister desiccative,* | ibid. |
| *Plaister to skin and heal,* | 201 |
| *Plaisters to heal and dry,* | ibid. |
| *Plaister to asswage heat,* | 202 |
| *Powder to abate spungy flesh,* | ibid. |
| *Powder to destroy warts,* | ibid. |
| *Powder to scale bones,* | 203 |
| *Powder of mercury sublimate,* | ibid. |
| *Pox or Plague to purge out,* | ibid. |
| *A good purgative,* | 204 |
| *Another gentle purgative,* | ibid. |
| *Pustulls rising any where,* | 205 |
| *Plaister of Adders tongue,* | ibid. |
| *Pain in the belly to cure,* | 206 |
| *Pectorall electuary,* | ibid. |
| *Phthisick or disease of the Lungs,* | 208 |
| *Plague a defensative,* | ibid. |

Purging Lozenges, 209
Pox to keep from pitting, ibid.
Palsy water of Dr. Mathias, 210.211
Another Palsy water, 212.213
Powders dissolving, 214
Pills, ibid.
For the Plague, 215
Mr. Ruthens receit for the Plague, 217

R.

Running of the reynes, 217
Running of the reynes, 218
Rupture to cure, 219
Ringworme or Tetter to cure, 220
Red gum or ore flegm ibid.
Rhewmes to cure, 221.222
Ruptures or Dislocations, 222

S.

Sores a drying powder, 222
Sores fretting, 223
Sores running, ibid.
Sores old to dry up, ibid.
Sores a plaister, 224
Sores a Corosive, ibid.
Sores great and old a plaister, ibid.

| | |
|---|---|
| Sores hollow a Lotion, | 225 |
| Sores swelling to asswage, | ibid. |
| Sores or Ulcers to mundifie, | ibid. |
| Salve for Agues, | 170 |
| Sores an allom water, | 226 |
| Sores old to dry, | 228 |
| Sores enflamed to cool, | ibid. |
| Stone an outward application. | 229 |
| Stone a distilled water, | ibid. |
| Stone a powder, | 230 |
| Straightnesse of Urine to help, | ibid. |
| Shingles the cure, | 231. |
| Sinews and Veines cut, | ibid. |
| Stitch a present cure, | ibid. |
| Sciatica the cure, | 232 |
| Sweat to procure, | ibid. |
| Squinancy, | ibid. |
| Scurvy to cure, | 233 |
| Swelling or Inflamation, | 234 |
| Swelling or ach, | ibid. |
| Swolne or scabbed legges, | ibid. |
| To skin a sore or wound, | 235 |
| Scabs to cure, | ibid. |
| Stomach to cleanse, | 236 |
| Scal'd head to cure, | ibid. |
| Swelling between the flesh, | 237 |
| Speech lost to cure, | ibid. |
| Strangury and stone to cure, | ibid. |

| | |
|---|---|
| *Sores running to dry and heal,* | 238 |
| *Stitch to cure,* | 239 |
| *Stone to break,* | ibid. |
| *For all ſickneſſe in mans body,* | ibid. |
| *Stitch a remedy,* | 241 |
| *Stone to cure any Canker,* | ibid. |
| *Snail water, oil,* | 288 |
| *Sciatica a remedy,* | 242 |
| *To skin a ſore,* | 243 |
| *Sciatica to help,* | ibid. |
| *Sore to cleanſe,* | 244 |
| *For the ſtone a potion,* | 245 |
| *To make diacentauria,* | ibid. |
| *Powder for the Stone,* | 246 |
| *Water for the Stone,* | 247 |
| *Stitching wide wounds,* | 248 |
| *Stinking mouth to cure,* | 249 |
| *Stinking breath to cure,* | ibid. |
| *Speech in ſleep to cure,* | 250 |
| *Stomack cordiall,* | 251 |
| *For foul Scabs,* | 252 |
| *Scabs and Tetters,* | ibid. |
| *Sciatica an unguent,* | ibid. |
| *Body Soluble to make,* | 253 |
| *Scurvy to cure,* | ibid. |
| *Steel wine to make,* | 254 |
| *Electuary for Surfets,* | 255 |
| *Stomach drink,* | 262 |


*Tetters*

## T.


| | |
|---|---|
| *Tetters to cure,* | 256 |
| *Timpany or Dropsie to cure,* | ibid. |
| *Thornes with splinters,* | 257 |
| *Tooth ache, with rhewme,* | 258 |
| *Tooth-ache and loose teeth,* | ibid. |
| *Tooth-ache from rhewme,* | 259 |
| *Tisick or courgh of the Lungs,* | ibid. |
| *Turnsole to make* | 260 |
| *Tooth-ache Dr.* Butler, | 261 |
| *A Triacle,* | ibid. |
| *Thighes ach or feet,* | 263 |
| *Thornes to draw out any were,* | ibid. |
| *Tetters or creeping sores,* | ibid. |


## U.


| | |
|---|---|
| *Vein swollen or spitting bloud,* | 264 |
| *Ulcers the cure,* | ibid. |
| *Ulcers to cicatrise,* | 265 |
| *Vomit easie,* | ibid. |
| *Vomit to stay,* | 266 |
| *Unguent mundifying,* | ibid. |
| *Unguentum Neopolitanum,* | 267 |
| *Vnguent for green wounds,* | ibid. |
| *Unguent for choppes,* | 268 |

*Unguent for deep wounds,* 268
*Unguent incarnative,* 269
*Unguent for the Emerods,* ibid.
*Unguent defensivum,* 270
*Unguentum digestivum,* ibid.
*Unguent to mundifie,* ibid.
*Unguent to cleanse,* 271
*Unguent to skin a wound,* ibid.
*Unguent for the strangury,* 272
*Urines judgement,* 299.300.301.302.303

## W.

*Wounds and small Cuts,* 272
*Wounds green,* ibid.
*Wounds green a balsame,* 272.273
*Wounds a Lotion,* 273
*Wen to cure,* 274
*Wormes to kill,* ibid.
*Wine Colick to cure,* 275
*Winde and swelling in the stomach,* ibid.
*Wild fire in the flesh,* 276
*Watery sores to heat,* ibid.
*Womens milke hard to cure,* ibid.
*Warts or Wens to cure,* 277
*Water to syringe the privy parts,* ibid.
*Womens brests swolne to cure,* 278
*For the Whites,* ibid.

Courses to stay too violent, 278
Courses to provoke, 279
Whites to stay, ibid.
For Wormes an ointment, 280
Weapon salve to make, 286
The use of it, 287
How to use the Wound with it, 288

Medicines temperate in the first degree, 281
Medicines hot in the first degree, ibid.
Hot in the second degree, 282
Hot in the third degree, ibid.
Hot in the foruth degree, 283
Medicines cold in the first degree ibid.
Cold in the second degree, ibid.
Cold in the third degree, ibid.
Cold in the fourth degree, 284
Medicines moist in the first degree, ibid.
Moist in the second deegree, ibid.
Moist in the third degree, ibid.
Moist in the fourth degree, 285
Medicines dry in the first degree, ibid.
Dry in the second degree, ibid.
Dry in the third degree, 286
Dry in the fourth degree, ibid.

*Collection alphabeticall of Hearbs, Plants, Seeds, Spices and Gums used chiefly in Phyſick to purge the body of man,* 289
*Hearbs to purge the head and brain,* 297, 298
*Phyſick weights,* 309

---

# A Table of the Contents of every Chapter in the Helps for Sudden Accidents.

Chap. 1. *Prevention of Miſchiefe by Poyſons eaten and drunke.*
Chap. 2. *A generall way of curing ſuch as are hurt by inward Poyſons.*
Chap. 3. *A more particular way, wherein is touched the eating of Muſhroms, Muskles and Perewinckles.*
Chap. 4. *Serpents or Wormes crept into the Body.*
Chap. 5. *Poyſonous Humours ſpurting or dropping out of the wounded bodies of venomous creatures, and lighting upon a Mans skin.*
Chap. 6. *Certain generall notions for the help of ſuch as are ſtung or bitten by venemous Beaſts.*

Chap.

# The Contents.

Chap. 7. *The generall method of preventing, and curing al venemous ſtingings and bitings.*
Chap. 8. *Stingings of Hornets, Bees, and Waſps.*
Chap. 9. *Bitings of Adders, Slow-wormes, Efts, the Shrew-Mouſe, and other ſuch venemous Beaſts.*
Chap. 10. *The biting of a mad Dog.*
Chap. 11. *Bitings of Creatures not venemous, yet in ſome conſtitutions apt to turne into venom.*
Chap. 12. *Inward or outward bruiſes by a fall from an high place.*
Chap. 13. *For thoſe that are almoſt ſtrangled by a halter, garter, or ſuch like means.*
Chaſt. 14. *For ſuch as are almoſt Drowned and ſtifled in Water.*
Chap. 15. *For thoſe that are choaked with Smoak of new kindled Coals in a cloſe room.*
Chap. 16. *For ſuch as are ſuffocated with ſtinking ſmells.*
Chap. 17. *For things ſticking in the Throat.*
Chap. 18. *For Scaldings with Water, Oyle, Lye, Milke, or any other Liquor.*
*As alſo for Burnings with Fire, Gun-powder, Lime, or ſuch like.*

FINIS.

# A Diſcourſe of the Natures and Applications of thoſe *Herbes* which are moſt uſually known by Countrey-people.

## *Wormwood.*

THis herb is good for ſeverall maladies; for it comforts the heart, and cleanſeth the ſtomack; and if it be tempered with honey, it is good to aſſwage the ſwelling in a mans mouth: It is alſo wery helpful for the ſight, if it be pownded with the gall of a Bull, and after put in to the eye, it helpeth all impediments in the ſight.

## *Mugwort.*

This herb is hot and drie in the ſecond degree: If it be pownded with tallow, it healeth the ſoreneſs of mens feet, and alſo the aking: and if it be ſtamped and tempered with running water, it helpeth the aking of mens guts.

## *Egrimony.*

This herbe tempered with Ayſell is good to heal a wound that is made with an Iron weapon; it is likewiſe for the ſoreneſs of the milt if it be uſed in meats.

*Horſe-Mint*, which is commonly called *Water-Mint*, or *Brook-Mint*.

This herb is hot and dry: the juice or pouder of this herb drunk with red wine hot, cauſeth women in travail ſoon and eaſily to be delivered; it is alſo good to comfort the ſtomach, and helpeth digeſtion; alſo the juice, and clarified-honey, and red wine boyled together, will expell wind and cold in a mans ſtomach.

*Borage.*

This herb is hot and moiſt: it cheereth and maketh merry the heart if it be drunk with wine; it is good to deſtroy cardicle and poſthumes that be gathered of black choller.

*Cammomil.*

This herb is hot and dry, and is good; it is excellent good, drunk with white-wine for the ſtone, it helpeth the pain in the liver, it is good for the Megrym, and Head ache.

*Coleworts.*

The herb is hot and dry: it is good to heale ſore eyes, and the canker, and to cleanſe freſh wounds; if it be tempered with Allum and Ayſel: it encreaſeth womans milke.

*Colum-*

*Columbyne.*

It is good for the Quinſy, but it muſt be gathered in *Auguſt.*

*Endyve.*

This herb is cold and moyſt: it is good to aſſwage the violent heat of the liver, it is good for hot poſthumes, and if it be drunk mingled with hot water it helpeth the milt and liver.

*Fenell.*

This herb is hot and dry: The ſeed of this herb if it be dryed is good for the ſtomach, it openeth the ſtopping of the reines and of the bladder; alſo the juice is good for the webbe in the eyes; it is good to expell all manner of venome, if it be drunk with wine and water; it will likewiſe if it be drunk with wine, break the Dropſie and all manner of ſwelling; and if it be drunk with wine and water, it maketh a womans milk encreaſe; and if it be mingled with oyle, it is good to help a mans yard that is ſwell'd.

*Gromwell.*

It is hot and dry. It is good for the ſtone, and all evils in the bladder.

*Galingale.*

It comforteth the ſtomach, helpeth digeſtion, and expelleth windes. *Hyſ-*

*Hyſſope.*

This herb is hot and dry. The juice of this herb will heal all manner of ſores in the mouth, it alſo killeth worms; alſo if it be drank green, or in powder, it cauſes a freſh colour in the face.

*Lilly.*

This herb is hot and dry. And the virtue of it is, that if it be ſtamped with tallow and oyle, and a plaſter made thereof and layd to the place where any impoſthume is a growing, it will ripen and break it; alſo take a great quantity of the roots and ſeed of the Dock, and the more of Lovache, and put all theſe in wine and oyle the ſpace of nine daies, and make thereof an ointment after it is ſeethed & cleanſed, and it is good to heal the ſore and hardneſſe of the milt; alſo the juice thereof is good to heale the venome of Adders; alſo lay the juice thereof to a wound that is bitten, and it will heal it: alſo take the roots and roſt them, and temper them with oyle of Olives, and lay it to any place that is burnt, and it will help it: This herb is good for many other diſeaſes, if it be drunk with ale, wine, or water; it alſo comforteth the ſinewes. *Prime-*

*Primeroſe.*

The juice of this herb put into a mans noſe is of an excellent virtue againſt the Megrim.

*Lupine.*

This herb is hot and dry. The virtue of it is to deſtroy worms in the belly; alſo if the ſeed be taken and ſtamped to meale, and mingled with the juice of wormwood and honey, and make a cake thereof and eat, and it will unbinde the ſtopping of the liver and milt; it is alſo good againſt the Dropſie: alſo take the meal and the juice of Arſmert and make thereof paſte, and lay it to the eares and it will kill the worms within them: alſo if you take the juice of Leeks, and temper it with the meale, and put it to the eares, it will cleanſe them from all ill humours and ſtinking: Alſo take the ſame meal and temper it with oyle, and it will break and ripen all manner of impoſthumes.

*Sowthiſtle.*

This herb is hot and dry. Take the juice of this herb and temper it with hot water, and let him drink it that is in a hot Fever, and it will cure him. Alſo dry it

and make powder thereof, and put it into good wine, and it will help him that hath taken any venemous thing.

*Letice.*

This herb is cold and ſomewhat moiſt. If it be eaten raw or ſodden it ingendreth good blood. Alſo this herb ſodden with a little Ayſell and Saffron and then drunk, it helpeth the ſtoppage of the liver and in the milt. Alſo take the ſeed of this herb and ſtamp it to powder and temper it with womans milke, and make a plaſter thereof on lint, and lay it to the temples of the head, and it will cauſe the party that cannot ſleep to take good reſt; or, if you pleaſe, you may drinke the powder thereof with milke. Alſo take the ſeed and temper it with oyle of roſes and make a plaſter and lay it to the ſtomach and it will deſtroy the hot impoſthume; but they that uſe it overmuch, it will deſtroy their ſight.

*Lavender.*

It is hot and dry. If it be ſodden in water give it to him that is troubled with the Palſie, and it will cure him.

*Cockle.*

This herb is hot and dry. If it be drunk

drunk with Raddiſh and a little ſalt, it will help the canker. It is alſo good to comfort the ſtomach and the liver. It is good to provoke urine, and cure ſore eyes. Alſo fumigations thereof will cauſe a woman in travaile to be ſpeedily delivered.

*Red Dock.*

This herb is hot and dry. If a man take the juice thereof and hold it in his mouth it will aſſwage the Toothache. Alſo ſeethe this herb in wine, and ſtrain it, and give it the party that hath the Kings Evil to drink often and it will help him. It likewiſe cureth the Itch.

*Lawrell.*

It is hot and dry. It is good to purge flegme and choller.

*Lycoriſh.*

It is cold and moiſt. It is good for a cough. If it be ſodden in water it is good to quench thirſt.

*FINIS.*

MVSEVM BRITAN NICVM

A CATALOGUE

Books printed for *John Stafford*, which are to be ſold at his Houſe at the ſign of the *George* at *Fleet-bridge*.

1—*A Divine Meſſage to the Elect Soul*, Delivered in eight Sermons upon ſeven ſeverall Texts. By that laborious & faithfull Meſſenger of Chriſt, Mr. *William Fennek*, B.D.

2—*Divine Meditations upon ſeverall Subjects*. Whereunto is annexed, *Gods Love, and Mans Unworthineſs, with ſeverall Divine Ejaculations*. Written by *John Quarles*.